

Sierra Club YODELER

THE NEWSPAPER OF THE SAN FRANCISCO BAY CHAPTER ♦ SPRING 2019



**INSIDE:
SPECIAL ISSUE!**
All about your
local Sierra
Club chapter

HOW WE EXPLORE, ENJOY, AND PROTECT THE LOCAL ENVIRONMENT
♦ **95 YEARS IN ACTION: CHAPTER HISTORY FROM 1924 TO 2019** ♦
OUR OUTINGS GROUPS: FROM HIKING TO BIKING TO SNOW CAMPING
♦ **SO MANY WAYS FOR YOU TO GET INVOLVED AS A VOLUNTEER!** ♦

LETTER FROM THE DIRECTOR

What color are your shoes? Are they bright white? Shiny? New? My shoes used to be that way, and I swear it was just yesterday that I bought them. Since coming to work at the Bay Chapter, though, I haven't been able to maintain a single pair of clean shoes. Why? This job makes my shoes work! Whether it's hiking up through the Marin Headlands or tromping through Richmond's industrial port, my poor shoes have not gotten a break. I'm on the road — and they're along for the ride.



My shoes aren't the only ones getting a good workout. With 35,000 members here in the Bay Area, that's 70,000 shoes hitting the trails, walking into meetings to fight for a clean energy future, and rallying to protect our air, water, and land. We at the SF Bay Chapter are not kind to our shoes, but it's a small sacrifice that we make to explore, enjoy, and most importantly, protect the environment.

This issue of the Yodeler is a special one, and one I am personally very excited about. We've asked each of our groups, committees, and outings sections to submit a short write-up on what they do. And what do they do? Everything from reducing single-use plastics to restoring wetlands to teaching you how to stay warm and dry while camping in the snow. And so much more!

How is it we're able to get so much done? We are a volunteer-led organization, which means that every single one of our 35,000 members has the opportunity to create change in their community. Interested in learning more? Browse this issue and see if anything grabs your attention. Connect with the leaders listed inside, or just come out on one of our many hikes.

Hopefully by the end of this year your shoes will be as dirty as mine, and you'll have a year's worth of protecting and exploring our amazing environment to thank for it.



Minda Berbeco
DIRECTOR

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Spring at Ocean Beach, San Francisco
by Sergio Ruiz via [Flickr.com/sirgiuous](https://www.flickr.com/photos/sirgiuous/)



SPRING 2019 CHAPTER NEWS

Save the date for our fall fundraiser

Sat, Sept 21st, 5-8 PM at SF's Delancey Street Town Hall

Mark your calendar for the David Brower Dinner, our annual fundraising dinner and awards ceremony. Previous event speakers and honorees have included Earthjustice, Tom Steyer, Governor Jerry Brown, Senator Barbara Boxer, Congresswoman Barbara Lee, Amy Meyer, the 'godmother' of the Golden Gate National Recreation Area, and many others. This year's speakers and honorees will be announced soon. Visit sierraclub.org/sfbay/davidbrowerdinner2019 for details and tickets.

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Organizers needed for speaker program

Green Fridays needs your help. The educational event series has been operating for 10 years now and some of our committee members are retiring. We need new members to help recruit and schedule speakers and presentations; promote programs; and set up and clean up after events. It's fun and helps shed light on many worthy causes. Programs are usually held on the second Friday of the month.

If you're interested, contact Joanne Drabek (joanne1892@gmail.com), Ken Peterson (kenpeterson45@att.net), and/or Will Dvorak (zheela9@gmail.com).

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Bring little ones to our new program for kids

We're excited to announce a new educational program designed to introduce the next generation of environmentalists to the wonders of nature. The program is free and open to kids under 6 and their caregivers. Programs include an environment-related story reading as well as a hands-on lesson such as seed-planting, art-making, or scavenger hunt.

Programs will be held every second and fourth Thursday this spring (including March 14 & 28, April 11 & 25, and May 9) from 10:30 - 11:15 AM at the Bay Chapter office, 2530 San Pablo Ave, Ste I, Berkeley.

Remembering Delta Group co-founder Janess Hansen

The Bay Chapter pays tribute to longtime Sierra Club leader Janess Hansen, who passed away in January at the age of 88. Janess helped found the chapter's Delta Group in 1987, and for many years she took the lead on open space and development issues in the region. Janess led many outings for the Delta Group and Solo Sierrans all over eastern Contra Costa County (and beyond), winning the Michener Award for outstanding outings leadership in 2013. Janess loved hiking, travel, camping with friends, and most of all, her grandchildren. We will soon announce a memorial hike for Janess on our blog, sierraclub.org/sfbay/blog.

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Know an outstanding outings leader?

Now is the time to nominate outings leaders for this year's Dave and Pat Michener Outings Leadership Award. Criteria include concern for participants; activities skill and knowledge; the ability to forge links between the Club's activities and its conservation values; number and variety of outings; educational content of outings; and involvement in recruiting, training, or mentoring new leaders.

Send nominations and up to two supporting letters by March 30th to William Yragui, chair of the activities committee, at wyragai@infobond.com.

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Gathering and orientation for new members

Sat, Apr 27, 10:00-11:30 am

Park across from BART and behind City Hall, Hayward

Come out to Hayward for our next new member gathering — open to all members who want to learn more about the Club, our history, and how you can get involved.

Please RSVP at bit.ly/newmembermtg427. Questions? Contact chapter director Minda Berbeco at (510)848-0800 or minda.berbeco@sierraclub.org.

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Tree-planting continues through spring

Our tree-planting season is only half over! Come out and join our all-volunteer team in Oakland. No experience is required, but you should be ready to get a bit dirty. Our upcoming Sunday planting events are March 10, April 14, May 12, and June 9. Get the details at bit.ly/plantthisspring.

WHO WE ARE

The San Francisco Bay Chapter is the local branch of the Sierra Club, America's largest and most effective grassroots environmental organization. We're the local Club connection for 35,000+ Sierra Club members who live in Alameda, Contra Costa, Marin, and San Francisco counties.

The Bay Chapter has a long history of environmental leadership going back to our founding in 1924. We have played a big role in shaping the Bay Area that you know and love. Here are a few examples of the many victories we've achieved in our 95-year history. There's *much* more (we can't fit it all here!) online at sierraclub.org/sfbay/history.



WE FIGHT FOR SUSTAINABLE COMMUNITIES.

1962: Championed the plan to construct the BART system to reduce auto dependence.

2000: Won Urban Limit Lines for Alameda and Contra Costa Counties. We continue to defend these growth boundaries.

2010: Supported the launch of Marin Clean Energy (now called MCE), the state's first Community Choice Aggregation (CCA) program. Today, all four of the counties we represent are served cleaner energy at competitive prices by locally run, non-profit CCAs that we fought for.

Today: Advocating compact, infill housing development near transit with a focus on equity and affordability in order to limit displacement-fueled sprawl and lower greenhouse gas emissions from driving.



WE CHAMPION PARKS & OPEN SPACE.

The Bay Chapter has led the establishment, expansion, and preservation of world-renowned parks including **Sequoia National Park** (1926), **Mount Tamalpais State Park** (1930), the **East Bay Regional Park District** system (1934), **Kings Canyon National Park** (1940), **Point Reyes National Seashore** (1962), **Redwood National Park** (1968), the **Golden Gate National Recreation Area** (1972), **McLaughlin Eastshore State Park** (2002), and many more. In 1972, we helped establish the **California Coastal Commission**. Today we're working to protect Richmond's **Point Molate** as a public open space available to all.



WE DEFEND AGAINST POLLUTERS.

1958: We successfully opposed the PG&E nuclear plant near an earthquake fault at Bodega Head.

1999: Our legal action halved the expansion of the Alameda Landfill and won \$65 million for open space preservation and recycling education.

2003: We help kill SFO's proposal to fill two square miles of San Francisco Bay for a runway expansion.

2009: Our Northern Alameda County Group helped win anti-pollution rules for trucks at the Port of Oakland.

Today: We defend the City of Oakland's right to prevent coal exports through the community; we're also at the forefront of an effort to end coal exports through Richmond.

PHOTO CREDITS: Left column - Unveiling of the first BART car c. 1965, by Bill Young, The Chronicle. Top right - Mt. Tamalpais Gravity Car, courtesy Lucretia Little History Room, Mill Valley Public Library. Lower right - Activists Ed Mannion and Dave Pesonen in 1963, courtesy Sonoma County Library Photograph Collection.

WHAT WE DO

As the Sierra Club mission goes, we work to “Explore, Enjoy, and Protect the Environment” here in the Bay Area. We focus exclusively on local issues, though much of our work has a global impact.

Our members help us identify threats to the environment – whether it be a plan to expand coal exports out of a local port or a project that would destroy habitat for endangered species – and together we work to thwart them. We also lift up the best policies, legislation, and ideas to help keep the Bay Area at the forefront of the environmental movement and serve as a model for a sustainable, equitable, and healthy place to live.

Our work can be divided roughly into three categories:



POLITICAL:

The Bay Chapter is incorporated as a registered 501(c)(4) organization, making us one of the few environmental organizations in the Bay Area that is able to lobby elected officials and endorse political leaders and ballot initiatives. Year after year, we are one of the most influential political organizations in the region — power that’s conferred to us through the support and participation of our 35,000 chapter members.

In addition to our electoral work, we lobby for green legislation and regulation at the local and regional levels. Our members are a huge asset in this work, particularly when they turn out at hearings, call their elected representatives, and send letters to show support for Club-endorsed actions.



EDUCATIONAL:

Getting the word out about environmental threats and opportunities is a critical part of what we do. Our staff and dedicated volunteers write articles and opinion pieces, table at community events, make phone calls, and organize regular educational programs for all ages.



OUTDOORS:

We believe in the transformative power of nature and work on the premise that those who experience wilderness first-hand are more likely to preserve it for future generations. Here at the Bay Chapter, we take full advantage of the incredible bounty of spectacular parks, wildlands, and waterways at our doorsteps — much of which is the result of the Club’s conservation efforts throughout the decades.

Our ten activity sections (see pages 8-9) offer outings in hiking, backpacking, kayaking, bicycling, service work and more for all ages and skill levels. Last year our skilled volunteers led 540 outings in the Bay Area and beyond; our Inspiring Connections Outdoors program guided trips for 960 urban youth; and our Tree Team planted 47 trees.

ISSUE COMMITTEES

The Bay Chapter's issue committees consider policies, legislation, and ideas related to their particular topic areas. They advise the Executive Committee, advocate for Club positions, and educate members, elected officials, and the public. Club members are welcome to attend meetings and bring issues to the attention of the committees.

TRANSPORTATION & COMPACT GROWTH:

CHAIR: Matt Williams,
mwillia@mac.com

MEETINGS: Third Tuesdays of the month at noon at the Chapter office.

Our committee is dedicated to helping the Bay Area become a place where all people can live, work, and thrive while leaving the least impact on the environment. In practice, that means getting housing built in urban infill areas and cutting down on car driving by providing greater opportunities for walking, biking, and access to transit. Without compact growth, we'll see more resource-intensive sprawl development eating up habitat-rich open space and displaced residents driving longer distances to job centers.

A key focus of our work is making sure that the Bay Area's Regional Transportation Plan and its required Sustainable Communities Strategy are successful in achieving greenhouse gas emission reductions. Because the housing crisis is a region-wide problem, we often work with the other two Bay Area Sierra Club chapters, Loma Prieta and Redwood.

Read more at www.sierraclub.org/sfbay/transportation-and-compact-growth.

FEDERAL PARKS:

CHAIR: Alan Carlton,
carltonal@yahoo.com

MEETINGS: Conference calls as needed; Get on the committee discussion listserv by emailing Alan.



In the urbanized Bay Area, how much of the "wild" do we have? Actually quite a lot. California has more federally protected wilderness than any other state except Alaska, and more of it than you might think is located right here in the Bay Area. Over the Bay Chapter's 95-year history we've played a major role in campaigns to preserve our world-renowned wild places and establish the laws that protect our natural heritage. Today, the Federal Parks committee is concerned with planning and other issues in our region's national parks, including the Golden Gate National Recreation Area, Point Reyes National Seashore, and Muir Woods National Monument.

Read more at sierraclub.org/sfbay/wild.

EAST BAY PUBLIC LANDS:

CHAIR: Norman La Force,
n.laforce@comcast.net

MEETINGS: Second Wednesdays at 7:30 PM at the Bay Chapter office.

Our committee focuses on the the large land agencies in the East Bay. We work to secure funding for the acquisition, improvement, and maintenance of our public lands, and to make sure that our public lands are used in ways consistent with our environmental principles. The subjects of current campaigns include Richmond's Point Molate, McLaughlin Eastshore State Park, and Tesla Park in southeast Alameda County.

Read more at sierraclub.org/sfbay/parks-and-open-space.

ENVIRONMENTAL JUSTICE:

CO-CHAIRS: Elizabeth Lam,
elamberkeley@gmail.com, and Cesar Zepeda,
cesarz13@hotmail.com

MEETINGS: The EJ Team doesn't yet have regular meetings. Reach out to the co-chairs to learn how to get involved.

We're passionate environmentalists who strive to reduce the disproportionate environmental impacts that minority, lower-income, and front-line communities face. By collaborating with community stakeholders and Club members, we address environmental justice issues through the lens of equity, while combating carbon emission, preserving natural resources, and promoting healthy living.

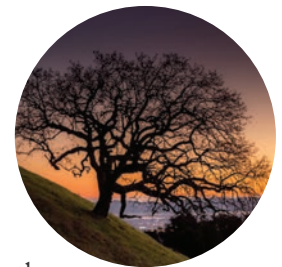


PHOTO CREDITS: Top left - BART train courtesy Sergio Ruiz via flickr.com/sirgious. Bottom left - Tule elk at Point Reyes, courtesy Jerry Ting via flickr.com/jerryting. Top right - Sunrise at Briones Regional Park courtesy Jaegar Moore, via flickr.com/97408355@N06. Bottom right - Sierra Club clean air demonstration in Sacramento.

ZERO WASTE:

CHAIR: Alfred Twu,
alfredtwu@gmail.com

MEETINGS: First or second Tuesdays of odd-numbered months, 7:00-9:00 PM at Urban Ore, 900 Murray St., Berkeley. Contact chair for specifics.

Our committee coordinates Zero Waste efforts going on at the local and state levels. We view Zero Waste as not just getting people to put materials in the green and blue carts, but as a start-to-finish effort that begins with reducing the use of disposable products and continues through to reuse and recycling methods that put materials to their highest and best use. Recently we have been looking at issues around foodware, deconstruction, source separation, changes in the global recycling market, and Berkeley's waste transfer station redesign.

Read more at sierraclub.org/sfbay/zero-waste.



WATER:

CO-CHAIRS: Chris Gilbert,
chris@gilbertbiz.com, and Heinrich Albert,
heinrich.albert@outlook.com

MEETINGS: Second Thursdays from 7:00-9:00 PM; in-person at the Bay Chapter office in odd months or call-in on even months. To get on the Water Committee listserv, email one of the chairs.

The Water Committee focuses on San Francisco Bay and the Sacramento-San Joaquin Delta — the watershed at the heart of the Bay Area — as well as on smaller local watersheds, both wild and urban. We also work to protect and restore rivers and watersheds throughout California. We oppose unreliable and environmentally destructive ways of meeting California's water needs including new and raised dams; the proposed “twin tunnels” to take water from the Delta Estuary; and ocean desalination. We favor recycling, stormwater capture, conservation, and better groundwater management.

Read more at sierraclub.org/sfbay/water.



HEALTHY PEOPLE, HEALTHY PLANET:

CO-CHAIRS: Suzanne York,
slyork27@gmail.com, and Adam Duhan,
adamduhan@re-docs.com



MEETINGS: Third Thursdays at noon in downtown Berkeley (contact co-chairs for details).

Our mission is to promote the awareness of undesired impacts on the health of earth's ecosystems due to human population growth. Our vision is a world where humans can cooperate across national, racial, religious and ethnic boundaries to create room and resources in order for humans and other species to survive, and even prosper. We host events about population, health, and environment from global, national, and local perspectives.

Read more about this work at sierraclub.org/sfbay/healthy-people-healthy-planet-committee.

ENERGY & CLIMATE:

CHAIR: David McCoard,
dmccoard@hotmail.com

MEETINGS: Third Wednesdays at the Bay Chapter office, 7:00 - 9:00 PM.

The Bay Area is home to five oil refineries, which means that Bay Area communities are exposed to significant hazards from the transport, refining, export, and burning of dirty and dangerous fossil fuels. We're also under threat from Big Coal, which wants to export more coal through our ports. We push back against the dirty fossil fuel industry to protect our air, water, climate, and health.

Even as we work to keep the fossil fuel industry in check, we work to facilitate clean energy solutions right here at home. A key focus is on locally owned, non-profit power agencies in the “Community Choice Aggregation” model, which allow customers to choose cleaner power at affordable prices, with ratepayer funds returning to the community in the form of jobs and renewable energy infrastructure.

We also follow proceedings of the California Public Utilities Commission, which meets in San Francisco.

Read more about this work at sierraclub.org/sfbay/clean-energy and sierraclub.org/sfbay/dirty-energy.

CLIMATE LITERACY SUB-COMMITTEE: We want all Bay Area students to graduate with a thorough understanding of the causes, threats, and solutions to climate change. We're building a coalition of teachers, parents, activists, labor leaders, and partner organizations dedicated to getting local schools and districts to sign on to this commitment. We've also created a set of resources and tools to support local efforts. For more information, contact Sarah Ranney at clc@sfbaycs.org.



OUTINGS PROGRAM

Our volunteer-run outings program puts the “explore” and “enjoy” in the Sierra Club’s mission to “Explore, Enjoy, and Protect the Environment.” In 2018 alone, our activity leaders organized nearly 600 outdoor adventures including hikes, backpacking trips, kakaks, snowshoeing, bicycling, and service trips. With ten activity sections, there’s something for everyone, no matter your age, skill level, or interests.

Our outing leaders are trained and certified for basic first aid. They spend many hours planning and preparing for their outings to ensure a safe and enjoyable experience for all. Outings are listed on the chapter calendar at sierraclub.org/sfbay/activities, and in condensed form in the Yodeler (see pages 15-19). Most outings are free and open to the public.

BACKCOUNTRY SKIING:

Our section welcomes experienced skiers who enjoy backcountry adventures. We offer a variety of trips for AT/Randonee and Telemark skiers. Section activities include day touring, hut trips, peak climbing, skill development workshops, and extended winter mountaineering trips.

At this time we are only taking new members who are available as ski trip leaders. If you are interested, please send your name, address, phone, email address, and qualifications to: Backcountry Ski Section, PO Box 1210, Tahoe City, CA 96145.

Learn more at sierraclub.org/sfbay/backcountry-skiing.



BACKPACKING:

Enjoy the wilderness with experienced leaders and make new friends. Backpacking Section leaders led 18 trips with 149 participants in 2018, in areas ranging from the Trinity Alps to Point Reyes to Yosemite to Sequoia. The Section also puts on a Beginner Backpacking Training Course each



spring (see p. 23). Trips vary from easy trail walking to serious mountaineering, and they take place year round.

Learn more at sierraclub.org/sfbay/backpacking.

BICYCLING:

The Chapter's newest activity section offers the opportunity to ride in a social setting and to experience nature on two wheels. Everyone who has their own bicycle and can safely ride at a steady endurance pace is welcome.

If you have questions or wish to become a bike leader, contact the Bicycling section at bicycle@sfbaysc.org.

Learn more at sierraclub.org/sfbay/bicycling.



HIKING:

The Hiking Section offers a wide variety of day hikes both in Bay Area open spaces and in our more interesting urban areas. We offer hikes on Saturdays, Sundays, Wednesdays, Thursdays, and most holidays. Visit sierraclub.org/sfbay/hiking to learn more.

Want a challenge? Check out the Hiking Section's **Nifty Ninety**—a list of day hikes to 90 Bay Area summits that highlights the spectacular geographic diversity of our region. Each of the peaks is accessible via public land, and many of the Bay Chapter’s outings tackle the peaks on this list in a fun, social setting with knowledgeable guides. Find the full list at bit.ly/bagthenifty90.



RAINBOW SIERRANS:

Rainbow Sierrans (formerly Gay & Lesbian Sierrans) is an outings and conservation group for gay, lesbian, bisexual, transgender, and queer-identified people and our friends. Founded in 1986, we were the Club's first gay and lesbian activities section.

Rainbow Sierrans sponsors a variety of activities offering something for almost anyone who enjoys the outdoors. Our outings run the gamut from easy urban strolls to vigorous peak hikes; relaxed car camping to demanding wilderness backpacks; naturalist-led walks to hands-on restoration



PHOTO CREDITS: Top left - Backcountry ski trip on Shasta courtesy Brenda Giese. Bottom left - Backpacking trip in Sequoia National Park courtesy Thomas Meissner. Top right - Glenn Kirby on a Bicycling Section trip in Samuel P. Taylor State Park. Middle right - Bay Chapter hike in Tomales Bay courtesy Samuel Lui. Bottom right - Courtesy rainbowsierrans.org.

and trail maintenance. Everyone is welcome.

Learn more at rainbowsierrans.org.

INSPIRING CONNECTIONS OUTDOORS:

Inspiring Connections Outdoors (formerly Inner City Outings) provides guided backpacking, hiking, camping, and river rafting outings to segments of the Bay

Area community — primarily economically disadvantaged youth — that would not otherwise have the opportunity to experience Northern California's natural wonders. By introducing participants to the transformative power of nature, ICO supports John Muir's assertion that people who experience wilderness first-hand are much more likely to preserve it for future generations. This past year (our 47th) we took 586 urban, economically disadvantaged youth on 47 trips.

We are always looking for new ICO volunteers and new school and community groups to partner with. For more information, visit sfbayico.org.

We also have an **ICO Rafting** section. Participants overcome fear, work together, and are able to explore the environment and their role in the natural world. Many come back to train with us to become whitewater guides, gaining confidence and leadership skills and learning about environmental ethics. Read more at sierraclub.org/sfbay/rafting.



SIERRA COUPLES:

Sierra Couples began when Cupid shot some arrows of love among the Sierra Singles. Most of our members are now in their 50s, 60s, and 70s and we're looking for new leadership with energy and ideas. To learn more, contact frank@frontrowexperience.com.



SIERRA SINGLES:

We offer a variety of activities for all adults, especially singles. Most participants are in the 35 - 65 age range. Children are welcome at some events as noted. Join us for hikes, camping, bicycling, softball, and social/cultural activities.



SNOWCAMPING:

Our mission is to provide training in winter backcountry skills for experienced backpackers, and to extend the usual three backpacking seasons to a fourth season. Our annual training series includes one day of classroom instruction and two weekend trips in the snow. A special group for families with children is available. For graduates of our training series, we offer weekend (and longer) trips of varying difficulty.

For more information, visit www.snowcamping.org.



SOLO SIERRANS:

The Solo Sierrans offer fun, friendship, and an opportunity to participate in a variety of outdoor, social, and cultural activities. We are singles who care about each other and our environment. Our group is for all ages, with most participants over 60.

Most of our activities are listed on the online events calendar and in the Yodeler. The monthly newsletter of the Solo Sierrans contains a complete listing. If you have questions or are interested in newsletter or membership information, please contact Dolores Gruenewald at 510-351-6247 or doloresgru@aol.com. For more information, visit sierraclub.org/sfbay/solo-sierrans.



BECOME AN OUTINGS LEADER!

Our activity sections run on the donated time and energy of our volunteer leaders. In order to keep up with the demand for outings we need new leaders all the time. As an outings leader, you can design trips that reflect your interests, skills, and passions — and share those passions with others.

Becoming an outings leader is pretty simple. After you decide what type of outing you would like to lead and which section you would like to be part of, you'll complete first aid training and a basic outdoor leader training. You'll get a mentor from your activity section and lead at least one outing on a provisional basis. To get the whole scoop, visit sierraclub.org/sfbay/how-become-outings-leader.

REGIONAL GROUPS

The Bay Chapter is divided geographically into eight local groups within our four counties. Groups are the smallest geographic units of the Sierra Club, so each group's volunteer leadership and individual members are critical to ensuring that we know what's going on in our neighborhoods, parks, and streets. Groups also help us keep tabs on our city councils, school boards, and other local decision-making bodies.

Each Group is represented by an Executive Committee elected by Club members for two-year terms. Group Executive Committees set conservation policy on issues contained within their region and advise the Chapter Executive Committee on issues that have impacts beyond group borders. In addition, group Executive Committees can organize outings and educational programs and make endorsement recommendations.

If you want to get more involved in the Club but don't know where to start, getting involved at the group level is a great way to engage with local issues and take on a leadership role. Most groups have regular meetings that are open to Club members. Show up with your ideas, questions, or concerns!



MARIN GROUP: 5,400 members

Come help the Sierra Club be a powerful voice for the environment and protect Marin's beautiful natural areas for all. We work on issues including water supply, transportation, agriculture, parks, wildlife protection, toxics, and environmental justice. Our newest effort is a Climate Solutions Committee to tackle the issue of single-use plastics in Marin County.

MEETINGS: The Conservation Committee (open to all!) meets every third Wednesday of the month from 6-7 PM. The Executive Committee meets afterwards. Meetings alternate between Mill Valley and San Rafael; contact chair for location.

EXECUTIVE COMMITTEE:

- | | |
|--|----------------|
| Chair – Judy Schriebman <i>judy@leapfrogproductions.com</i> | Brian Staley |
| Vice Chair – Louis Nuyens | Barbara Bogard |
| Treasurer – Chance Cutrano | Bob Johnston |
| Kristin Shannon | Max Perrey |
| Mickey Allison | Michele Barni |

MOUNT DIABLO GROUP: 5,000 members

Our membership is drawn from central Contra Costa County, from Martinez to San Ramon to Lamorinda.

MEETINGS: Our Executive Committee meets the fourth Wednesday of odd months at 7 PM. Members and guests are always invited. Check with one of the officers to confirm time and location. General membership meetings (with an educational component) are usually held the second Wednesday of January, March, May, July, September, and November at 7:30 PM at the Ygnacio Valley Library, 2661 Oak Grove Rd., in Walnut Creek (see pages 22-23 for event details).

EXECUTIVE COMMITTEE:

- | | |
|--|---------------------------|
| Chair – Jim Blickenstaff <i>jpblick@comcast.net</i> | Treasurer – Richard Cohen |
| Vice Chair – Jim Gibbon | Sarah Butler |
| | Jonathan Bash |

WEST CONTRA COSTA GROUP: 2,000 members

Our group covers the bayside communities from El Cerrito and Kensington through Richmond and Hercules to Crockett. We work on topics such as refinery safety and emissions, coal and petcoke exports through Richmond, and land use, including Point Molate.

MEETINGS: Come to our Executive Committee meetings to find out what we're up to and how you can jump in. We meet the first Saturday of the month at 9 AM at the Bay Chapter office. Contact group leaders to confirm meeting dates.

EXECUTIVE COMMITTEE:

- | | |
|--|----------------|
| Chair – Gabriel Quinto <i>gtq2002@yahoo.com</i> | Rita Minjares |
| Vice Chair & Treasurer – Lisa Park | Harinder Lamba |
| Secretary – David McCoard | Laksmi Lagares |

NORTHERN ALAMEDA COUNTY GROUP: 11,000 members

The Northern Alameda County (NAC) Group considers urban environmental issues in the cities of Oakland, Berkeley, Albany, Emeryville, Alameda, Piedmont, and San Leandro. These issues can include housing, transportation, air quality, environmental justice, and natural-resource protection.

MEETINGS: NAC's Conservation Committee meets at 7:30 PM on the fourth Monday of every month at the Chapter Office (wheelchair-accessible), 2530 San Pablo Ave. at Dwight in West Berkeley. NAC's Executive Committee convenes at the same place once the Conservation Committee has adjourned.

To receive NAC Group agendas and minutes by email, please sign up for the Conservation Committee e-list at bit.ly/nac-cons-list. Meeting times, dates, and locations are subject to change. Contact group leaders to confirm, as well as for other questions or comments.

EXECUTIVE COMMITTEE:

| | |
|---|---------------|
| Chair – Sophie Hahn <i>sophie@sophiehahn.com</i> | Andy Katz |
| Vice Chair – Andy Kelley | Jonathan Bair |
| Treasurer – Anna Robinson (<i>non-voting</i>) | Aaron Priven |
| Chris Jackson | Toni Mester |
| Xavier Johnson | Igor Tregub |

SAN FRANCISCO GROUP: 7,800 members

San Francisco Group conservation priorities include preservation of city parkland, preservation and construction of affordable housing, 100% local renewable energy under Clean-PowerSF, environmental justice, reduction and clean-up of toxics, achieving Transit First, maintaining and improving mass transit, acquiring and protecting open space, developing green jobs, protecting and restoring wetlands, water conservation, clean air policies, support for CEQA, dark skies policies, and protecting the rights of all local residents to participate in decisions affecting their communities.

MEETINGS: The SF Group Conservation Committee meets on the third Tuesday of each month 6 - 8 PM. The Executive Committee meets 8 - 9:30 PM. Please contact group leaders for meeting location.

EXECUTIVE COMMITTEE:

| | |
|---|------------------|
| Chair – Becky Evans <i>rebecae@earthlink.net</i> | Arthur Feinstein |
| Treasurer – Tury Thakar | Barry Hermanson |
| Secretary – Howard Strassner | John Rizzo |
| Political Chair – Karen Babbitt | Katherine Howard |
| | Linda Weiner |
| | Kim-Shree Maufas |

SOUTHERN ALAMEDA COUNTY GROUP: 2,000 members

The Southern Alameda County (SAC) Group includes members in Hayward, Union City, Newark, and Fremont, as well as unincorporated Ashland, Cherryland, Castro Valley, Fairview, and San Lorenzo. The Group weighs and takes positions on environmental issues facing our communities, including development proposals, water resources, agriculture, preservation of open space, land use, trails, air quality, creeks, conservation, and political endorsements.

MEETINGS: The Executive Committee meets the fourth Wednesday of each month at 7 PM, either at Siam Palace in Hayward or by conference call. Members are welcome to join us at 6:30 PM for dinner and informal conversation.

EXECUTIVE COMMITTEE:

| | |
|--|-------------------------|
| Chair – Jewell Spalding <i>jewellspalding@mac.com</i> | Secretary – Glenn Kirby |
| Treasurer – Toni Wise | Jannet Benz |
| | Laurie J. Price |

TRI-VALLEY GROUP: 1,300 members

The Tri-Valley Group includes three incorporated cities—Dublin, Livermore, and Pleasanton—plus Sunol and a large amount of unincorporated land. We work to protect the Urban Growth Boundary and lobby for open space, among other issues.

MEETINGS: Held the first Wednesday of the month at 7:30 PM at New York Pizza in Pleasanton. Meetings may be held elsewhere depending on the bulk of issues. Members are welcome, but check with Dick to verify the meeting will occur.

EXECUTIVE COMMITTEE:

| | |
|---|---------------------------|
| Chair – Dick Schneider <i>richs59354@aol.com</i> | Treasurer – Donna Cabanne |
| Vice-chair – Marlene Massetti | |

DELTA GROUP: 400 members

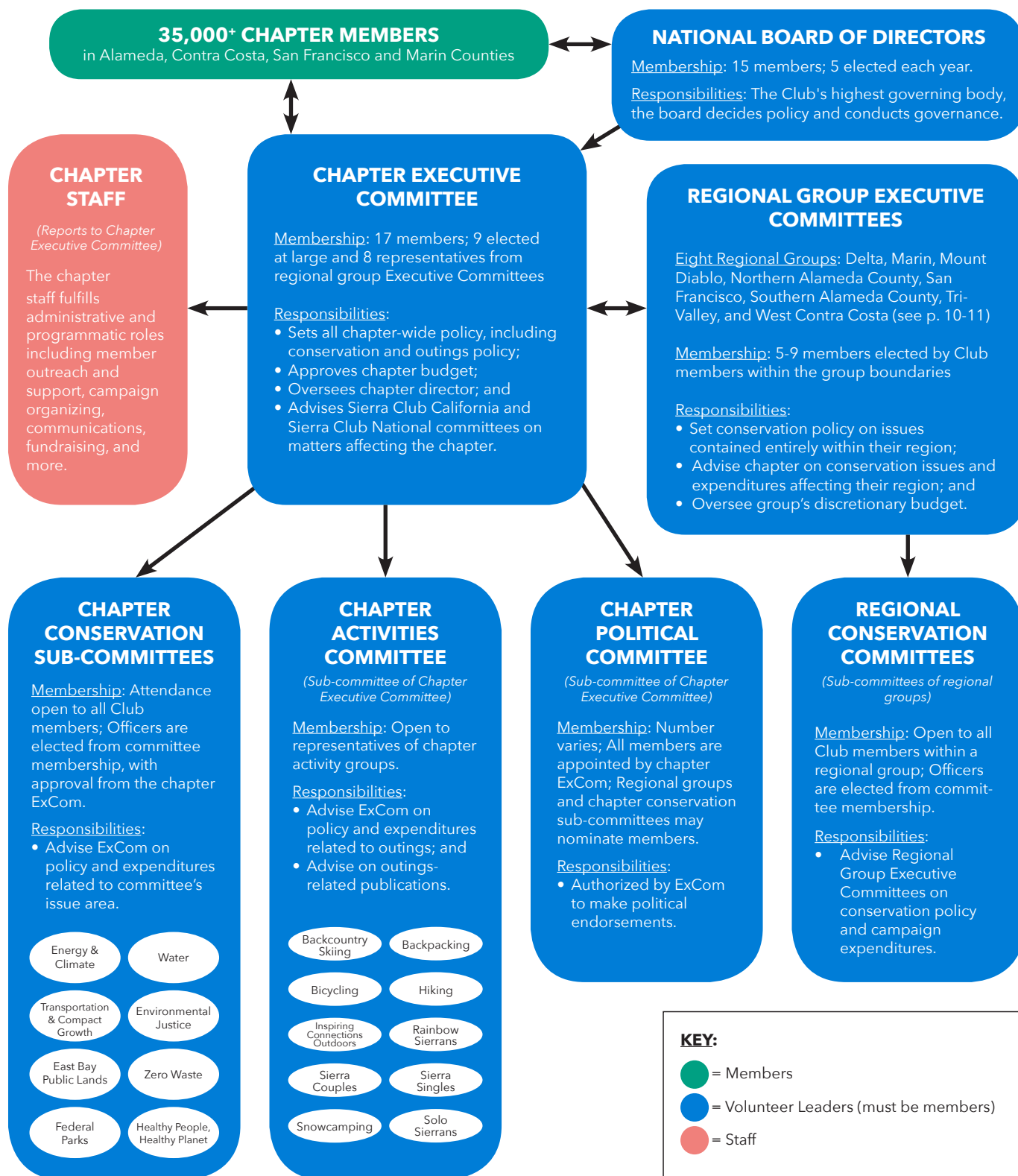
The Delta Group represents Club members living in eastern Contra Costa County from Bay Point to Discovery Bay. We offer regular outdoor activities and we work on conservation issues including urban growth and land-use planning, transportation, toxics and waste, and air and water quality.

MEETINGS: The Executive Committee meets the first Sunday of the month at 4:30 PM. Contact leaders for meeting details and how to get involved at sierraclub.delta@gmail.com

EXECUTIVE COMMITTEE:

| | |
|--|----------------|
| Chair – Paul Seger <i>psseger65@gmail.com</i> | John Sierra |
| Vice Chair – Lu Kovalick | Tona von Egert |
| Jeanne Bernavage | |

CHAPTER STRUCTURE



CHAPTER STAFF

The chapter staff fulfills administrative and programmatic roles including member outreach and support, campaign organizing, communications, fundraising, and more.

Minda Berbeco

ROLE: Chapter Director

FUN FACT: I used to be an amateur boxer.

EMAIL: minda.berbeco@sierraclub.org



Melissa Yu

ROLE: Organizer – Community Choice Energy programs

FUN FACT: My favorite hike of all time is Oahu's "Stairway to Heaven" trail, also known as Haiku Stairs. I've also climbed Mount Whitney — the highest mountain in the contiguous United States.

EMAIL: melissa.yu@sierraclub.org



Julia Foote

ROLE: Organizer – housing, transportation, and open space

FUN FACT: I used to work as a pastry chef.

EMAIL: julia.foote@sierraclub.org



Terilyn Chen

ROLE: Organizer – regional coal exports

FUN FACT: I'm very good at saying words backwards on command.

EMAIL: terilyn.chen@sierraclub.org



Virginia Reinhart

ROLE: Communications Manager

FUN FACT: I raise Muscovy ducks in my back yard.

EMAIL: virginia.reinhart@sierraclub.org



Matt Bielby

ROLE: Development Manager

FUN FACT: I've traveled cross country 15-20 times hitting 49 of the 50 states (just Alaska left).

EMAIL: matt.bielby@sierraclub.org



Zephir O'Meara

ROLE: Member Outreach and Chapter Support

FUN FACT: I just recently got my first tattoo.



Walter Pope

ROLE: Membership Outreach Representative

FUN FACT: I'm a Berkeley native who's been around the planet and back home again. I'm also in a band called the Walter Pope Trio. Inquire within!



Amelia Nommensen

ROLE: Administrative Assistant, Membership Outreach Program

FUN FACT: I live on an old fishing boat.



Chapter staff works out of the Bay Chapter office at 2530 San Pablo Avenue, Suite I in Berkeley. You can reach us by calling 510-848-0800.

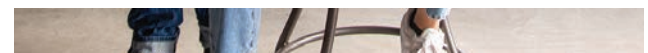


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SUPPORTING SIERRA CLUB'S MISSION

GEAR THAT SUPPORTS OUR PARKS AND PUBLIC LANDS

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GET INVOLVED

Volunteers are critical to getting the work of the Bay Chapter done. From stuffing envelopes to electing environmentally friendly candidates and everything in between, we have a job that needs doing.

To browse current volunteer openings, head to bit.ly/scvolunteerops. Here are other ways you can get involved right away:

- Responding to immediate environmental threats
- Deciding local conservation policy
- Planning social, educational, and activist events
- Making political endorsement recommendations

Our issue committees cover energy and climate, water, transportation and compact growth, East Bay public lands, zero waste, population, and our region's National Parks. Visit pages 6-7 to find contact information and email leaders to find out about the next committee meeting.

If you have more general interests or want to get involved at the most local level, attend a meeting of your regional group. These meetings are open to all Club members, so feel free to show up, listen in, and share your ideas. Find group contact information and meeting times on pages 10-11.

If you want to be involved in local campaigns → Attend a committee meeting

Passionate about transportation policy? Want to stop new fossil fuel infrastructure in the Bay Area? Have ideas for improving public parkland? The Bay Chapter's all-volunteer issue committees and regional group committees are responsible for the bulk of the work of the chapter, including:



If you're an outdoor adventurer → Take a hike, and become an activity leader

The Bay Chapter offers some of the best hikes, backpacking, snowcamping, and other outings in the country. Our calendar of activities and events (see pages 15-19 or visit sierraclub.org/sfbay/events) is certain to have many items of interest to you.

To learn more about the many types of activities available, from hiking to youth outings to backcountry skiing, browse our Activities Sections (pages 8-9).

If you're an experienced outdoor adventurer and want to lead outings, see page 9 or visit sierraclub.org/sfbay/how-become-outings-leader.

Not sure yet where you want to be plugged in? → Sign up for our email list

If you want to be involved but aren't sure where your interests lie, sign up for our email lists at sierraclub.org/sfbay/email to get regular chapter news, event invites, and action alerts for our priority campaigns. The chapter sends at most three emails per month, and you'll get a full picture of what's going on at the chapter and where we need help now.

Online activism is a fast, easy, and amazingly effective way for you to make a difference on the important issues in our region. Sign up for Bay Chapter email updates and help us push for the policies that preserve and restore the environment of the Bay Area and the nation.



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ABOUT THIS CALENDAR

Activities listed here are abbreviated. For full listings, visit: sierraclub.org/sfbay/activities. The online calendar will also include changes, cancellations, and outings submitted after the print deadline.

Hike and backpack ratings

Hike ratings are based on distance and elevation gain (the sum of all gains in elevation per day):

- | | |
|------------------|-----------------------|
| 1. up to 6 miles | A. under 1,000 feet |
| 2. 6 - 10 miles | B. 1,000 - 2,000 feet |
| 3. 10 - 15 miles | C. 2,000 - 3,000 feet |
| 4. 15 - 20 miles | D. over 3,000 feet |
| 5. over 20 miles | E. over 3,500 feet |

Backpack ratings include a third digit for travel:

T. trail

1. limited/easy crosscountry
2. moderate crosscountry
3. strenuous/difficult crosscountry

What to bring

For day hikes always bring lunch and enough water. Consider layered clothing, sunscreen, good hiking boots with treads, and hiking poles. Non-service dogs are allowed only if specified in the listing; canine hikers should bring leashes, litter bags, and water for their dogs.

Liabilities

To participate on a Sierra Club outing, you will need to sign a liability waiver. To read a copy of the waiver form, call call (415)977-5630, or visit <http://tinyurl.com/outingswaiver>.

Problem resolution

If you have an outing-related concern that you are not able to address via the outing's leader, please contact the chair of the sponsoring section or group. If that is not sufficient, you can contact the Activities Committee ombudsman, Seth Feinberg, at sethfeinberg@yahoo.com or (510)969-7151, or the Chapter office at (510)848-0800.

Carpooling

Carpooling helps the environment and allows people without cars to participate. If you are driving to a hike, please stop by the carpool point to pick up others. If you're a rider, pay a share of expenses. Many activities are listed on the Chapter's Meetup site a couple weeks in advance of the event. Join the Meetup group and post a comment requesting or offering a ride: www.meetup.com/sanfranciscobay.

SPRING 2019 OUTINGS CALENDAR

TUESDAYS

Lake Chabot Reservoir 1A hike. Scenic weekly three-mile hike followed by optional dinner at a local restaurant. MEET: 4 pm at boathouse/cafe. LEADER: Dolores Gruenewald, (510)351-6247 or doloresgru@aol.com. (Solo Sierrans)

WEDNESDAYS

Lafayette Reservoir 1A hike. We have both faster and slower walkers, or walk at your own pace. Optional dinner afterward. MEET: 4 pm in parking lot (takes five quarters or annual pass). LEADER: Lee Cowden, (925)934-6357. (Solo Sierrans)

DEC 1 • SAT

Henry Cowell Fall Creek 2C day hike. Join Steve Bakaley on a leisurely to moderately paced day hike to the Lime Kilns and then on to Big Ben. Explore the Lost Empire (trail). Any rain cancels. MEET: 9:30 am at Henry Cowell Fall Creek Unit trailhead. ENDS: 4:30 pm. LEADER: Steve Bakaley, sbakaley@gmail.com. (Mount Diablo and Santa Cruz County Groups)

TUESDAYS

Lake Chabot Reservoir 1A hike. Scenic weekly three-mile hike followed by optional dinner at a local restaurant. MEET: 4 pm at boat house/cafe. LEADER: Dolores Gruenewald, (510)351-6247 or doloresgru@aol.com. (Solo Sierrans)

WEDNESDAYS

Lafayette Reservoir 1A hike. Enjoy the lovely weather while walking around the beautiful reservoir. We have both faster and slower walkers, or you can walk at your own pace. Optional dinner afterward. MEET: 4 pm in parking lot (takes five quarters or annual pass). LEADER: Lee Cowden, (925)934-6357. (Solo Sierrans)

MAR 3 • SUN

Mount Diablo Back Canyon and Diablo Falls 2C hike. Early March is an ideal time to see wildflowers and water on the rugged north side of Mount Diablo State Park. Close-up viewing of falls and cataracts of upper Donner Canyon, nestled just below imposing North Peak. Allow 7 hours for this 9.5-mile hike with elevation gain of 2,300 feet. Steady, relaxed pace with breaks. Rain cancels. COST: \$6 park entry fee (exact change required). MEET: 9:30 am at Mitchell Canyon Visitor Center. LEADER: Jake Van Akkeren, (925)933-3486 jvanakkeren@comcast.net. (Mount Diablo Group)

CONTINUED ON FOLLOWING PAGE

CALENDAR OF EVENTS

CONTINUED FROM PREVIOUS PAGE

MAR 5 • TUE

Golden Gate Park eastern end 1A hike. This hike through the Eastern End of the park includes the famous Botanical Gardens. Rain cancels. MEET: 10:00 am at NE corner, 9th Ave & Irving St, SF. Ends: 2:30 pm. LEADER: Gloria Navarra, (415)731-6144. (Hiking)

MAR 9 • SAT

Annadel State Park 2A trail running. Annadel is a beautiful open space resource next to the neighborhoods of Santa Rosa. This run is about 6 miles with 500 feet of elevation gain. Part of the trail is technical, with rocky narrow track. Runners will partner based on estimated pace. Rain cancels. COST: \$7 parking. MEET: 9:30 am at Spring Lake Park, 5585 Newanga Ave., Santa Rosa. Park at the Newanga Road entrance parking area, near the bathrooms. LEADERS: Heather Lamb, (253)970-0666 or beatherelisalamb@hotmail.com; Kimberly Luce, kluce@sonic.net. (Rainbow Sierrans)

MAR 9 • SAT - MAR 10 • SUN

Tahoe Snowcamp: Barker Pass snowshoeing/x-country skiing. This trip offers great views of Twin Peaks and the Barker Pass Area, along with Lake Tahoe to the East. The hike starts from the Blackwood Canyon Sno-Park and follows Blackwood Creek towards Barker Pass. We will hike about 6 miles to our campsite, set up camp/kitchen and then proceed towards Barker Pass. Participants must be alumni of the Bay Chapter's Snowcamping Training Series. Registration required; sign up via online calendar: sierraclub.org/sfbay/events. COST: \$35. LEADERS: Sanjay Reddy, (925)828-3229 or redmysanjay@comcast.net; Roger Williams, (415)601-2079 or rogerw@outlook.com. (Snow Camping)

MAR 10 • SUN

Plant trees with Sierra Club! Make an immediate impact and green the Oakland community by planting trees with us. No experience is needed, but you should be able to lift 30 pounds. Wear closed-toed shoes, clothes that you can get dirty, and a hat; bring water and a snack. We'll provide everything else. If you are bringing a minor, please let us know. We plant in light rain, but will announce cancellations for heavier rain on Meetup by 8 am. For more information, contact us at sctreeplanting@gmail.com. MEET: 10:00 am at Epic School parking lot, 1045 Derby Ave in Oakland for our orientation and safety briefing. Trees will be around town. ENDS: 2:00 pm. LEADER: Soo-Rae Hong, (650)505-0110 or sctreeplanting@gmail.com. (Northern Alameda County Group)

MAR 15 • FRI

Mount Diablo Moses Rock Ridge 2C hike. Savor a variety of vegetation zones and enjoy splendid views as we explore some of the wild northwestern slopes of the mountain. Allow 6.5 hours for this 8-mile hike with 2,100 feet of elevation gain. Steady, relaxed pace with breaks. Any rain cancels. COST: \$10 per vehicle (exact change required). MEET: 10:00 am at Mount Diablo State Park North Gate Road across from Diablo Ranch. LEADER: Jake Van Akkeren, (925)933-3486 or jvanakkeren@comcast.net. (Mount Diablo Group)

MAR 16 • SAT

Mount Tamalpais High Marsh and East Peak 3B hike. Starting at Rock Spring, we will head down Cataract Creek to the waterfall below Laurel Dell. From there we will head out the High Marsh Trail, through the ancient Douglas fir forest. We will be looking for waterfalls, cascading creeks, and wild orchids. 10-11 miles with 1,500 feet of elevation gain. Moderate pace. Restricted to 18 participants; Preregistration required via sierraclub.org/sfbay/events. MEET: 9:00 am at Rock Spring trailhead, Pan Toll Road at East Ridgecrest. LEADER: Richard Boyden, (510)847-6889 or rboyden87@gmail.com. (Hiking)

Eagle Peak and Mount Diablo Falls 2C hike. Climb Eagle Peak (2,369 feet) from the wild north side and return via Donner and Back canyons on a leisurely to moderately paced strenuous loop. There are some steep slippery down-hills. Any rain cancels. COST: \$6 parking fee. MEET: 9:30 am at Mitchell Canyon trailhead. ENDS: 5:30 pm. LEADER: Steve Bakaley, sbakaley@gmail.com. (Mount Diablo Group and Santa Cruz Group)

MAR 16 • SAT - MAR 17 • SUN

50th anniversary at Ludlow Hut snowshoeing/x-country skiing. We have the entire Ludlow Hut reserved for Saturday night to celebrate the 50th anniversary of the Snow Camping Section. It is a 5.2-mile hike through open forest to the cozy hut (built in 1955), where we will avail ourselves of the two wood-burning stoves and the sleeping loft to stay the night in style. Moderate pace. We may do a short hike for a Lake Tahoe view before we depart on Sunday. Participants must be alumni of the SF Bay Chapter's Snowcamping Training Series. Preregistration required via sierraclub.org/sfbay/events. COST: \$50. LEADERS: Robert Schuur, (510)601-5301 or rajschuur@yahoo.com; Molly Rose, mollyrose223@gmail.com. (Snow Camping)

MAR 17 • SUN

Mount Diablo Donner Canyon and Diablo Falls 2C hike. Enjoy wildflowers and water on the rugged north side of Mount Diablo. Our route will take us up Back Canyon, over Meridian Ridge and then swing around the falls and cataracts at the base of North Peak. We will return via lovely lower Donner Canyon. Allow 6.5 hours for this 8.5-mile hike with a 2,100 feet of elevation gain. Steady, relaxed pace with breaks. Any rain cancels. COST: \$6 vehicle fee. MEET: 9:30 am at Mitchell Canyon Visitor Center. LEADER: Jake Van Akkeren, (925)933-3486 or jvanakkeren@comcast.net. (Mount Diablo Group)

San Bruno Mountain 1A wildflower hike. San Bruno Mountain has highest incidence of endangered and endemic plants in Bay Area and is unsurpassed for spring wildflowers. The hike is under 5 miles but moderate to strenuous, going from sea level to the top of one of the mountain's ridges via Owl Canyon. We will stop at an un-excavated Native American shell midden. Any rain cancels. BRING: Waterproof boots. ENDS: 2:30 pm. MEET: 10 am at trailhead, by yellow "Not a Through Street" sign on San Francisco Avenue near Old County Road, downtown Brisbane. LEADER: Russell Hartman (650),242-2679 or rph1917@comcast.net. (Rainbow Sierrans)

MAR 19 • TUE

Las Trampas Ridge 2B hike. We will make our way to Las Trampas Peak for magnificent views of Rocky Ridge, the Briones hills and Mount Diablo. From there, hug the ridge via a twisting trails through chaparral and oak/bay woodland. Abundant wildflowers. Allow 4.5 hours for this 6.5-mile hike with a elevation gain of 1,200 feet. Steady, relaxed pace with breaks. Any rain cancels. MEET: 10:30 am at Las Trampas Regional Wilderness staging area at end of Bollinger Canyon Road. LEADER: Jake Van Akkeren, (925)933-3486 or jvanakkeren@comcast.net. (Mount Diablo Group)

MAR 20 • WED

Moonlight on Mission Peak 2C hike. Moonlight hike from Ohlone College to Mission Peak summit on the Peak Trail. Headlamps or flashlights recommended for short sections, but the objective is to enjoy hiking in the moonlight. Not a beginner's hike; 7 miles with significant elevation gain. Snow and or heavy rain cancels. COST: \$4 parking fee in Ohlone College garage. MEET: 6:30 pm at Mission Peak trailhead near parking garage and tennis courts. ENDS: 10 pm. LEADER: William Yragui, (650)642-5150 or wyragui@infobond.com. (Southern Alameda County)

MAR 22 • FRI

Briones 2B hike. Enjoy an early-spring ramble through emerald green Briones Regional Park including riparian canyons, open grassland, oak woodland and the highest point in the park. Allow 5 hours for this 7.5-mile hike with 1,400 feet of total elevation gain. There is one short, steep section. Steady, relaxed pace with a break. Any rain cancels. COST: \$6 entrance fee. MEET: Noon at Bear Creek Staging Area. LEADER: Jake Van Akkeren, (925)933-3486 or jvanakkeren@comcast.net. (Mount Diablo Group)

MAR 23 • SAT

Black Diamond Mines 2C hike. Located just north of Mount Diablo, this preserve features a variety of vegetation and wildlife. Our 8-mile hike offers beautiful views, pleasant woods, and historic sites. Moderate pace, but be prepared for several steep climbs and possibly muddy trails. MEET: 10:30 am at Somersville staging area parking lot (NOT the Visitor Center parking lot). LEADER: Jeffrey Sanchez, (510)599-5238 or amagi@pachell.net. (Sierra Singles)

Henry Coe Madrone Soda Springs and China Hole 2B/3B hike. Join Steve Bakaley on a leisurely to moderately paced day hike. 10.3 miles with an elevation gain of 1,400 feet. Any rain cancels. COST: \$8 parking fee. MEET: 10 am at Henry Coe Ranch Visitor Center. ENDS: 4:30 pm. LEADER: Steve Bakaley slbakaley@gmail.com. (Mount Diablo and Santa Cruz County Groups)

San Jose History Walk 3A hike. An all-day educational walk in downtown San Jose, featuring local history and architecture. BRING: Money for post-walk dinner at San Jose restaurant. MEET: 10 am in front of Diridon Caltrain station in downtown San Jose. Ends: 5:30 pm. LEADER: Guy Mayes, (510)522-1590 null. (Hiking)

MAR 24 • SUN

Mount Tamalpais Northside 3C hike. A rugged ascent up the Lagunitas Fire Trail (it's on the old Olmsted maps) to the Northside

Trail. We'll find a lunch spot in the Potrero Camp area and return through the lower woods to the trailhead. 10 miles with 2,000 feet of elevation gain. Heavy rain cancels. MEET: 9:15 am sharp at Fairfax Parkade to drive to Lake Lagunitas parking lot. Transit accessible via West Marin Stagecoach #68, leaving San Rafael Transit Center at 8:45 am. ENDS: 4 pm. CARPOOL: Contact leader if you can offer or need a ride. LEADER: John Hermansky, (415)755-8211 (cell; may call or text leader day-of hike at 7 am for hiking conditions) or jbermansky@yahoo.com. (Hiking)

MAR 25 • MON

Black Diamond 2B hike. From Markley Canyon, we will ramble up and over a verdant ridge before heading down into a lovely valley of grassland and oaks. Circuitous return route includes the Star Mine loop, the steep Corcoran Mine trail, stunning views of Mount Diablo, and a maze of paths leading through chaparral and sandstone outcroppings. Allow 5.5 hours for this 7.5-mile hike with 1,600 feet of elevation gain. Steady, relaxed pace with breaks. Rain cancels. MEET: 10:00 am at Somersville Staging Area at end of road (not the Visitor Center on left near the fee kiosk). LEADER: Jake Van Akkeren, (925)933-3486 or jvanakkeren@comcast.net. (Mount Diablo Group)

MAR 29 • FRI

Mount Diablo Riggs Canyon and Highland Ridge 3C hike. This hike explores the hills framing Riggs Canyon in the remote southeastern reaches of Mount Diablo State Park. Stunning views, abundant wildflowers. Allow 7.5 hours for this 10.5-mile hike with elevation gain of 2,100 feet. Steady, relaxed pace with breaks. Any rain cancels. MEET: 9:30 am at Morgan Territory Road just after junction with Marsh Creek Road (look for a large blue building on the right and park in dirt lot). We will carpool from there to the Red Corral trailhead. LEADER: Jake Van Akkeren, (925)933-3486 or jvanakkeren@comcast.net. (Mount Diablo Group)

MAR 30 • SAT

Corona Heights Natural Area habitat restoration. Join us as we plant additional natives, remove invasive plants, nurture the extant natives, and/or perform light trail maintenance. Rain or shine. All tools and gloves are provided. Children welcome with an adult. Wear layers and closed-toe shoes and bring water. MEET: 10:00 am on north side of Randall Museum (parking lot is on south side) at end of Museum Way, just off Roosevelt Way. Short walk from Castro MUNI station. ENDS: noon. Leader: Russell Hartman, (650)242-2679 or rph1917@comcast.net. (S F Bay Rainbow Sierrans)

Pinnacles 2B mindfulness hike. Journey through chaparral, oak woodlands, canyon bottoms, and towering rock spires teeming with life. The first quarter will be a silent walking meditation. 7 miles starting at 1,000 feet with 1,500 feet of elevation gain. Must be in decent shape without major foot/ankle issues. Heavy rain cancels. COST: \$30 vehicle access pass (w/o National Park Pass). MEET: 10:30 am at Bear Gulch, Pinnacles National Park. CARPOOL: Leader can drive 3 hikers from MacArthur BART (email if interested). ENDS: 5:00 pm. LEADER: Paul Klein, (510)604-4427, hngman@yahoo.com. (Hiking)

CONTINUED ON FOLLOWING PAGE

CALENDAR OF EVENTS

CONTINUED FROM PREVIOUS PAGE

Midpeninsula Open Space Preserve 3B/C loop hike. Explore old-growth forests and open grasslands in five Midpeninsula Open Space Preserves. Approximately 15 miles with 2,000 feet of elevation gain. Moderate pace. Rain cancels; call on morning of hike if in doubt. MEET: 9:40 am at Monte Bello Open Space Preserve parking lot, Page Mill Road, Los Altos. ENDS: 7:00 pm. LEADER: Bob Solotar, (510)525-2110 or bob_solotar@hotmail.com. (Hiking)

APR 6 • SAT

Forest of Nisene Marks 3B hike to Maple Falls. Leisurely/moderate day hike to Maple Falls via the Bridge Creek Trail with return via Loma Prieta Grade. 11.5 miles with elevation gain of 1,200 feet. Rain cancels. COST: \$8 parking. MEET: 10 am at Forest of Nisene Marks entrance station. ENDS: 5:00 pm. LEADER: Steve Bakaley, slbakaley@gmail.com. (Mount Diablo and Santa Cruz Groups)

APR 6 • SAT - APR 7 • SUN

Oblone Wilderness Trail 3DT backpack. The ultimate spring trip on the Ohlone Wilderness Trail across Mount Rose from Sunol to Del Valle. Enjoy stunning views of the Bay Area. Spring wildflowers will be at their best. Individual commissary. COST: \$40. Advance registration and leader approval required. Sign up at sierraclub.org/sfbay/events. LEADER: Thomas Meissner, (707)795-7980 or meissner.thomas@sbcglobal.net. (Backpacking)

APR 12 • FRI - APR 14 • SUN

Point Reyes 2AT backpack. A leisurely trip with beautiful coastal views and beachside camping. Preregistration and approval required, via sierraclub.org/sfbay/events. Limited to 10 participants. COST: \$35 (low-income discount available). LEADERS: Inga Aksamit, (415)470-1812 or ingasadventures@gmail.com (email preferred); Steve Ketzler, (925)699-6837 or stketzler@gmail.com. (Backpacking)

APR 13 • SAT

Parks and paths of Albany, Berkeley, and Kensington 2A hike. Walk many pathways connecting small parks (containing big boulders). Many stairs, but leisurely pace. Any rain cancels. BRING: Money for post-walk dinner at local restaurant. MEET: 10:30 am near restroom at rear of Albany Memorial Park (Portland and Carmel Avenues). ENDS: Return to Solano Avenue (not far from start of walk) by 5 pm. LEADER: Guy Mayes, (510)522-1590. (Hiking)

Tomales Bluff 2B hike. A leisurely hike along the moors of the northern tip of Point Reyes. 10 miles and 1,000 feet of elevation gain. Rain cancels. MEET: 11:00 am at McClure's Beach lower parking lot. ENDS: 5:00 pm. LEADER: Steve Bakaley, slbakaley@gmail.com. (Hiking and Santa Cruz Group)

Circumnavigate Mount Tam 3B hike. Starting at Mountain Home, we will head east and up, then around the mountain. Rain or shine. MEET: 9:00 am at Mountain Home parking lot and trailhead, 810 Panoramic Highway, Mill Valley. LEADER: Richard Boyden, (510)847-6889 or rboyden87@gmail.com. (Hiking)

APR 14 • SUN

Morgan Territory ridgetops 2B hike. Celebrate the green hills of spring and explore Bob Walker and Highland Ridges during wildflower season on this 8.5-mile hike with 1,800 feet of elevation gain. Rain cancels. MEET: 11:00 am at Morgan Territory Preserve parking lot. ENDS: 5:00 pm. LEADER: Bob Solotar, (510) 525-2110 or bob_solotar@hotmail.com. (Hiking)

Plant trees with Sierra Club. (See March 10 event for details.)

APR 15 • MON - APR 18 • THU

Spring Lake car camping. Enjoy three nights camping by this lovely lake located near Santa Rosa and adjacent to Annadel State Park. Swimming, hiking, fishing, biking and boating are available. COST: \$50/person plus food costs. There is a 25-person limit so RSVP now at sierraclub.org/sfbay/events (where you'll also find payment submission details). LEADERS: Lucy Henderson, (925)787-4579 or hndrsnlucy@gmail.com; David Sutton, (925)686-0158, davesutn@comcast.net. (Solo Sierrans & Hikanbyke)

APR 17 • WED

Morning exercise on Tam 2-C hike. Views, flowers, ups and downs. Brisk and steady pace. Done noon-ish. Early start helps us beat the traffic. Route dependent upon weather and whim. Steady rain cancels. MEET: 8:00 am at 810 Panoramic Highway, Mill Valley. LEADER: Jayah Faye Paley, seminar@polesformobility.com. (Hiking)

APR 19 • FRI - APR 21 • SUN

Winter photography-lover's paradise snowshoeing/x-country skiing. A two-night photography adventure in the Martis Peak area north of Lake Tahoe. Experiment and practice shooting snowy landscapes, sunsets, panoramic vistas, starry skies, and the peaks overlooking Tahoe. All camera types welcome, including phone cameras. COST: \$35. Must be alumni of the Bay Chapter's Snow Camping Training Series. Preregistration and approval required via sierraclub.org/sfbay/events. LEADERS: Cynthia Knowles, (415)845-2357 or cynthiapatagonia@yahoo.com; Jocelyne Sleckman, (415)702-7374 or jocelsleck@sc.com. (Snow Camping)

APR 20 • SAT

Moonlight on Mission Peak 2C hike. (See March 20 event for details.)

Muir Beach to Tennessee Valley Beach 2B hike. If the weather is clear we will have some spectacular views of the coast on this 9-mile loop. Strong and experienced hikers only; moderate pace with some steep climbs. Heavy rain cancels. MEET: 10:00 am at Muir Beach parking lot. LEADER: Jeffrey Sanchez, (510)599-5238 or amagi@pacbell.net. (Sierra Singles)

Calistoga Palisades 3C hike. Hike the historic Oat Hill Mine Road to view spectacular cliffs in one of the most geologically unique sites in the Bay Area. Some steep and rocky terrain. Any rain cancels. MEET: 9:45 am by pizza restaurant at corner of Highway 29 and Lake Street in Calistoga, directly across from Oat Hill Mine Road trailhead. ENDS: 6:30 pm. LEADER: Bob Solotar, (510)525-2110 or bob_solotar@hotmail.com. (Hiking)

APR 21 • SUN

Point Reyes tour 3C bike. We start at the Youth Hostel and head down the coast trail to explore Sculptured Beach and Kelham Beach before we head up to the ridge and work our way back to the cars. Plenty of sights on this aerobic hike. 15 miles with over 2,000 feet of elevation gain. Any rain cancels. MEET: 8:45 am at the Fairfax Parkade to carpool to the trailhead. LEADER: Tom Post, (415)690-6572 or tpost123@hotmail.com. (Hiking)

APR 27 • SAT

Corona Heights Natural Area habitat restoration. (See March 30 event for details.)

Glen Park and its canyon 1B bike. This is a walk through the side streets and canyon of Glen Park. Any rain cancels. MEET: 10:15 am at Glen Park BART station plaza. ENDS: 3:30 pm. In addition to BART you can take the 23, 35, 44 or 52 Muni. LEADER: Gloria Navarra, (415)731-6144. (Hiking)

MAY 4 • SAT - MAY 5 • SUN

Hood Mountain 1AT backpack. Enjoy a leisurely overnight backpacking trip to Hood Mountain Regional Park in Sonoma. For this beginner trip we'll hike around 2 miles to a campsite in the park (running water, a picnic table and pit toilets). Optional day hike Saturday afternoon. Limited to 10 participants. Registration opens March 16. Visit sierraclub.org/sfbay/events or contact leader with questions. COST: \$28. LEADER: Inga Aksamit, (415)470-1812 or ingasadventures@gmail.com (preferred). (Backpacking)

MAY 5 • SUN

Pacifica ridgetops 3B bike. Visit three units of the Golden Gate National Recreation Area for panoramic vistas and a wildflower hotspot. See where the Bay was first viewed by the Spanish and learn how the area was saved from development. Rain cancels. Any rain cancels. MEET: 10:30 am at Northeast corner of Oceana and Paloma Avenues, Pacifica. Transit accessible via 9:55 am 110 Sam-Trans bus from Daly City BART. ENDS: 6:00 pm. LEADER: Bob Solotar, (510)525-2110 or bob_solotar@hotmail.com. (Hiking)

MAY 11 • SAT

Mission and Monument Peaks from the wild east side 3C bike. Our route is mostly over fire roads, making for easy footing (some narrow trails). Great views of the South Bay and Alameda Creek watershed on this 15-mile hike with 2,500 feet of elevation gain. Not for speed demons, but not a beginner's hike. Steady rain cancels. COST: \$5 per car plus \$2/person for trail permit. MEET: 10:00 am at Visitor Center, Sunol Regional Wilderness. LEADER: Bob Solotar, (510)525-2110 or bob_solotar@hotmail.com. (Hiking)

Kayaking through Tomales Bay. A guided naturalist kayak trip launching from the Tomales Bay Resort and Marina. This is a great trip for beginners and those interested in coastal ecology. We'll use stable closed-deck tandems kayaks. Any rain cancels. COST: \$92 for Rainbow Sierrans members and \$105 for non-members. MEET: 10:00 am at 12938 Sir Francis Drake Boulevard, Inverness. ENDS: 3:00 pm. LEADER: Beth Bittle, (510) 759-6225 or callingu2@gmail.com. (Rainbow Sierrans)

MAY 12 • SUN

Plant trees with Sierra Club! (See March 10 event for details.)

Drakes Head bike. Start at the Estero trailhead and work our way out to Sunset Beach. Off trail (uneven surfaces, mud, water, and brush) along the coast for lunch at Drake's Head. 11 miles with over 1,000 feet of elevation gain. Rain cancels. MEET: 8:45 am at Fairfax Parkade, 1 Bolinas Road, to carpool to trailhead. LEADER: Tom Post, (415)690-6572 or tpost123@hotmail.com. (Hiking)

MAY 18 • SAT

Moonlight on Mission Peak 2C bike. (See March 20 for details.)

Butano State Park 3B day bike. A leisurely to moderately paced day hike through varied terrain (giant redwoods, pines, oak, and manzanita) in this lovely coastal park. 11 miles with over 1,500 feet of elevation gain. Rain cancels. COST: \$10 parking fee. MEET: 10:00 am at Butano State Park entrance kiosk. ENDS: 6:00 pm. LEADER: Steve Bakaley, (831)612-6575 or slbakaley@gmail.com. (Mount Diablo and Santa Cruz County Groups)

Muir Woods and Mount Tam 3C bike. From Mountain Home we head down into Muir Woods to admire the big trees. A big climb, especially the first 1,000 feet out of Muir Woods. 11 miles and 2,500 feet of elevation gain. Meet: 9:00 am at Mountain Home parking lot, 810 Panoramic Highway, Mill Valley. Leader: Richard Boyden, (510)847-6889 or rboyden87@gmail.com. (Hiking)

MAY 25 • SAT

West Portal/Stern Grove 1A bike. Walk through a charming neighborhood and lunch in one of the city's hidden treasures. Rain cancels. MEET: 10:30 am at West Portal Muni station, San Francisco. ENDS: 3:30 pm. LEADER: Gloria Navarra, (415)731-6144. (Hiking)

MAY 26 • SUN

Colma Cemetery 2A bike. An historical walk through many of the cemeteries of Colma, the City of Souls. This walk is Part 1; Part 2 will be in October or November. Any rain cancels. BRING: Money for optional dinner at local restaurant after walk. MEET: 9:30 am at Colma BART station near station agent's office. ENDS: 5:30 pm. LEADER: Guy Mayes, (510)522-1590. (Hiking)

MAY 31 • FRI - JUN 2 • SUN

Channel Islands campout at Santa Cruz Island. Join us for an amazing camping and hiking experience, with an optional sea cave kayaking opportunity. The island is rich in cultural history, magnificent landscapes, and unique flora and fauna. COST: \$100/person for Rainbow Sierrans members; \$125 non-members. Register at bit.ly/ChannelIslandsCampout. LEADER: Beth Bittle, (510)759-6225 or callingu2@gmail.com. (Rainbow Sierrans)

MONDAY, JULY 8 - FRIDAY, JULY 12

Calaveras Big Trees State Park car camping. Four nights camping adjacent to giant redwood trees in the Sierra foothills. COST: \$50/person. 25-person limit. Details/RSVP at sierraclub.org/sfbay/events. LEADERS: Howard Herskowitz, (510)658-1176 or howard@itsolutions.net; Maurie Ange, (510)527-9343 or mjange@msn.com. (Solo Sierrans)

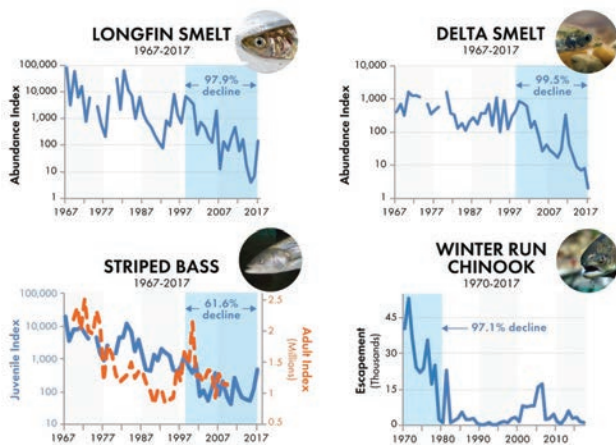
SPRING 2019 EDUCATIONAL PROGRAMS

GREEN FRIDAY PROGRAMS

Green Friday programs feature speakers and presentations on the most important environmental issues of our time. ALL PROGRAMS MEET: Bay Chapter office, 2530 San Pablo Ave, Ste I, Berkeley. Doors open at 7 pm, program runs 7:30 to 9 pm (9:30 pm for the September program only), including questions and discussion. Refreshments are served. COST: \$3 requested donation.

Fri, Mar 8 – California Water Flows and Wildlife

This month, Green Friday presents Heinrich Albert, Sierra Club SF Bay Chapter Water Committee co-chair. Heinrich will explain how California rivers, the Delta, the San Francisco Bay Estuary and the wildlife that depends on them are in severe decline. Learn about plans by the State Water Resource Control Board to reverse this decline, as well as alternate proposals by water agencies, interest groups and California politicians that may block the Water Board's efforts. The second phase of the Bay-Delta Plan covers the Sacramento River watershed and the Delta itself.



Fri, Apr 12 – Intergenerational Actions to Solve Climate Crisis

Drawing on decades of experience as a diplomat, professor, futurist, and international business consultant, Wilford Welch is committed to engaging individuals to take the actions necessary to solve the global warming/climate crisis and create a positive future for the generations to come. His latest book, *In Our Hands: A Handbook for Intergenerational Actions to Solve the Climate Crisis*, provides readers with the inspiration and tools they need to get started, in their personal lives, in their communities, and in their professional lives.

Looking back from the year 2050, Wilford presents two plausible futures, one driven by climate denial and the politics of fear, the other by an inspired vision made manifest by effective individual and collective actions. We are not victims. We have a choice about the future we want for our children and ourselves. The opportunity is literally in our hands.



EAST BAY DINNERS

ALL PROGRAMS MEET: Berkeley Yacht Club on the Berkeley Marina for no-host cocktails/social hour at 6 pm, dinner at 7 pm, program at 8 pm, intermission at 9 pm, and after-hours group discussion 9:15 - 11:00 pm. DIRECTIONS: Take bus #81 service to Marina from Ashby BART. COST: Dinner and program is \$30, including tax and tip; \$10 for program only. RESERVATIONS: Tickets to the April and May programs may be purchased online at bit.ly/ebdtixapr19 and bit.ly/ebdtixmay19, respectively. For tickets to the March program (or for folks who prefer checks), you can send a check, made out to "Sierra Club, S.F. Bay Chapter," with your name, telephone number, and the names of your guests, to: Jane Barrett, 170 Vicente Road, Berkeley, CA 94705. With questions, call 510-845-8055. Attendance is limited to 115. Reserve early; programs fill up.



Thu, Mar 28 – Camino de Santiago: Beautiful Northern Routes

For hundreds of years, long before modern transportation was available, those making a pilgrimage to the Holy City of Santiago de Compostela started their weeks- or months-long hiking journeys from their homes. While the most well-known pilgrimage trail

across northern Spain is the Francés, there are dozens of routes that are part of the Camino de Santiago.

Come join Susan and Ralph Alcorn as they take us on a breathtaking photographic journey along two of the less traveled and more northern routes — the Norte and the Primitivo. Enjoy recent photography of beautiful cities, artistic communities, quiet fishing villages, fertile farmlands, and wild, open countryside. Marvel at the splendor of the Guggenheim Museum in Bilbao, explore the Altamira caves with their Paleolithic paintings in Cantabria, watch the making of hard apple cider in Asturias, and walk atop ancient Roman walls encircling Lugo.

Susan, a retired teacher, is the author several hiking books, including *Healing Miles: Gifts from the Caminos Norte and Primitivo*. Ralph, a retired computer consultant, was raised in Yellowstone. Ralph and Susan met on a Sierra Club car camping trip headed for Baja California for whale watching. They make their home in Oakland and are Life Members of the Sierra Club.

Reservation deadline is March 21.

Thu, Apr 25 – “Laudato Si: On Care for Our Common Home”

Who are we? Why are we here? Mother Earth is in such a tailspin that regardless of our individual beliefs, it is clear that we are being called to come together to find solutions.

Enter Pope Francis. In 2015, he published the radical encyclical *Laudato Si: On Care for our Common Home*. In it, he explores the roots of our problems, and paints a beautiful picture of what our world can become, once we implement the bold cultural revolution he calls for. Pope Francis calls on all peoples, from all faiths and backgrounds, to come together and co-create the necessary solutions.

Join us for an evening of sharing and exploring a common vision and action plan to heal and save life on Earth. Speakers and facilitators include: Matthew Fox, Order of the Sacred Earth; Prof. Guy McPherson, University of Arizona; Dr. Sailesh Rao, Vegan World 2026; Melissa Koch, artful activist, representing non-human species; Jamen Shively, radical collective intelligence, arcology and geo-shading. We begin with a one-hour presentation of the *Laudato Si* and various radical solutions led by Matthew Fox. After a brief intermission, all are invited to stay for a two-hour discussion.

Reservation deadline is April 18.



PHOTO CREDIT: Left - Tambopata River in the Peruvian Amazon by Joseph King via flickr.com/kingjn. Right - Chris Feliciano Arnold book cover and author photo.

Thu, May 23 – Amazonia: A Story of Evolution

The study of evolution of the Amazon basin is fascinating and very complex, due to major geological and climatic changes over the course of millions of years. On the cutting edge of this study is Professor Lúcia Lohmann of the University of São Paulo, currently a visiting professor at UC Berkeley.

Come join us as Lúcia leads us on a journey through time, spanning 30 million years of species evolution. Climb aboard and let Lúcia guide you upriver to explore breathtaking scenery, flora and fauna. Afterward, all are invited to stay for an after-hours discussion on her mission to save the Amazon.

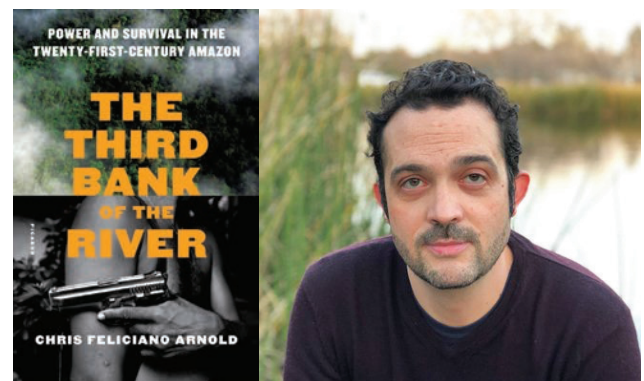
Lúcia G. Lohmann was born and raised in São Paulo. She earned her Master's and Doctorate degrees in Ecology and Evolution from the University of Missouri-St. Louis. Lucia uses the information derived from her studies to establish conservation plans for South America.

Reservation deadline is May 16.



SAN FRANCISCO DINNERS

ALL PROGRAMS MEET: *Grace Lutheran Church, 3201 Ulloa St. at 33rd Ave. for social hour at 6 pm, dinner at 7 pm (includes coffee and dessert), program at 8 pm.* RESERVATIONS: *Send a check for \$24 made out to “Sierra Club, S.F. Bay Chapter,” to Gerry Souza at 1801 California St., #405, San Francisco, CA 94109. Please indicate the program date, number of guests, vegetarian meals requested, and your phone number. Non-members welcome. It is most convenient for us to receive your check four days before the scheduled dinner.* BRING: *Wine or soft drinks. Glasses and ice available.* LEADER: *For questions, contact Gerry between 4 and 9 pm at (415)474-4440 or gsouzis@hotmail.com.*



Thu, Mar 21 – “Power and Survival in 21st Century Amazon”

Join our monthly dinner and photo presentation, this month providing a sweeping overview of the chaos and conflict in the contemporary Amazon rain forest as activists, locals, and indigenous tribes struggle to save it from the threat of loggers, drug lords, and corrupt cops and politicians.

Chris Feliciano Arnold traveled the Amazon over a period of ten years, following doctors, detectives, environmentalists and indig-

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CALENDAR OF EVENTS

SF DINNERS CONTINUED FROM PREVIOUS PAGE

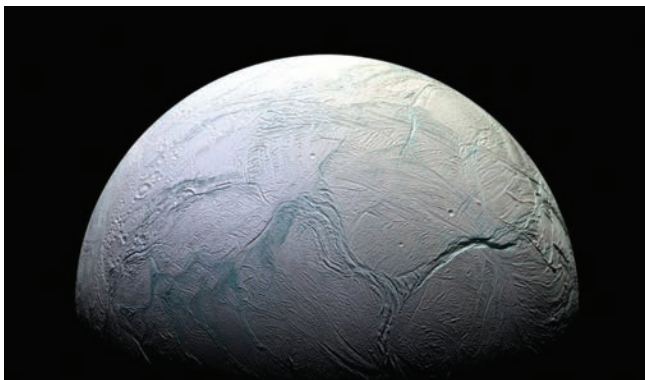
enous leaders as he traced the history of the world's largest river from the arrival of the first Spanish flotilla to the drones that are now mapping unexplored parts of the forest. The author will present a sweeping overview of the chaos and conflict in the contemporary Amazon rain forest as activists, locals, and indigenous tribes struggle to save it from the threat of loggers, drug lords, and corrupt cops and politicians.

Chris Feliciano Arnold has written essays and journalism for *The New York Times*, *The Washington Post*, *The Atlantic*, *Harper's*, *Foreign Policy*, *Outside*, *Vice News*, *Folha de S. Paulo* and more. The recipient of a 2014 creative writing fellowship from the National Endowment for the Arts, he resides in northern California and teaches writing at University of San Francisco and Ashland University.

Thu, Apr 25 – “Top Tourist Sights of the Solar System”

Join us for an illustrated talk by astronomer Andrew Fraknoi. Using spectacular images from space probes and the world's largest telescopes, we will explore the most intriguing future “tourist destinations” among the planets and moons in our cosmic neighborhood. Our stops will include the 4,000-mile lava channel on Venus, the towering Mount Olympus volcano on Mars (three times the height of Mount Everest), the awesome Verona Cliffs on the moon Miranda (which are the tallest “lover’s leap” in the solar system), and the recently discovered salt-water steam geysers on Saturn’s intriguing moon Enceladus (nicknamed “Cold Faithful.”)

Andrew Fraknoi recently retired as the Chair of the Astronomy Department at Foothill College, and now teaches at the University of San Francisco and San Francisco State. He served as the Executive Director of the Astronomical Society of the Pacific for 14 years. Fraknoi appears regularly on local and national radio, explaining astronomical developments in everyday language, and was the California Professor of the Year in 2007. He also writes science fiction. The International Astronomical Union has named Asteroid 4859 'Asteroid Fraknoi' to honor his contributions to the public understanding of science.



Thu, May 16 – The Portuguese Coastal Way to Santiago de Compostela

The remains of St. James the Apostle are buried at the Cathedral of Santiago de Compostela. This is the destination of Catholic

pilgrims for over 1,300 years. The movie “The Way,” starring Martin Sheen, popularized the French Way, but there are many different “caminos” (or walks) to Santiago. Join Seiji Kawamura as he treks 180 miles from Porto along the Portuguese Coastal Way to Santiago. The route took Seiji by sandy beaches, great seafood cuisine, and many cobblestoned villages. Prior to the pilgrimage, Seiji trekked from the southern city of Faro along the rugged Algarve Coast and inland through the rolling hills of cork tree forests to Lisbon.

Seiji Kawamura is a retired high-school physics teacher. He has trekked extensively in Europe, Asia, South America, and Africa. For the last ten years he has done volunteer trail maintenance on the Pacific Crest Trail. Meiji has entertained us many times and is known for his wit, food-along-the-way shots, and fine scenery pictures.



MT. DIABLO GROUP

MEET: 7 pm at Ygnacio Valley Library, 2661 Oak Grove Rd., Walnut Creek. Programs are free and open to all and no reservations are necessary. LEADER: Ken Lavin, (925)852-8778 or ken_lavin@hotmail.com.

Wed, Mar 13 – Mount Diablo wildflowers

Spring is just around the corner and wildflowers are beginning to bloom. Join us at our next meeting as we welcome the season. Steve Smith, president of the Mount Diablo Interpretive Association (MDIA), will present a program spotlighting the myriad flowers that cover hill and dale in Mount Diablo State Park. Steve will also describe the many resources available through MDIA to aid in the identification and appreciation of Mount Diablo's flora and fauna.





Wed, May 8 – Saving Mount Diablo

Come to our May meeting and enjoy a presentation by Ted Clement, Executive Director of Save Mount Diablo (SMD).

SMD has been preserving lands on and around Mount Diablo and educating the public to the mountain's natural values since 1971. Ted will describe the group's fascinating history, from its founding by botanist Mary Bowerman and the Sierra Club's Art Bonwell to the present time. He'll show us the lands acquired by the organization, and the mountain flora and fauna that flourishes today thanks to SMD's efforts.

OUTDOOR ED. COURSES

WILDERNESS FIRST AID

Sat, May 18, 8 am - 5 pm and Sun, May 19, 9 am - 5pm
Bay Chapter office, 2530 San Pablo Ave, Suite I, Berkeley

Two options: Take the two-day class for WFA certification (\$80 for members/\$100 for non-members); or the one-day class for Basic WFA certification (\$50/\$60). These are practical courses that prepare you to recognize and avoid wilderness hazards, and do first aid outdoors with whatever equipment you have or can improvise. The two-day class adds many more hands-on skills and role-playing scenarios to help you put your skills together.

Textbook by Steve Donelan, available on Amazon: *Wilderness Emergency Care, Third Edition Revised* (which has everything) or *Wilderness First Aid* (which has just what's taught in WFA). You can use the old edition of Steve's WEC book if you have it.

REGISTRATION:

Current chapter outings leaders should call (510)848-0800 or email fristaid@sfbaysc.org. Then mail a \$50 deposit check to the chapter office, which will be returned in class. The chapter pays for both days. All others should email Steve Donelan (donelan@sonic.net) and pay him in class (cash or check).

Steve's website is: www.wildernessemergencycare.com.

APRIL IS EARTH MONTH

Sierra Club volunteers will be at Earth Day events throughout the San Francisco Bay Chapter area this year as usual. As of the Yodeler publication deadline, we have joined events in Fremont, Pittsburg, Martinez, and San Francisco. At each of these events, we will have a booth where we will share information about the Club and living in sustainable ways.

One great Earth Day event is Golden Gate Electric Vehicle Association's **Drive Electric Earth Day** on Sunday, April 28th. Come out and test drive an electric vehicle from 10 am to 2:30 pm at the City College of San Francisco parking lot, 55 Frida Kahlo Way. Dealerships will provide EVs for you to test, but this is not a sales event — it's a way to learn about EVs in a friendly, neighborhood atmosphere. Current EV owners will also bring their own cars to show, and they can answer your questions about their driving experience.

As we sign up for more events, they will be posted on the chapter website calendar: sierraclub.org/sfbay/events.

If you would like to volunteer at an Earth Day activity or help organize our participation in one, please contact Outreach Committee Chair Joanne Drabek at joanne1892@gmail.com or (510)318-4614.

BEGINNER'S BACKPACKING

Application deadline: Friday, March 8 (apply ASAP!)

Indoor seminar: Saturday, March 23

Field trip: April 20-21, May 4-5, 11-12, or 18-19 (pick one)

Learn how to travel safely and comfortably with only a pack on your back during the annual Beginner's Backpack course run by the Backpack Section. We are offering this opportunity for folks who have little or no experience in backpacking but who want to explore backcountry trails and get away from the crowds. The course consists of:

- A full-day (9 am to 5 pm) indoor session at the Nature-bridge Conference Center on Saturday, March 23, including short lectures, discussions, and an equipment show.
- One overnight backpack trip in the greater San Francisco Bay Area on a weekend in April/May (see dates above). You'll go out in small groups led by experienced instructors. You will have the opportunity to try out your gear, learn how to set up a tent and operate a backpack stove, practice basic navigation, and experience what it feels to hike with a heavy pack on your back.

Participants should be in good physical shape and have no serious health conditions. A good background in day hiking is necessary. Families with children ages 12 and older are welcome.

Cost is \$110 per adult or \$55 for ages 12-22. Download the application at sierraclub.org/sfbay/backpacking.

Questions about the class? Contact Thomas Meissner at meissner.thomas@sbcglobal.net or (707)795-7980 (only if you can't email).



#SierraSnapshots | The first in our series of educational programs for kids took place at our Berkeley office on Valentine's Day. Kids ages 0-6 and their caregivers are invited to join us for storytime and hands-on environmental activities the second and fourth Thursdays of each month this spring, 10:30 to 11:15 AM. Visit bit.ly/sierrakids for details. For a chance to see your snapshot to be featured in the next issue of the Yodeler, share pictures on Twitter, Instagram, or Facebook with hashtag #SierraSnapshots, or email photos to yodedit@sfbaysc.org.

FOLLOW US ON SOCIAL MEDIA!

Facebook.com/SierraClubSFBayChapter

Twitter @SFBaySierraClub

Instagram @SierraClub_SFBay

SIERRACLUB.ORG/SFBAY

Our website is home to helpful information and resources including:

- The Yodeler blog, updated regularly
- Our full events and activities calendar
- Group information and leadership roster

ANNOUNCEMENTS

- Last chance to sign up for our Beginner's Backpacking course this spring (page 23)
- Save the date: our 2019 David Brower Dinner fundraiser will be held September 21 at the Delancey Street Town Hall (page 3)
- Tree-planting season continues! Join our volunteers and get your hands dirty (see calendar, pages 15-19)

EMAIL

Visit sierraclub.org/sfbay/email to sign up for Bay Chapter emails, including monthly bulletins and action alerts.