



SIERRA CLUB OUTINGS

Alaska Backpack Participant Approval Form

Please complete this questionnaire and return it to your trip leader within 30 days.

Be as detailed and candid as possible with your answers. Each participant, regardless of age, must fill out a separate form.

Use another sheet of paper if additional space is needed.

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Home: (_____) **Work:** (_____)

E-mail address: _____ **Date of Birth:** _____

- Have you been on a Sierra Club National Outings trip before? Yes No If yes, please list the most recent trip(s) including trip types, dates, trip names, locations, and leaders.

- What personal trips with related experience have you taken? Include dates, locations, and distances.

- What is the longest amount of time you have camped out?

- Have you ever camped for more than a day or two in the rain? Yes No If yes, please describe your experience:

- Detail your regular physical activities and exercise program. What physical conditioning will you do to prepare yourself for this trip?

- Describe your general physical condition:

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- Have you been to Alaska before? Yes No If yes, please describe your experience.

 - Do you expect to travel in Alaska either before or after this trip? Yes No If yes, where?

 - Do you have any dietary restrictions (vegetarian, vegan, wheat free, etc.)? Are you an especially big eater?

 - Are you willing to share a tent with another trip member? Yes No

 - Do you have any outdoor interests, hobbies, or specialties (birds, archaeology, geology, etc.)? Would you be willing to share them with the group?

 - Why are you interested in this trip?

 - Describe your equipment (brand/model/condition):
 - Sleeping Bag –

 - Backpack –

 - Tent –

 - Boots –
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