



# SIERRA CLUB OUTINGS

# International Participant Approval Form

Please complete this questionnaire and return it to your trip leader within 30 days.

*Be as detailed and candid as possible with your answers. Each participant, regardless of age, must fill out a separate form.*

Use another sheet of paper if additional space is needed.

**Name (as it appears on your passport):** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Home:** ( \_\_\_\_\_ ) **Work:** ( \_\_\_\_\_ )

**E-mail address:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Passport #:** \_\_\_\_\_ **Exp. Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_ **Country of Citizenship:** \_\_\_\_\_  
Month Day Year

- Have you been on a Sierra Club National Outings trip before?  Yes  No If yes, please list the most recent trip(s) including trip types, dates, trip names, locations, and leaders.
  
- Describe your international travel experience:
  
  
  
  
  
- Do you speak any foreign languages?
  
  
  
  
  
- Describe your past hiking and outdoor experience. Include dates, locations, distances, and elevation.
  
  
  
  
  
- What is the longest amount of time you have camped out? (If applicable)

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- Detail your regular physical activities and exercise program.
  
  - What physical conditioning will you do to prepare yourself for this trip?
  
  - Describe your general physical condition:
  
  - Do you have any dietary restrictions (vegetarian, vegan, wheat free, etc.)? Are you an especially big eater?
  
  - What is your occupation?
  
  - Do you have any outdoor interests, hobbies, or specialties (birds, archaeology, geology, etc.)? Would you be willing to share them with the group?
  
  - Why are you interested in this trip?
  
  - What activities are you mainly interested in with relation to this trip?  
 Climbing    Photography    Botany    Birding    Culture    Scenery    Other: \_\_\_\_\_
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