



SIERRA CLUB
OUTINGS

Lodge
Participant Approval
Form

Please complete this questionnaire and return it to your trip leader within 30 days.

Be as detailed and candid as possible with your answers. Each participant, regardless of age, must fill out a separate form.

Use another sheet of paper if additional space is needed.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home: (_____) _____ Work: (_____) _____

E-mail address: _____ Date of Birth: _____

- Have you been on a Sierra Club National Outings trip before? Yes No If yes, please list the most recent trip(s) including trip types, dates, trip names, locations, and leaders.

- What personal trips with related experience have you taken? Include dates, locations, and distances.

- Describe your high altitude experience (above 7000’):

- Detail your regular physical activities and exercise program. What physical conditioning will you do to prepare yourself for this trip?

- Describe your general physical condition:

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- Do you have any dietary restrictions (vegetarian, vegan, wheat free, etc.)? Are you an especially big eater?

 - Do you have any outdoor interests, hobbies, or specialties (birds, archaeology, geology, etc.)? Would you be willing to share them with the group?

 - Why are you interested in this trip? How would you like to spend your time while on this Outing?

 - What are your tentative plans for getting to the lodge? Are you able to help out a fellow trip member with transportation/carpooling?
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