

Arlette Laan: *Hiking the 11 National Scenic Trails*

November 8, 2022

Ron Robinson Theatre in Little Rock, AR

Doors: 6 pm — Presentation: 7 pm

Arlette Laan is the first woman to have completed all 11 National Scenic trails — totaling over 18,000 miles . Her talk will include brief descriptions of the trails she's hiked, her observations on the changes in long distance hiking over time, and tips on perseverance. In addition to hiking and backpacking, Arlette enjoys photography and doll making. Her dolls can be found on her Instagram page, which is linked on her website: <http://arlettelaan.com/>.



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