



ENJOY!

**UPCOMING
--Meetings and Events--**

**Rappahannock Greenways Forum:
On the Right Path.....** by Scott Howson

Sat., December 2, 1:30 PM
FILM: "An Inconvenient Truth"
Learn the causes of global warming from former VP Al Gore. Special showing sponsored by RSG! Salem Church Library, 2607 Salem Church Rd in Spotsylvania. Free!

Thurs, December 14, 7-9 PM
HOLIDAY PARTY
We shared the work, now come share the cheer! Yummy holiday treats and delicious entertainment by popular area folksinger and guitarist Bob Gramann. We'll have a holiday basket raffle; last chance to get your 2007 SC calendars! **Admission Charge:** Bring an item for the Fredericksburg Food Pantry! A jolly good time for all. Invite a friend to come along! C-U there!

Thurs, January 11, 7-9 PM
**Cooling the Commonwealth:
Energy and Climate Change**
Did you know that VA ranks 50th in spending on energy efficiency and conservation programs? The Virginia Conservation Network (VCN) is a 115-member group organization, including RSG and the SC VA Chapter, devoted to advancing a common, environmentally sound vision for Virginia. VCN's 2007 priority is a "Call to Action on Climate Change." During the upcoming legislative session, members will lobby legislators to make changes in how Virginia manages its energy usage. Nathan Lott, VCN Executive Director, will present our program addressing the issue and show how RSG members can provide input to these policies. Petitions will be available to attendees who want to take part in our "Join Us In a Call for Action on Climate Change" petition drive.

The past few months have seen great progress in RSG's Greenways Initiative, adopted as a major project by the ExCom last year. The goal of Greenways is to promote the development of a regional network of bike and pedestrian paths to connect residential areas with shopping, commuter stations/lots, schools and recreational areas.

We realized that to do this, we needed to work closely with regional governments, VDOT, and bike and walking clubs to identify where paths would do the most good, what funding is available, and how to guide the project through the various governmental approval processes to bring it from vision to reality. RSG representatives have met with a wide range of groups to discuss what projects are currently being considered, what design problems need to be tackled, and how to connect the several path segments already being planned to create a truly regional network.

A major step forward occurred at a Sierra Club-sponsored public forum held on October 19, where Transportation Director for the George Washington Regional Commission Lloyd Robinson announced their intention to develop the regional bike-pedestrian plan. The GWRC is composed of elected officials from Fredericksburg, Spotsylvania, Stafford, King George and Caroline counties. This plan ...see "Forum" on page 2



Friends of Dahlgren Railroad Heritage Trail met with eager RSG and UMW Ecology Club members on October 21 for their first "official" trail hike, 6-miles on one of the more beautiful sections of this 16-mile "rails-to-trails" project. Check out www.friendsDRHT.org for more information.

Photo by Hilary Lufkin



RSG ON THE WEB:

www.virginia.sierraclub.org/BFG

VIRGINIA CHAPTER:

www.virginia.sierraclub.org

SC NATIONAL:

www.sierraclub.org

RGSC LEADERSHIP

CONTACT LIST

(*) Denotes Voting ExCom Members

SCOTT HOWSON*, CHAIR/PUBLICITY
540-373-4704 showson@infionline.net

JIM LYNCH*, TREASURER/CHAPTER
DELEGATE 540-775-7002
jplynch@crosslink.net

LARRY*AND KRISTI GROSS, OUTINGS
540-786-6843, lgross@pobox.com or
kristigross@pobox.com

LINDA HIROSS*, SECY/FUNDRAISING
540-972-9640, lbrooks46@yahoo.com

DORIS WHITFIELD, MEMBERSHIP
540-775-7856, dalw@crosslink.net

HELEN SANDERS*, CONSERVATION
540-371-6982, s.sanders2@att.net

DONNA PIENKOWSKI, EDUCATION
CHAIR, Pienkowski1@aol.com

JAN TYNDALL, HOSPITALITY
804-224-0726, Tyndalljanis@aol.com
Alternate Contact: Joan Hulse, 540-
972-0070, jchulse@verizon.net

SANDY HOWSON, POLITICAL
540-373-4704 showson@infionline.net

BILL HULSE: ADOPT-A-HIGHWAY
540-972-0070
hulsejw1@verizon.net

ANNE LITTLE: PROGRAMS
SEAN BRENNAN: WEBMASTER
NEWSLETTER EDITOR: AVAILABLE

Volunteers Needed in All Areas!

NOTES FROM THE CHAIR

by Scott Howson

It's hard to believe the holidays are upon us again, and 2007 right around the corner. This has been a very good year for the Rappahannock Group. We've worked hard to become better organized, and conducted an extensive member survey to give you the chance to tell us what you're most interested in. We've made great progress on the Greenways Initiative, improved our outings and activities offerings, and enjoyed a number of entertaining and informational programs at our monthly member meetings. And all of this is thanks to the hard work and dedication of our many volunteers who keep the Rappahannock Group moving forward.

Next year promises to be even more exciting. We've scheduled a number of programs on energy conservation and alternatives, and our wonderful animal friends and their habitats. We've already started working on Earth Day 2007, with some innovative ideas to celebrate our home planet. And we're looking forward to working more closely with our regional and statewide partners on a whole host of issues, from mercury emissions and transportation planning, to park restoration and open-space conservation.

We're working hard to promote, protect and enjoy our natural environment, and to be the organization you want us to be. I've been very proud to have been Chair of RSG this past year, and look forward to working with all of you in the future. Here's hoping you'll all be able to join us to celebrate Happy Holidays on December 14!

Forum, *continued from pg 1*

will form the foundation for the creation of the Greenways network. SC representatives will be working side-by-side with GWRC staff to put the plan together over the next six months.

Also at the October Forum was VDOT statewide bike-ped coordinator David Patton, who expressed an interest in helping fund the program; former VA Delegate and DCR Director David Brickley, who is working to develop trails from Maine to Florida and who will help us coordinate our planning with a larger, national system; and Fredericksburg Pathways Partners founder George Solley, who is interested in integrating Fredericksburg trails into a regional system.

It is exciting to see this dream move toward reality. We'll keep you posted on important developments as this initiative evolves.

If you are interested in helping **RIGHT NOW**, go to the Virginia DCR (Department of Conservation and Recreation) web page located at <http://www.dcr.virginia.gov/prr/vop.htm> and make your own positive statement in support of the bike-ped trails in their VA Outdoor Plan. Getting involved, in ways both big and small, is the single most important thing you can do.

MEMBER ADDRESS CHANGES: Send old and new addresses and a Sierra Club label to Sierra Club Member Services, PO Box 52968, Boulder, CO 80328-2968; phone 415-977-5653; or e-mail to address.changes@sierraclub.org. For non-member subscription inquiries and address changes, call toll-free 1-800-765-7904, or write to Sierra, PO Box 52968, Boulder, CO 80328.

MEMBERSHIP SERVICES: Members who wish to change their local SC group assignment to another local group must contact SC National Membership Services at 415-977-5653, or e-mail your request to membership.services@sierraclub.org.

Partnering with Friends from Mary Washington

by Doris Whitfield

Since 1999, RSG has had the privilege of sponsoring 9 University of Mary Washington internships. Some interns request a position requiring 1-3 semester hours; others, like our fall intern, Emily Bowman, volunteer for the environmental experience gained from working with the Sierra Club. Our interns have a variety of majors, each choosing projects that fit their individual interests as well as our Group's priorities, whether that be conservation, environmental education, political involvement, member outreach, or a combination. They also become a valued member of our group.

Emily, who will graduate next spring with a BA in geography, took on our Membership Survey project; she has analyzed the responses and will soon present the results to the ExCom and Membership Committee for follow-up. Her other priority is coordinating group Ecology Club activities.

When you read Emily's letter below, and the related Ecology Club article on page 5, you can appreciate how RSG continues to benefit from this unique, shared learning experience with our Mary Washington interns.

An Open Letter from RSG's UMW Fall Intern

Dear Fellow Members:

"Approaching graduation, college seniors are faced with a scenario they have never imagined before; for most of them, they have no idea what comes next. For once in our lives, our attention and purpose is not centered on books, grades and writing papers. We no longer have adults laying out clear instructions for our next assignment; we are now the adults and *WE* have to create our own direction. To help ease us into this transition of impending doom, a glorious concept has been created: the "Internship." Unpaid and ingenious, we are offered snapshots of what the "real world" is like and what our future bosses will expect of us.

Like many of my colleagues, at the start of my senior year I was filled with mixed emotions and ideas about graduation. As every guidance counselor

...See Intern Program, page 4

CONSERVATION

My Three Weeks as a Butterfly "Mom"

by Jan Tyndall

On July 16, at a little country airport in Warwick, NY, my mother noticed a Monarch butterfly laying her eggs on a milkweed plant. My sister and I each took home a few leaves, me to Virginia and she to Maine. When I got home, the first thing I had to do was find milkweed plants, since the eggs had now turned into caterpillars and they were HUNGRY! The only food a Monarch caterpillar will eat is milkweed.

So, as you might guess, I walked around my neighborhood for two hours and couldn't find a single stalk of milkweed! That evening, I drove extra slowly to my yoga class, looking at the roadsides the entire time—I even pulled off a few times and looked around—but no milkweed. The next morning I called a woman who owns an herb shop, and asked if she sold milkweed plants. "No, I don't sell them," she laughed, "but I have some in my garden I was about to pull up and get rid of..." I got in my car right then and drove 70 miles round trip to get the milkweed, put it in water, and was horrified to see how quickly it wilted. No mind, the caterpillars were happily munching away. The next day, while out walking and NOT looking for milkweed, I found about a dozen large plants, which kept me in milkweed for the entire 2 weeks the caterpillars would need it.



"Momma" Jan's newborn Monarch spreads its wings to dry.

Photo: Jan Tyndall

I kept my little "offspring" in a box with a screen over the top, secured with duct tape following clever escape attempts, and two weeks later was the proud expectant "mom" of five fat emerald green chrysalises with golden dots on them. Two I gave to enthusiastic children, and I checked on the remaining three every day, since the adults can emerge in anywhere from 5-15 days. On day 7, two of the chrysalises turned black, and I could actually see the orange butterfly wings inside. The next morning, exactly 3 weeks from when the eggs were laid, the adults emerged. After a few hours of intermittent wing pumping as their wings dried, I watched the first one take its first flight—straight into my garden to a big pink zinnia. Soon after, the second one headed for the trees. A third chrysalis opened a few days later, to less fanfare but no less awe from me.

What a wonderful experience this was: to watch the whole creative cycle of a little white speck on a leaf become a beautiful Monarch butterfly, and inside that speck, the knowledge of how to get to Mexico!

The Virginia Conservation Network (VCN) Legislative Workshop will be held on Sat., **DECEMBER 2** from 9 am to 1 pm in the General Assembly Bldg, House Room C, Richmond. Agenda: Briefs on conservation issues and bills for 2007; General Assembly Session, featuring conservative community's legislative priorities.

Contact VCN: vcn@vcnva.org or
Call 804-644-0283

Car Pool: Call Doris Whitfield 540-775-7856

**SAVE THE DATE: VCN LOBBY DAY
JANUARY 15, 2007**

Intern Program *continued from pg. 3*

would recommend, I began looking into internships. Imagine my delight on finding among a sea of glorified copy boys, coffee-getters and receptionists, one that jumped out at me with the promise of helping our environment as well as sculpting valuable skills. In my time with the Sierra Club, I have accomplished all of these things. I have learned about a variety of environmental issues, and more than that, about the processes and people involved. I have witnessed the power of community concern and legislative action through the Greenways project. From meeting the "Friends" of the Dahlgren Heritage Trail, I have been introduced to a natural beauty I had no idea existed in this area. Also, through tabling and scrutinizing membership surveys, I am overwhelmed with the concern and zeal of this community to protect the world around them.

The signature of a remarkable experience is not only how much you enjoy it in the moment, but the mark it leaves on you for years to come. I do not consider myself an "Intern" anymore; I feel as if I have become the newest member of a family. The wide variety of people I have met who are forces of nature in and of themselves, have left deep impressions on me of what can be done with passion and persistence. I have gained a renewed sense of the remarkable accomplishments communities can achieve. Throughout my life, I will now carry with me a desire to be involved, and by working with RSG, I know my efforts will never go in vain.

And for this, I thank you all."

EMILY BOWMAN

EDUCATION

Prescription for Pollution?

by Linda Hiross



Have you ever asked yourself "Just how should I be disposing of my old prescription and OTC drugs?" With no good answer readily available, most of us either flush them down the toilet or dump them in the garbage.

As you may have guessed, neither of these methods of disposal is safe or advisable if humans are to avoid contaminating their own water supply. Pharmaceuticals dumped in the toilet make their way through the sewer to the water treatment plant, which is not equipped to filter out dissolved chemicals. Those dumped at the landfill put scavenging wildlife at risk, as well as pollute our streams, rivers and resident marine life when carried from the dumpsite by stormwater run-off. Clearly, the public remains undereducated on just what to do with unused/outdated medicine, and government and/or health organizations have been slow to address the issue. An EPA press release in February reported that a study done four years ago by the US Geological Survey found that 80% of 139 streams sampled across 30 states had detectable levels of chemicals found in prescription drugs. Those listed as capable of doing the most harm were drugs classified as hormones (estrogens, etc.), cardiac drugs, antibiotics, antidepressants, narcotics and any compound classified as a controlled substance.

As a first stab at tackling the problem, the Department of Environmental Protection in the state of Maine hosted the nation's first ever "take-back" drug program in South Portland last year. Working together with the New England Recycling Council, the EPA, local CVS Pharmacies and the South Portland Police Department, they collected 50 gallons of medications, including 1300 classified as controlled substances. The collected drugs were then transported for incineration.

Although the best way to dispose of unused drugs is to incinerate them, this is not something you want to try at home. As it stands now, most pharmacies have no "take-back" program, and those that do don't publicize it. (The Giant Supermarket in Fredericksburg and Wilderness Pharmacy in Locust Grove do accept unused meds, as long as they are not controlled substances.) Because all drugs are environmental pollutants and classified as hazardous waste, our only solution locally at this time would be to treat them as such, and dispose of them according to your community hazardous waste guidelines.

A better solution would be to start your own community take-back program. A call to your area law enforcement drug task force, establishment of a safe and regularly accessible drop off site, enlisting the support of a local drugstore or chain, and some good publicity could be all that is needed to keep harmful drugs from polluting our water resources. After all, how much of everyone else's medication do we really want to drink?

Ref: acfnewsource.org

Programs *continued from pg 1*

Thursday, February 8, 7-9 pm
Virginia Bluebirds

RSG Program Chair Anne Little will present a slide show on Bluebirds in Virginia. Good bluebird stewardship is good environmental stewardship. The bluebird may well be the “canary” of global warming. Anne will talk about how the increase in summer heat is changing reproductive rates and habitat for native cavity nesters. Her new slide show has gorgeous photos of bluebirds and their young. If you plan on having a bluebird box in your yard, you need to attend this presentation.

Thursday, March 8, 7-9 pm
Movie: “Kilowatt Ours”

Follow filmmaker Jeff Barrie from the coal mines of West Virginia to the solar panel fields of Florida as he discovers solutions to America’s energy-related problems. Find out how Jeff and his wife, Heather, cut their energy bill in half and used a portion of their savings to buy green power. This program promises to be an energy-saving inspiration to all!

RSG Membership Meetings are held on the second Thursday of every month, except in July and August, at the United Methodist Church, 308 Hanover Street, in downtown Fredericksburg from 7-9 pm. Meetings are open to all members and the general public. For directions, please call our Hospitality Chair, or consult the UM Church website at www.fumcva.org.

RSG Executive Committee meets on the first Weds of the month from 6-8 pm at the administrative offices of FOR on Fall Hill Avenue in F’burg. All ExCom meetings are open to SC members, and their guests (with prior notice). Please check our website for any possible last minute cancellations, changes to the meeting schedules, or special forums and events.

To place advertisements or classifieds in this newsletter or to become a newsletter sponsor, please contact Linda Hiross at 540-972-9640.

UMW Ecology Club *continued*

wide event to herald our “Dorm Challenge”: a contest to see which residence hall can save the most energy in one month. At the end of February, we hope to submit our campus energy proposal to UMW administration.

As you can see, we are a very busy group of students, but we love every minute of it! Thank you, RSG, for your continued support. We are looking forward to next semester and our continued friendship with the Rappahannock Sierra Club.

WELCOME NEW MEMBERS!

by Jim Lynch



Following recent action of the SC Virginia Chapter, RSG has gained some new members from Westmoreland, Caroline and southwestern Culpeper counties, and the Town of Colonial Beach. These members were previously assigned to other groups in the Virginia Chapter. We would also like to welcome all new local members who have recently joined RSG.

The major reason for the change in SC group assignment is that the focus on environmental issues affecting the Rappahannock watershed is growing, and these members are residents of this key geographic area. For others, like those in Colonial Beach, it just makes sense they be assigned to the nearest SC group, which is in Fredericksburg.

The new group assignments affect about 50 area SC members; however, those who feel a strong attachment to their “old” group still have the option to remain in that group by contacting SC National Membership Services. (Please refer to instructions for doing this on the bottom of page 2).

For those new members who want to get to know us better, come to a meeting and check out our website for events and activities that are of interest to you. Welcome aboard!

UMW Ecology Club Goes Green: The Campus Climate Challenge

by Doreen Davis, UMW Ecology Club

It has been a busy, exciting semester for the Ecology Club at the University of Mary Washington! We have held many planning meetings and events promoting our newly-adopted agenda: The Campus Climate Challenge, an initiative that many universities are adopting to convert their schools to the use of green energy and ultimately become “net zero” carbon-burning campuses.

In September, we had our fall kick-off meeting for the Ecology Club with over 60 students in attendance. We organized ourselves into groups to work on the various aspects of The Challenge: Policy, Events and Education, and Outreach, lead by Hilary Lufkin, Mike Ford and Doreen Davis, respectively. In October, our Events and Education Committee organized a “Clear Car” show for the UMW community. We displayed three hybrid cars, distributed literature on global warming, listened to student bands, and hosted a cookout, all on Ball Circle. (Thanks for the veggie and dessert trays, Sierra Club!)

As a group, we also volunteered at FOR Riverfest and River Clean-up, the Hobgoblin Hike, Caledon’s Halloween Program, and attended the Green Festival in DC. Just a few weeks ago, Club members attended a conference at William and Mary College to become further educated on how to organize a coalition to promote renewable energy use on campus.

We are very excited about the upcoming spring semester, when we hope to have a “Green Week” the end of January to kick-off the next step towards our green energy goal. The week will include fun events, professional forums and discussion groups to promote conservation clean energy use, educate students and staff on what they can do now to reduce their consumption of nonrenewable energy sources. The week will end with a campus-

....Continued in column at left



Explore, enjoy and protect the planet



Friend or Foe?

America's water, rivers and lakes are at risk from giant, corporate-owned factory farms which are fouling our water with pathogens and chemicals. The air around these farms is contaminated with suspended dust particles, which have been linked to asthma, bronchitis and other diseases. Our government wants to pass legislation which would allow factory farms to be free from health and environmental laws. Support Sierra Club's effort to keep our water clean and our air friendly. The hogs have gone wild, now its our turn.

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Contributing	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175
Life	<input type="checkbox"/> \$1000	<input type="checkbox"/> \$1250
Senior	<input type="checkbox"/> \$24	<input type="checkbox"/> \$32
Student/Limited Income	<input type="checkbox"/> \$24	<input type="checkbox"/> \$32

Contributions, gifts and dues to Sierra Club are not tax deductible; they support our effective, citizen-based advocacy and lobbying efforts. Your dues include \$7.50 for a subscription to Sierra magazine and \$1 for your Chapter newsletters.

Enclose a check and mail to Sierra Club, P.O. Box 52968, Boulder, CO 80322-2968 or visit our website www.sierraclub.org

F94Q W 1

TAKE A HIKE!



OK. How many of you have ever said, "I joined the Sierra Club to go on the Outings!" And you've been on exactly ahhh..... errrr.....how many? Opportunities for redemption abound...and they're free in your very own back yard; but you can't go unless you put them on your calendar!!!! I see here's a list to help you get started. Be sure to check our RSG website regularly for any new additions, cancellations, contact/sign-up info and other general information.

Friday, November 24 – Spotsylvania Battlefield 7-mile Hike, 10 AM

Learn why saving and restoring our Battlefields is important as you enjoy a natural environment of historical significance. Wear suitable clothing and shoes. Meet at Exhibit Shelter #13, off Brock Rd (Rt 613, east of Spotsy Courthouse). Reserve/Info: Jim Lynch 540-775-7002.

Saturday, December 9 – Circuit Hike in Shenandoah NP, 16-miles

Sponsored by MWROP (Metropolitan Washington Regional Outings Program). Check website for info: <http://www.mwrop.org/events.html>.

Saturday, January 13 – Hike/Climb Old Rag, SNP – All Day Hike

Learn about the geological history of this ancient mountain in Shenandoah National Park, and see what nature has to offer in winter. Reserve/more info: Larry Gross 540-786-6843 or e-mail lgross@pobox.com.

Saturday, February 10 – Fredericksburg Urban Hike, 10 miles

Learn to see and appreciate what urban nature has to offer in this quaint community on the Rappahannock River as we wander along canals, streets, parks and pathways. We'll do 5 miles in the AM, stop for lunch; then do 5 more in the PM. Come on, seniors! You can DO THIS! Contact: Jim Lynch 540-775-7002 or jplynch@crosslink.net.

OTHER EVENTS OF INTEREST:

(Not sponsored by Sierra Club)

Enjoy nature hikes with other environmental groups in our area!

December 2: Shenandoah Park Loop Hike, 9.4 miles. Sponsored by The PATC, So. Shenandoah Valley Chapter. Go to www.ssvc.org.

December 2: Climb Big Devil Stairs in Shenandoah National Park Sponsored by NVHC (Northern Virginia Hiking Club), 9-mile hike. For more info, go to: <http://members.aol.com/nvhc/>.

December 9: Hike Along Parts of the Appalachian Trail, SNP. Sponsored by the PATC, Charlottesville Chapter; 5.8 miles. Check it out at: www.patc.net/chapters/char/hikes.

December 16: Circuit Hike on the Appalachian Trail, 15 miles. Sponsored by NVHC. Explore the less visited northern portion of SNP. More info at website <http://members.aol.com/nvhc/>.

December 17: Harper's Ferry Appalachian Trail Hike, 12 miles. Take a circuit hike on portions of the AT. Sponsored by NVHC. More info: <http://members.aol.com/nvhc/>.

January 21: Hike the Chimney Hollow Trail in the George Washington National Forest, west of Staunton; 8 miles. Sponsored by the PATC, So. Shenandoah Valley Chapter. More info can be found at <http://www.ssvc.org/>.

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-----Fold Here-----

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Rappahannock Group of the Sierra Club

PO Box 7972

Fredericksburg, VA 22404

-----Fold Here-----

If you have a joint membership, please use both columns, one for each member voting. After marking your ballot, separate page from staple and fold so that RSG return address above is showing and ballot is inside; stamp, seal and mail. *Please do not remove the mailing label or you will invalidate your ballot!*

RSG EXCOM BALLOT
(See Candidate Statements pg. 8)

Please vote for no more than
FOUR candidates.

Single Membership

Joint Membership

DORIS WHITFIELD

LARRY GROSS

ANITA HUPP

SCOTT HOWSON

LINDA HIROSS

WRITE-IN

ELECTION

With our 2006 ExCom election now underway, we would like to thank those members whose terms have expired: Scott Howson, Larry Gross, Anita Hupp and Linda Hiross for their dedicated service to RSG.

We will be filling four seats on the ExCom this year, with new members serving from January, '07 through December '08. Please be sure to vote for **no more than four** candidates AND mail your ballots so we receive them no later than **December 31!**

CANDIDATE STATEMENTS**Larry Gross**

Larry has spent his entire adult life in the Fredericksburg area. He was active in the Rappahannock Defense Committee that successfully derailed the proposed Salem Church Dam, and was a founding member and past chair of Friends of the Rappahannock. An SC member since 2000, he has served as RSG ExCom Co-Chair, Outings Chair, Programs Chair, and provided excellent technical and content support for the RSG newsletter. Larry would like to see RSG continue to grow an important presence in the F'burg area, and to strive to better connect and serve the community in all local environmental issues. Politically independent, he believes good environmentalists come from all walks of life, and that a big tent approach is the right one for fostering positive changes. Larry and his wife Kristi are 30-year residents of Spotsylvania, and both are active in their community.

**Rappahannock Group
of the Sierra Club
PO Box 7972
Fredericksburg, VA 22402
Address Service Requested**

Linda Hiross

Linda has been a member of SC for six years, and RSG for five years. She has served as Treasurer and Hospitality Chair, and is currently an ExCom member, Secretary, Fundraising Chair and newsletter editor. She has taken an active role in designing and promoting a Volunteer Bank to get more of our members involved in the work of RSG locally. Her goals are to promote greater member participation in RSG initiatives, raise levels of awareness on environmental issues via freelance articles, and give RSG a more visible presence in the community. Linda is a resident of Locust Grove.

Doris Whitfield

Doris Lindsay Whitfield, an active RSG member since 1983, is currently our Membership Chair, and has served as RSG's Conservation Chair, Political Chair, and as Group Chair from 1999-2004. She has worked to increase Group visibility through membership and volunteer activities, and environmental education, while also working to "partner" with other conservation organizations and groups. She initiated and coordinates RSG's Mary Washington Intern Program. Doris remains actively involved in a number of local and state conservation organizations, with priorities of protecting and preserving open space and natural resources in our area. She grew up in Fredericksburg and now lives in King George County.

Scott Howson

Scott and his wife, Sandy, long-time Fredericksburg residents, have been very active in the Sierra Club and RSG for many years. Scott is seeking his second 2-year term on ExCom. For the past year he has served as Chair of RSG, Publicity Chair and Coordinator of our new Greenways Initiative. Scott plans to focus his primary efforts on the Greenways project by working closely with area county governments, transportation groups, businesses and recreational organizations. Scott is a former Vice Mayor of the City of Fredericksburg, as well as former Chair of both the regional transportation organization and Planning Commission.

Anita Hupp

Anita has been active in RSG and outdoor recreation for many years and is an avid kayaker. She has served in an administrative capacity as a member of ExCom for the past two years, and would like to continue to serve RSG in this capacity with a second, two-year term. Anita resides in Fredericksburg.

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**EXCOM BALLOT INSIDE!
MAIL BACK BY DEC. 20TH!**