



**Getting Kids Outside: A Strategy to Combat Childhood Obesity in New Mexico
Program and Agenda
Bosque School
August 5, 2010**

8:30-9:15am	Optional Bosque Hike with Kimi Scheerer, Education Coordinator for the Bosque Ecosystem Monitoring Program
9:00-10:00am	Registration and Coffee
10:00-10:10am	Welcome by Kristina Ortez, Sierra Club
10:10-10:25am	Introduction of the Problem – Suzanne Gagnon
10:25-10:45am	Plenary Speaker – U.S. Representative Martin Heinrich
10:45 – 11:00am	Break
11:00 – 12:15pm	Breakout Sessions

❖ **The Epidemiology of Childhood Obesity**

This panel will both provide an overview of the Healthier Weight Plan and the Healthier Weight Council, plus examine what is being done in several Native American communities that are responding with programs to promote activity and healthy, active lifestyles.

- Moderator: Suzanne Gagnon, Envision
- Confirmed Panelists:
 - Lyle Lee, Navajo Nation
 - Ventura Lovato, Santo Domingo Pueblo
 - Damon Lucero, NB3 Soccer Program
 - Erin Marshall, Healthier Weight Council

❖ **The challenges and successes of local organizations that work to connect children with nature**

Youth-focused and conservation organizations around the state will discuss the successes and challenges of connecting youth with nature.

- Moderator: Christy Tafoya, New Mexico State Parks
- Confirmed Panelists:
 - Carl Colonius, Rocky Mountain Youth Corps
 - Sky Gray, Santa Fe Mountain Center
 - Teresa Gray, Wind River Ranch

❖ **Developing a state plan for environmental education and outdoor recreation**

How can we work together to develop a state plan for getting kids outdoors and teaching them about the environment? What opportunities already exist on the state and federal level? How could these opportunities be expanded and institutionalized? We will discuss where the gaps are in EE and outdoor recreation for kids and ways in which we can increase opportunities in these regions. How can New Mexico position itself as a leader on the national stage?

- Moderator: Kristina Ortez, Sierra Club
- Confirmed Panelists:
 - Barbara Garrity, Environment Education Association of New Mexico
 - Dr. Jim Holloway, Public Education Department
 - Dave Simon, New Mexico State Parks
 - Garth Smelser, USDA Forest Service

12:15 – 12:45pm Lunch

12:45 – 1:15pm Keynote Speaker – Lt. Governor Diane Denish

1:15 – 1:30pm Break

1:30 – 2:45pm Afternoon Panel Sessions

❖ **Experiential Education in the Schools**

What are teachers and administrators doing to get kids outside? How do they teach the curriculum standards while stimulating their students with outdoor experiences? Join teachers and an administrator to hear creative examples for getting kids outside within the framework of both public and independent schools.

- Moderator: Nancy Woodward, Dragonfly Community School
- Confirmed Panelists:
 - Dr. Jacque Boyd, Moreno Valley High School
 - Bonnie Dodge, Belen Infinity High School

- Joe Pacal, Sunrise School
- Dr. Gerry Pitzl, Public Education Department

❖ **Hiking Rx**

This panel will discuss the successes and barriers of programs such as Outdoor Prescriptions. How can statewide and local programs improve or expand with new partners? How can we best integrate these programs with the pediatric community and in the schools?

- Moderator: Attila Bality, National Park Service
- Confirmed Panelists:
 - Dr. Julie Broyles
 - Dr. Richard Kozoll, Step Into Cuba
 - Charm Lindblad, New Mexico Takes on Diabetes
 - Dr. Duane Ross, Blue Cross Blue Shield of New Mexico

❖ **Moving Kids Naturally**

How do we design and build healthy communities to encourage active transportation? In this workshop, panelists will discuss how a built environment that encourages safe walking and biking, including to school, teaches kids about active transportation options.

- Moderator: Jennie McCary, Albuquerque Public Schools
- Panelists:
 - Jessica Frost, New Mexico Department of Transportation
 - Joanne McEntire, J. McEntire LLC
 - Naoma Staley, Las Cruces Metropolitan Planning Organization

2:45 – 3:00pm Break

3:00 – 4:30pm Reporting and Recommendations. Moderators from each session give reports from their session. This session will be led by Bernalillo County Commissioner, Maggie Hart Stebbins and Kristina Ortez, Sierra Club.