Alternatives to **TRASHING**

Refuse on't take; won't have to throw away!

Reduce

Use it up, wear it out, make do, or do without. Consume less; embrace 'enough'. Take the Six items or less challenge.

Repair



Reuse

- Freecycle
- Reuse wrapping paper
- Buy Nothing
 Facebook group
- Habitat for Humanity ReStore
- Clothing swap
- Swap meet



Learn more: knowbeforeyouthrow.org



Repurpose

Refashion clothing into something new (tshirt bags!) Use old items in new ways (clean with old toothbrushes)





Rot

40% of food produced in US is wasted

Feed the Green Bin Alpha Ridge dropoff Backyard composting





