

Sierra Club YODELER

THE NEWSPAPER OF THE SAN FRANCISCO BAY CHAPTER ♦ SUMMER 2024



- ♦ CELEBRATING 100 YEARS OF THE SF BAY CHAPTER ♦
- ♦ SAN FRANCISCO FIGHTS BACK AGAINST POLLUTING WAREHOUSES ♦
- ♦ TOXIC ASTRAZENECA SITE IS COSTLY TO PUBLIC HEALTH ♦
- ♦ ENVISIONING GOLDEN GATE FIELDS AS SHORELINE OPEN SPACE ♦

LETTER FROM THE CHAIR

Friends and supporters,

As we move into what may be the world's hottest summer on record, my heart is filled not with anxiety, but with a growing hope. Nature-based solutions to climate change are taking off within the work we do at the Sierra Club and around the state. I'm optimistic that this will tip the scales in Mother Nature's favor.

California and the Bay Area have unprecedented opportunities right now to protect and restore lands across the state. Of particular interest to the Bay Area is the growing support from Governor Newsom and state lawmakers to re-establish, restore, and re-wet coastal, Delta, and Bay wetlands with robust measurable acreage targets and solutions like re-establishing seagrass beds.

In California, only 10 percent of our seagrass beds remain healthy, providing habitat for species including salmon and crab, sequestering carbon, and mitigating the effects of storm surges and sea level rise. We have lost so much critical habitat, and we must turn that around.

The next phase of California's return to stewardship that started with the 30 x 30 campaign (read more on this on pages 6-7) continues this year. We're harnessing this energy just as our chapter on-boards our new Director Sarah Ranney and three new organizers with focuses on shorelines, clean transportation, and building electrification. Plus, we have a large new leadership cohort eager to get to work and expand the movement, joining our league of already accomplished leaders. It's an exciting moment for the SF Bay Chapter.

That said, I would like to announce that I am yielding this "Letter from the Chair" space in future *Yodelers* to our new Director. It's been an honor to open these newsletters, and I am excited to hear more from Sarah as she gets situated in her new role. But don't worry — I'll still be hard at work as Chapter Chair.

With 2024 marking the 100-year anniversary of our chapter, I am reflecting on our victories over the past century and envisioning how we can renew ourselves and embrace opportunities with joy. It was our Sierra Club activists who helped protect and conserve thousands of acres of public lands, wrote and passed the Wilderness Act, established the Environmental Protection Agency and the Clean Air Act, and built the largest and most significant environmental volunteer-led organization in the world. No action is too small. We are stronger together. We can stand on the shoulders of giants, and with our allies, we will seize the day with hope and purpose.

Respectfully,



Martha Kreeger
CHAPTER CHAIR



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"Hawk in Flight, #3" by Fran Segal, a long-time Sierra Club member and Berkeley/Oakland artist. This collage includes photographs of rock surfaces and handmade paper. Visit FranSegalArt.com to see more.



SUMMER 2024 CHAPTER NEWS

Power to the People.... And the Planet!

Most of our members know that one of the unique aspects of our Sierra Club is that each member actually has a voice — a vote — in who leads our club. And we are a powerful club with thousands of members across the country and alert and active Chapters and Groups.

We are empowered to choose who sits on our 15-member Board of Directors at the National Sierra Club level. I hope everyone took the time to check out the candidates for this year, and to vote for those who best represent your passions for the environment, justice, and democracy. You might even have contacted them to ask a few questions about their priorities (I did!).

To see our newly elected Board of Directors, look online at sierraclub.org/board-directors-election-2024.

These good people represent you, allocate your membership dollars and donations, convene member groups to develop national policies, hire the Executive Director, and make decisions that affect our own chapters and groups and how we operate. Take a little time this year to get to know something about your Board of Directors, and nourish them with your input. Let's thank them for their work, make sure they know we are paying attention, and participate as we are able in grassroots advocacy.

— Peggy da Silva, Chair, National Roundtable of Volunteer Leaders for Chapter Nominations and Elections

Montezuma Carbon Capture Project Poses Numerous Threats

A worrisome proposal for a carbon capture and sequestration project has been looming, but many environmental organizations are working together to

make sure it doesn't happen. The Montezuma CarbonHub Project would build pipelines for carbon dioxide from power plants and other sources in Antioch and Pittsburg, through Richmond, to be injected into the Montezuma Wetlands in Solano County.

Not only will this project cause environmental degradation from building pipelines in sensitive and critical wetlands, but it also puts communities at risk for the potential environmental justice impacts of pipeline leaks. Additionally, it entrenches fossil fuel infrastructure at a time when we need to transition to renewable energy.

Stay tuned — the SF Bay Chapter is planning a webinar on the evening of June 12 to present on the Montezuma Pipeline, its environmental justice impacts, and Sierra Club's carbon capture/carbon sequestration policy. For more information, email Jacob Klein at jacob.klein@sierraclub.org.

Keep Nature-Based Solutions & Justice at the Forefront of Sea Level Rise Planning

The Bay Conservation and Development Commission is working on a Regional Shoreline Adaptation Plan (RSAP) that will set the standard for local sea level rise planning in every city on the Bay shoreline. So far, the outline for the guidelines has been released, and we're expecting the draft guidelines to come out in June.

While there are many promising aspects, we'll still need your help to push for solutions based in nature that support disadvantaged communities and climate resilience. Join the campaign at addup.sierraclub.org/campaigns/sfbayalive to stay up-to-date!

Fall Yodeler Submissions Now Open

Did you know the *Yodeler* is made up entirely of content submitted by Sierra Club members like you? We are always seeking new contributors in the form of authors, photographers, illustrators — you name it. If you would like to see your photo on the cover or your article in these pages, please reach out to yodedit@sfbaysc.org. We'd love to see what you've been working on! Additionally, if you have any feedback or things you would like to see in the *Yodeler* in the future, don't be afraid to get in touch.

Introducing Our Chapter's New Director, Sarah Ranney



**SARAH RANNEY &
LIANA WARREN**

This April, the Sierra Club SF Bay Chapter welcomed Sarah Ranney as our new Chapter Director. Sarah is a long-time Chapter volunteer who has served on the Nominations and Elections Committees and has been the Chair of the Climate Literacy Committee since 2017. She has spearheaded the California Youth Climate Policy Leadership Program and worked with Sierra Club members, students, educators, and activists to pass Climate Literacy Resolutions in Oakland, Berkeley, Fremont, and even helped create a collaborative network of climate literacy supporters in the Bay Area. Her work and dedication are impressive, and our chapter is thrilled to have her as a part of the team. I sat down with her to learn more about what brought her to the Sierra Club and what she's excited about.

Liana: Hey Sarah! Can you tell me a bit about yourself and what originally inspired you to get involved at the SF Bay Chapter?

Sarah: How much time do you have? My interest in the environment and connection to the SF Bay Chapter go back decades. I was born in the late 70's, which means that climate change was introduced as scientific fact at around the same time I was born, and something I've been aware of since childhood.

Growing up in Tacoma, Washington, I remember being concerned about the environmental issues of the day. I wrote letters about chlorofluorocarbons depleting the ozone layer and helped my mom stuff envelopes for a campaign to clean up a superfund site on Commencement Bay. I also got to spend time in the wilderness of the Pacific Northwest, spending summers backpacking in the national parks and climbing Mount Rainier in high school. I then went on to study geology and environmental studies in college. When I moved to San Francisco in 2004, I promptly joined the SF Bay Chapter, while focusing on growing my career in marketing and management. I moved to Berkeley with my husband Mike in 2008 and started a family here.

It wasn't until 2016 that my pull to get more engaged with the Sierra Club really kicked in. At the time, my kids were 3 and 5 years old, and after many years of focusing deeply on little kids and career, I felt I could begin spending more time outside of home and work. I also felt an urgency to get personally involved in combating the climate crisis. I stumbled into the first meeting of the SF Bay Chapter's Climate Literacy Committee, founded by volunteers Rebecca Franke and Kathy Dervin, and then-Chapter Director Minda Berbeco, which put me on a path to deep involvement with climate advocacy, policy development, youth engagement, and community organizing. The Bay Chapter gave me the tools and support to grow as a community leader and organizer. When I learned that Virginia Reinhart was moving on and the Chapter was hiring a new Director, I was excited, feeling that this might be a natural extension of my professional experience and my commitment to environmental and climate action.

L: Your work with the Climate Literacy Committee has made big impacts in the lives of kids around the Bay and California. Will you tell me more about that?

S: The goal of the Climate Literacy Committee is to empower all students with the knowledge of the facts of climate change along with the agency to do something about it. What I love about the CLC is the spirit of collaboration, curiosity, and optimism that unites the students, educators, and activists it attracts, and how much our success has hinged on truly centering students, teachers, and community members in the process. We've seen real policy change come from student-led collective action.

One of the CLC's projects in partnership with Ten Strands and Undaunted K12 is the California Youth Climate Policy program (CYCP), which pairs students with an adult mentor and gives them tools to advocate for a climate policy in their school district. At the end of the program, one student shared that the experience "taught me a lot about how everyday citizens can have an impact on local decision-making and policy. I think students should attend programs like this one to better understand how they can play a role in making change." Students reported feeling better about our democracy and their role in it, and so did the mentors.

These programs are so essential to give our youth the conviction that our planet is worth saving, and it builds our next generation of leaders and activists. It makes our region stronger. I'm excited to continue supporting climate literacy as Chapter Director, and I am proud to tell you we will be running a second cohort of CYCP this year!



L: What are you most looking forward to as Chapter Director?

S: I am so excited that this is my job now! Are you kidding me?! I'm looking forward to using my experience in managing teams, stakeholders, and projects to make it easier for volunteers and staff to achieve our goals and advance our vision for a stronger, healthier, more just and resilient Bay Area and beyond.

L: Do you have any words for our volunteers?

S: The Sierra Club is a volunteer-led organization, and that means that volunteers truly do set our course and give the Sierra Club its power. And there is work for everyone. Ask yourself these questions I've learned from educators: 1. What do I love? 2. What am I good at? 3. What needs doing? And I bet there's a place for you here. It's like this passage from Kim Stanley Robinson's *Ministry for the Future*: "*Come in, talk to us. Listen to our stories. See where you can help. Build your own project. You will love it as we do. There is no other world.*"

L: It's been great chatting with you. To wrap up, I'm curious: what drives you to fight for our Bay?

S: The people, the history, the natural beauty! Our region's strong history of civic action and environmental leadership plays such a unique role in the national imagination — it shouldn't be a surprise that we're the birthplace of the Sierra Club. I'm deeply humbled and thrilled that I get to support and strengthen the SF Bay Chapter's work on conservation, climate justice, and climate action for the benefit of our region and for future generations.

Sarah Ranney is the new Chapter Director and prior Sierra Club volunteer, and Liana Warren is the Editor of the *Yodeler*.

SARAH'S READING LIST

-
- Encounters with the Archdruid* by John McPhee
- The Ministry for the Future* by Kim Stanley Robinson
- The Deluge* by Stephen Markley
- The Sixth Extinction* by Elizabeth Kolbert
- Not Too Late* by Rebecca Solnit & Thelma Young Lutunatabua



SUPPORT THE CHAPTER BY GOING SOLAR

Thinking of going solar? If you go solar through SunPower, you'll receive a \$1,000 rebate and SunPower will donate \$500 to the SF Bay Chapter. It's a win for you, your local Sierra Club chapter, and the planet. Head to bit.ly/sunpowerforthebay to get your free quote and find out how much you can save.

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New San Francisco Ordinance Keeps Warehouses in Check

JACOB KLEIN

Two years after San Francisco enacted a moratorium on new warehouse development, we have now passed an ordinance to take its place. Working with the Teamsters, SF Labor Council, Building Trades, and southeast San Francisco community activists, the new ordinance introduced by Supervisor Chan was supported by the Board of Supervisors before being signed into law by the Mayor in March. This ordinance will regulate future warehouse development by requiring conditional use authorization.

Conditional use authorization means that a special permit and permitting process is required in certain development cases, like parcel delivery warehouses above a certain size. To be approved under conditional use, a project must go through additional studies, public hearing, and meet potential criteria for electrification and vehicle idling restrictions. This will give San Francisco communities more opportunities to engage in warehouse permitting processes to ensure that no environmental, economic, or other harm is being done if/when a warehouse is built.

San Francisco's new ordinance is a meaningful step in regulating unchecked warehouse development. With the rise of e-commerce, warehouse development has led to increased particulate matter 2.5 pollution, primarily due to diesel-pow-

ered trucks. This burden is disproportionately impacting BI-POC and lower-income communities due to historical zoning practices.

While this ordinance is hopeful, there still remains more to be done. Cities across the Bay Area are dealing with similar issues, and while municipal ordinances are a strong option, they create a patchwork of warehouse regulations that only apply to new development.

A regional strategy that would apply to both new and existing facilities would be an Indirect Source Rule, or ISR. An ISR makes warehouse sites responsible for the emissions that they bring in, even if they don't directly emit. You can learn more about the ISR from a comic by Vrinda Manglik on our blog at sierraclub.org/sfbay/blog/2023/09/indirect-source-rule-rescue.

Sierra Club is working closely with partners to push the Bay Area Air Quality Management District to enact an ISR. As of this year, staff has committed to researching the ISR to make sure our air district keeps this moving along. We need this regional regulation sooner rather than later, to ensure that facilities like warehouses and other indirect sources like ports, railyards, and more are accountable to the communities in which they operate.

We're just getting started! If you'd like to get involved, reach out to Jacob Klein at jacob.klein@sierraclub.org or sign up on our AddUp at addup.sierraclub.org/campaigns/bay-area-warehouses.

Jacob Klein is the organizing manager for the SF Bay Chapter.

A Future for Golden Gate Fields as Resilient Shoreline

NORMAN LA FORCE

Golden Gate Fields, the horse racing track in Albany, is slated to close its gates permanently this summer, bringing an incredible opportunity for the land to become a public park and climate change resilient shoreline.

There's a long history that has brought us to this point, and the Sierra Club and Citizens for East Shore Parks have long campaigned for the track site to become the keystone



of the McLaughlin Eastshore State Park. With the track's closure on the horizon, our campaign is gearing up.

Before it became a racetrack, Golden Gate Fields was a marsh where five creeks emptied into the Bay, and Fleming Point was an island at high tide. The area was used by the Ohlone people and remains unceded ancestral land. It wasn't until the 1930s that the marsh was filled to become a

racetrack. When it first opened in 1939, the race horses' legs often sank into the track because of its poor construction and marshy foundation.

During World War II, the Navy took over, fixing up the site and turning it into a parking lot for landing aircraft. After the war, the military returned the improved track to its owners, and horse racing began again. Over time, horse racing became a losing commercial enterprise, and now, in 2024, the track will finally close.

Now, we can begin to envision the future of the former track. Current predictions show that the track area will be almost entirely inundated with water at even a 2 meter sea level rise (as shown in the map), which could come sooner than anticipated depending on how quickly global warming further progresses. Knowing this, it doesn't make sense to put new development on the site.

The most ecologically adaptive strategy is to return the area to wetland. The Sierra Club sees a promising trajectory for the area: the property could become part of McLaughlin Eastshore State Park, including fields for sports and other recreational uses while sea levels are low. Over time, as sea

levels rise, those uses would give way to restoration, creating a resilient wetland that would protect the I-80 highway and development east of the track. Fleming Point could become a grand open space for people to enjoy some of the most scenic panoramas of the Bay: the East Bay Hills, San Francisco, the Golden Gate, Marin, and Mt. Tamalpais.

The closing of the racetrack is a momentous opportunity to restore biodiversity, expand access to nature, and create a climate resilient future with protections against sea level rise. There's also an important conversation that needs to be had with local Ohlone groups to ensure future land decisions are in line with visions of indigenous sovereignty.

We want to thank our partners for their work that has brought us here, including Save the Bay's founders, Esther Gulick, Kay Kerr, and Sylvia McLaughlin. To help make this vision real, join the Sierra Club's 30x30 Campaign to protect 30 percent of lands and coastal waters by 2030. To get involved locally, email Norman La Force at n.laforce@comcast.net.

Norman La Force, Sierra Club California 30 x 30 Campaign.



“Visualizing Sea Rise” a project of **Citizens for East Shore Parks (CESP)**

www.eastshorepark.org; 510-524-5000

Illustration of Albany Shoreline, McLaughlin Eastshore State Park
(with floods caused by 2-meter sea rise and King Tide)

Based on CoSMoS, “Our Coast Our Future” Interactive mapping tool



Building Affordable Housing on Toxic AstraZeneca Site is Actually More Costly to Residents

JAMES WU

When I learned about the Department of Toxic Substances Control (DTSC) approval of the development of housing on AstraZeneca's old chemical manufacturing factory in South Richmond, I was initially torn. As a UC Berkeley student and lifelong Bay Area resident, I am all too familiar with the struggle to find affordable housing. On the one hand, we need more affordable housing to address the housing crisis. However, after studying the chemicals that remain on the site, the insufficient clean-up plan could be even more costly to residents — plaguing them with health issues stemming from the toxins in their air, water, and below their feet.

Pesticide production at the site has left behind a number of volatile organic compounds, like benzene, that easily evaporate into the air and can be inhaled into the bloodstream. Benzene particularly is associated with leukemia, anemia, and reduced immune system and physiological functions. And this is only one in the sea of chemicals located at the AstraZeneca site — others include cholinesterases which kill insects by targeting their nervous system and paralyzing them and run the risk of paralyzing humans as well.

Additionally, industrial machines left on the site leach heavy metals into the water and soil. These metals bioaccumulate in tissues, which can lead to cancer or organ damage. Perhaps the most notorious heavy metal is lead, which, upon ingestion, can cross the blood-brain barrier and cause long-term memory, learning, and attention deficits. Children are especially vulnerable to lead poisoning because of their developing nervous systems. We can look to cases like Flint, Michigan to see how residents at this site may be impacted.

To address these health concerns, DTSC plans to remove only 2% of the contaminated soil while treating the remaining soil with chemicals on-site. They then will top it all off with a layer of concrete.

What's the problem? For starters, on-site chemical remediation does not entirely remove these toxins — it only breaks them down into less harmful chemicals, which can still significantly impact human health. What's more, this plan



lacks consideration for sea level rise, which, as groundwater rises, will push the remaining toxins at this shoreline site up through the cracks of the concrete and into the Bay, spreading the problem much further than Richmond alone.

What's the solution? Soil washing is one effective technique that physically separates toxins from the soil. Rather than rushing to build housing on a site riddled with toxins, we should take time to ensure proper regulations are followed, account for sea level rise, and clean up the site completely.

Is saving a few months of construction worth risking the future well-being and safety of people in the Bay Area? As much as affordable housing is needed, it should never come at the expense of people's lives and health. We must raise our voices along with our Richmond neighbors to demand nothing less than a proper cleanup of the AstraZeneca site from our elected officials.

SOURCES

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James Wu is a fourth-year undergraduate student at UC Berkeley studying both Molecular and Cell Biology and Conservation and Resource Studies. James is an advocate for environmental health justice in the Bay Area.



SIERRA CLUB
SAN FRANCISCO BAY

Centennial

GALA & AWARDS CEREMONY



SUSAN IVES



JEFFREY LEVIN



CALIFORNIA YOUTH
CLIMATE POLICY YOUTH
AND MENTORS



SENATOR NANCY
SKINNER

CELEBRATING OUR AMAZING HONOREES & 100 YEARS OF THE BAY CHAPTER!

A Celebration Fit for a Centennial

On the evening of Saturday, May 18th, friends old and new gathered together to celebrate the 100-year anniversary of the San Francisco Bay Chapter. Activists, Sierra Club members, community leaders, and supporters arrived at the beautiful Berkeley City Club ready to chat the night away, enjoy live music, indulge in delicious food, and reflect on the Chapter's historic presence in the Bay Area starting way back in 1924. The historic Berkeley City Club, built in 1929 by renowned trailblazer architect Julia Morgan, was a fitting backdrop for this celebration of the SF Bay Chapter's historical accomplishments and vision for the future.

In honor of the occasion, our chapter celebrated some of the many people who have made these 100 years possible. It's true that the SF Bay Chapter is built from the untiring people who show up to board meetings, phonebank, sign petitions, and call representatives. We're made up of the changemakers who move groundbreaking ideas into policy. We're composed of everyday people who believe our planet and the people who reside here are a priority. On this night, we called attention to four award recipients who have gone above and beyond for our environment and the health of the Bay. These honorees

have made an impact across communities, and we hope their work will inspire you to optimism and to action, keeping our chapter alive and thriving for another hundred years or more.

It's our great privilege to congratulate the following honorees for their outstanding contribution to our Bay Area:

SUSAN IVES

Recipient of the Ed Bennett Lifetime Achievement Award in recognition of a career dedicated to our shared mission.



Susan Ives's activism began in the Ozarks when the U.S. Forest Service sprayed herbicides from helicopters to convert national forest into tree farm. Gordon Robinson, a Sierra Club forester, arrived to testify on behalf of the Newton County Wildlife Association — a band of longhaired plaintiffs living off the grid. Gordon's testimony produced a moratorium on spraying and a job for Susan at the Sierra Club, sparking a career doing what she loves. That career has included working for Congresswoman Barbara Boxer, former California Secretary of Resources Huey Johnson, and Kenyan activist and Nobel Laureate Wangari Maathai. Susan's graduate thesis at Harvard's Kennedy School led to the creation of the Massachusetts Environment Trust, which

converts pollution fines into grants for environmental restoration. Back in the Bay Area, Susan joined the Trust for Public Land as Vice President of Communications, rebranding TPL as the "land for people" organization providing needed green spaces in urban communities. Today, Susan consults for nonprofits working to change the world.

JEFFREY LEVIN

Recipient of the Community Defender Award, which recognizes exceptional work on behalf of environmental justice communities in the Bay Area.



Jeff Levin is the Senior Director of Policy at East Bay Housing Organizations (EBHO).

He has 40 years of experience in the field of affordable housing and community development. As EBHO's Policy Director, he mobilizes and collaborates with member and allied organizations and individuals on regional land use and housing planning, housing elements, equitable development, gentrification and displacement, State legislation, and local housing policies such as inclusionary zoning, impact fees, and use of public land for affordable housing.

Prior to joining EBHO in 2013, Jeff worked for the City of Oakland for over 28 years as a project coordinator, program manager, planner, and policy analyst, including 15 years as the City's Housing Policy and Programs Manager. He has designed and overseen many local housing programs, managed Oakland's HOME Program and the Oakland Redevelopment Agency's Low- and Moderate-Income Housing Fund, and authored numerous policy studies and housing plans. He has worked closely with many public and private organizations at the local, regional, state, and national levels.

He completed his undergraduate work at UC Berkeley and holds a master's degree in Sociology from the University of Wisconsin at Madison and a master's degree in City and Regional Planning from UC Berkeley. He has won numerous awards from local and regional housing organizations.

CALIFORNIA YOUTH CLIMATE POLICY YOUTH & MENTORS

Recipient of the Emerging Voices Award, which recognizes young people advocating for the environmental needs of their communities.

The student leaders and mentors from the California Youth Climate Policy Leadership Program (CYCP) demonstrated that true civic engagement and inter-generational growth can happen through policy action.



Over the course of five months, the student leaders of CYCP accomplished an ambitious learning agenda which included development of a personal leadership plan, field research to understand their school district's existing environmental and climate policy, development of an advocacy campaign plan, building a coalition, and presenting their advocacy campaign at a school board meeting. Their advocacy plans included topics such as climate literacy, climate action plans, climate impacts and adaptation, zero waste, and transportation.

SENATOR NANCY SKINNER

Recipient of the Phil Burton Badge of Courage Award, bestowed upon elected officials who fight for social justice and environmental protection.



An environmental trailblazer, state Sen. Nancy Skinner, D-Berkeley, has authored laws to accelerate the transition to zero-emission vehicles, expand rooftop solar, mandate clean energy storage, increase energy efficiency of buildings and appliances, and reform clean energy financing.

Her environmental achievements also include requiring all packaging in California to be recyclable or compostable by 2032; streamlining the creation of more housing near transit and jobs to reduce GHG emissions; jumpstarting the state's use of green hydrogen; and maximizing nature's ability to store climate-changing carbon in the soil, grasslands, wetlands, forests, and other natural systems.

Sen. Skinner is chair of the Senate Housing Committee and serves on the Senate's Environmental Quality, Energy, and Budget committees. She began her public service in 1984 as the first student elected to the Berkeley City Council, and while on the council, she introduced the nation's first Styrofoam ban. She is also a past member of the East Bay Regional Park District Board of Directors.

After speeches ended and conversation died down, the night drew to a close, and we were left appreciating the hard-working community that we call our chapter. Certainly there will be obstacles in the next 100 years, but with our collective strength, we can envision and create a Bay Area worth living in. Thank you to all who made these 100 years possible!



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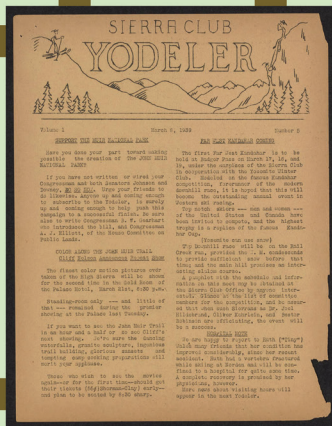


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- COLIN J. COFFEY, BOARD MEMBER, EAST BAY REGIONAL PARK DISTRICT



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ABOUT THIS CALENDAR

Activities listed here are abbreviated. For full listings, registration, and waivers visit: sierraclub.org/sfbay/activities. The online calendar will also include changes, cancellations, and outings submitted after the print deadline.

Hike and backpack ratings

Hike ratings are based on distance and elevation gain (the sum of all gains in elevation per day):

- | | |
|------------------|-----------------------|
| 1. up to 6 miles | A. under 1,000 feet |
| 2. 6 - 10 miles | B. 1,000 - 2,000 feet |
| 3. 10 - 15 miles | C. 2,000 - 3,000 feet |
| 4. 15 - 20 miles | D. over 3,000 feet |
| 5. over 20 miles | E. over 3,500 feet |

Backpack ratings include a third digit for travel:

- T. trail
1. limited/easy crosscountry
 2. moderate crosscountry
 3. strenuous/difficult crosscountry

What to bring

For day hikes, always bring lunch and enough water. Consider layered clothing, sunscreen, good hiking boots with treads, and hiking poles. Non-service dogs are allowed only if specified in the listing; canine hikers should bring leashes, litter bags, and water for their dogs.

Liabilities

To participate in a Sierra Club outing, you will need to sign a liability waiver. To read a copy of the waiver form, call (415) 977-5630 or visit tinyurl.com/outingswaiver.

COVID-19 Protocol

Masks are optional for adults in outdoor areas but required in indoor close quarters such as vehicles, public transport, restaurants, or visitor centers. Vaccinations are not required, so please be aware you may be on trips with unvaccinated individuals. Masks are required at all times for unvaccinated minors. If you are experiencing any possible COVID-19 symptoms, do not attend the outing and contact the outing leader. Report any positive COVID-19 tests after an outing to the outing leader.

Carpooling

Carpooling helps the environment and allows people without cars to participate. You can arrange carpools on our Meetup group: meetup.com/sanfranciscobay. Outings will be listed there 2 - 3 weeks prior to the event. Masks are required in carpools.

SUMMER 2024 OUTINGS CALENDAR

WEEKLY • TUES

Lake Chabot Reservoir 1A Hike. Scenic weekly 3-mile hike. Park free on street, \$5 in lot, or annual pass from East Bay Regional Park District. MEET: 4:00 pm at boathouse/cafe. LEADER: Dolores Gruenewald, (510) 798-7897 or doloresgru@aol.com. (Solo Sierrans)

WEEKLY • WEDS

Lafayette Reservoir 1A Hike. Enjoy the lovely weather while walking around the beautiful reservoir. We have both faster and slower walkers, or you can walk at your own pace. COST: 5 quarters for 1hr, 15 minutes of parking. MEET: 4:00 pm at the west end of the parking area near the picnic tables and permanent bathrooms. LEADER: William Gilbert, wmgibr@gmail.com. (Solo Sierrans)

EVERY OTHER SATURDAY

JUN 1 | JUN 15 | JUN 29

Point Pinole Morning Walk Along the Bay. Join us for a short 4 mile walk along the San Francisco Bay Trail. We'll be walking along the shore through a marsh where we'll see numerous shorebirds along the way. BRING: Water and a snack. Wear hiking boots or sturdy outdoor shoes and layered clothing. MEET: 9:00 am at Dotson Family Marsh Staging Area, Point Pinole Regional Shoreline. LEADER: Jeffrey Sanchez, amagi@pacbell.net. (Sierra Singles)

FIRST AND THIRD FRIDAYS

JUN 7 | JUN 21 | JUL 12 | JUL 19

Redwood Park Evening Hike. Take an early evening stroll through Oakland's Reinhardt Redwood Regional Park. This 4 mile hike features lush woods and expansive vistas. The terrain is hilly, so be prepared for at least a light cardio workout. Friendly dogs are welcome. BRING: Water and layered clothing. Wear hiking boots or running shoes. MEET: 6:30 pm at Redwood Bowl Staging Area, Roberts Regional Recreation Area, Skyline Boulevard, Oakland. LEADER: Jeffrey Sanchez, amagi@pacbell.net. **PLEASE NOTE: We will not meet on July 5th and instead will meet July 12th.** (Sierra Singles)

SECOND SUNDAYS AND FOURTH SATURDAYS

JUN 9 • SUN | JUN 22 • SAT | JUL 14 • SUN | JUL 27 • SAT
| AUG 11 • SUN | AUG 24 • SAT | SEPT 8 • SUN | SEPT 28 • SAT

Let in the Wow: Luxurious Walking in Delight Zen. A slow walking practice designed to relax and balance yourself resulting in deepening

connection to your inner nature. MEET: 11:00 am at 1853 Solano Ave, Berkeley. ENDS: 12:30 pm. LEADER: Halley, sierragreenforest@gmail.com. (Hiking)

JUN 14 – JUN 17 • FRI – MON

Yosemite Low Country: Hetch Hetchy Backpack. This trip is a scenic 3-night, 4-day loop hike out of Hetch Hetchy to Rancheria Falls and Lake Vernon. Leader approval is required to participate, so please RSVP online at sierraclub.org/sfbay/events. BRING: Individual commissary. Participants bring their own food and cooking equipment. Participants need to furnish their own overnight backpack gear. The leader will send a detailed equipment list to approved participants. MEET: 8:00 am on June 14 at Hetch Hetchy Backpackers Campground. END: 8:00 am on June 17. LEADER: Bob Waltenspiel, (707) 338-1033 or forestplay@gmail.com. (Backpacking)

JUN 23 • SUN

Angel Island Hike. From Tiburon, we will sail across Raccoon Strait into Ayala Cove and then hike up and around Mount Livermore. Afterwards, we will head down to the secluded Perles Beach. This hike features a wide variety of terrains and (weather permitting) spectacular views of the Bay. COST: \$18.00 for the Tiburon-Angel Island ferry (round trip), plus parking (\$5.00 and up). You can book tickets online at angelislandferry.com/tickets-fares/. BRING: Lunch, snacks, and a good supply of water. Wear hiking boots and layered clothing. MEET: We will be taking the 10:00 am ferry to Angel Island. Meet at 9:30 am at the Tiburon Ferry Terminal at 21 Main St., Tiburon, CA. LEADER: Jeffrey Sanchez, amagi@pacbell.net. (Sierra Singles)

JUN 28 – JUN 29 • FRI – SAT

Backpack Trinity Alps: Bear Basin and Granite Lake. We take the scenic loop from Swift Creek through secluded Bear Basin, around Seven Up Peak and Granite Lake. Leader approval is required to participate, so please RSVP online at sierraclub.org/sfbay/events. COST: \$40.00. BRING: Individual commissary. Participants bring their own food and cooking equipment. Other standard overnight backpack equipment (pack, tent, boots, sleeping pad, sleeping bag) and appropriate clothing are required and need to be provided by the participants. The leader will provide a detailed equipment list to approved participants. MEET: 8:30 am on June 28 at 20 Scott Blvd, Trinity Center, CA. ENDS: 5:00 pm on June 29. LEADER: Thomas Meissner at (707) 479-4465 or meissner.thomas2011@gmail.com. (Backpacking)

JUL 25 – JUL 29 • THUR – MON

Rock Creek Lake Camping Trip. Join the San Francisco Bay Rainbow Sierrans and Loma Prieta GLS for a 5-day, 4-night weekend camping trip to hike and explore beautiful Little Lakes Valley in the John Muir Wilderness. Along with a string of alpine lakes set amidst mountain peaks, we'll find stands of aspen, cottonwoods, and willows that live along the water's edge. We'll set up camp at Rock Creek Lake Group Campground (9,600') located south of Mammoth Lakes on the eastern side of the Sierra. Our campground is walk-in and located in a secluded area overlooking the lake. Must be a Rainbow Sierrans or Loma Prieta Pride Sierrans

member to register. COST: \$80.00. MEET: 2:00 pm on July 25 at Rock Creek, Round Valley, CA. ENDS: 12:00 pm on July 29. LEADER: Celeste McInerney at (408) 707-4903 or celestemcinerney@gmail.com. (Rainbow Sierrans)

AUG 16 – AUG 19 • FRI – MON

Shepherd Crest and Stanton Peak Ultralight. A taste of the Sierra High Route on a loop around Shepherd Crest and Stanton Peak. Leader approval is required to participate, so please RSVP online at sierraclub.org/sfbay/events. COST: \$60.00. BRING: Ultralight backpacking gear and food. Trip leader will send a suggested list to participants. MEET: 8:00 am on August 16. ENDS: 2:00 pm on August 19. LEADER: Brian Gunney at (925) 667-5236 or brian@gunney.net. (Backpacking)

BECOME AN OUTINGS LEADER

If you enjoy exploring wild lands, meeting new people, and leading adventures for them, you could make a great Sierra Club outings leader!

The Sierra Club's outdoor activities aim to connect all people with the natural world and with the Club. As an outings leader with the San Francisco Bay Chapter, you can join others in exploring wild lands, grappling with conservation issues, and even changing perceptions. Because trips are often specialized around a unique theme or activity, you could be hiking, backpacking, kayaking, bicycling, or doing service work – it's up to you to choose, because you ultimately design and lead your very own trip.

To be an outings leader, you must be a current Sierra Club member, at least 18 years of age, and have completed First Aid training and the Sierra Club Outings Leader Training. You then must choose a current outing leader to act as your mentor and lead your provisional outing with them in attendance. Following the outing, the mentor leader will provide feedback. After a positive evaluation, you will be a full-fledged outings leader and able to lead outings on your own. And then, Happy Trails!

You can choose what type of outing you would like to lead and which activity section you would like to affiliate with. You can find a list and descriptions of our activity sections online at sierraclub.org/sfbay/activities.

For more information head to sierraclub.org/sfbay/how-become-outings-leader.

SUMMER 2024 EDUCATIONAL PROGRAMS

Wilderness First Aid in Palo Alto



SAT, JUL 20 - SUN, JUL 21
8 AM - 5 PM

Location: Peninsula Conservation Center, 3921 East Bayshore Road, Palo Alto

Learn how to recognize and avoid wilderness hazards and do first aid outdoors with wilderness emergency expert, Stephen Donelan. There is an opportunity for a one-day class to receive the Basic Wilderness First Aid certification of the National Association for Search and Rescue, which is essential knowledge for any frequent backpackers, hikers, or outdoor enthusiasts. You can also sign up for a two-day course and receive the higher-level WFA certification. For more information, go to wildernessemergencycare.com. Certification by the National Association for Search and Rescue is valid for two years and is included in the course fee.

Registration:

1. Send an email to instructor Steve Donelan at donelan@sonic.net and CC lisa.barboza@gmail.com. Steve will email you a schedule and instructions.
2. RSVP online on the Loma Prieta Chapter Calendar at sierraclub.org/loma-prieta/calendar.

Fee:

Basic Wilderness First Aid — Saturday only. \$50 for Sierra Club members, \$60 for non-members.

Wilderness First Aid — Both days. \$80 for Sierra Club

members, \$100 for non-members. The second day is highly recommended and covers almost all necessary wilderness first aid skills and scenarios.

Payment: Pay the instructor in class. Either cash or a check made out to Steve Donelan are acceptable.

Textbook:

Wilderness Emergency Care, Third Edition Revised by Steve Donelan. Available from NASAR. Older editions of this textbook will also suffice.

Current Bay Chapter Outings Leaders:

The SF Bay Chapter will pay for your instruction! Please RSVP as normal and email fristaid@sfbaysc.org. Then, mail a \$50 deposit check (payable to Sierra Club SF Bay Chapter) to: Sierra Club, Attn: WFA, PO Box 2663, Berkeley, CA 94702. This check serves to hold your place in the class. It will be destroyed if you attend the class, but will be cashed if you do not show up. Include your mailing address, email, phone number, and which activities section. Indicate if you will be attending the one- or two-day session. The Chapter will pay for both days.



Pole Walking & Hiking Classes for Veterans


Sierra Club's Military Outdoors program offers free classes to Veterans and their family members all around the Bay Area. Learn life-long skills to enhance your outdoor experiences and improve endurance, strength and spine function. For more information, go to sierraclub.org/loma-prieta/military-outdoors.

PHOTO CREDITS: California poppies in the Coyote Hills during a Pole Walking class. Photo by Jayah Paley.

Give Back With a Vehicle Donation

Donate your car, truck, RV, motorcycle, or boat. It's easy and your gift qualifies for a tax deduction!

DONATE YOUR CAR



DONATE YOUR UNWANTED VEHICLE

Donate your vehicle to support the Sierra Club Foundation's SF Bay Chapter! Not only will your generous donation continue to help us make a difference, but it can also help you qualify for a tax deduction. It's easy, the pick-up is free, and our partners at CARS accept cars, boats, motorcycles, RVs, and more. To get started, visit our website at scfch.careasy.org or call (844) 674-3772.



Want to Keep In Touch? Join Our Email List!

When you sign up for our email list, you'll be in the know about everything from shoreline clean-ups and public comment turn-outs to picnics and social hours where you can meet fellow activists. Don't miss out! Sign up online today at sierraclub.org/sfbay/email.

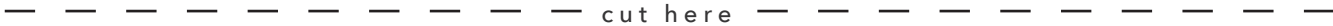
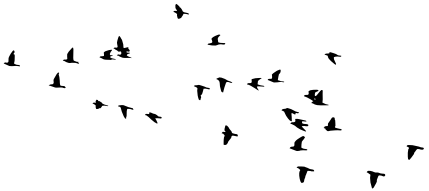


WHAT WILL YOUR LEGACY BE?

Ensure your environmental legacy by naming the Sierra Club's San Francisco Bay Chapter in your will or trust.

If you have named your local Sierra Club chapter as a beneficiary or would like to discuss doing so, please contact us today:

MATT BIELBY
matt.bielby@sierraclub.org
 (510) 848-0800 x 321



Make a donation to support your local chapter's work here in the SF Bay Area!

\$25 \$50 \$100 \$200 Surprise us! \$_____ Make my gift monthly!

Make your check payable to **Sierra Club SF Bay Chapter**, or use your credit card.

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#SierraSnapshots | A blue heron spotted in Golden Gate Park in May. Photo by Andrea Draper of San Franciscans for Urban Nature (SFUN). For a chance to get your snapshots featured in the next issue of the Yodeler, email photos to yodedit@sfbaysc.org or share them on Twitter or Instagram with the hashtag #SierraSnapshots. Include your name, the names of any people in the photo, and where and when the photo was taken.

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SIERRACLUB.ORG/SFBAY

Our website is home to helpful information and resources including:

- Our blog, updated regularly
- The full events and activities calendar
- Group information and leadership roster

ANNOUNCEMENTS

- Board of Directors election results out now (p. 3)
- Carbon capture project threatens our Bay (p. 3)
- Welcome Chapter Director Sarah Ranney (p. 4)
- Wilderness First Aid classes offered now (p. 14)

EMAIL

Visit sierraclub.org/sfbay/email to sign up for Bay Chapter emails, including monthly bulletins and action alerts.