



HOME ENERGY CHECKLIST

High Impact, No or Low Cost, Immediate Savings

- Don't heat or cool rooms when they are not in use
- Turn down the temperature of your water heater to the warm setting (120°F)
- If you are not using it, turn it off (lights, TV's, computers, electronic equipment)
- Unplug equipment that drains energy when not in use (cell phone chargers, fans, coffeemakers, desktop printers, radios, etc.)
- During winter, open curtains on your south-facing windows during the day to allow sunlight to naturally heat your home, and close them at night to reduce the chill you may feel from cold windows
- Schedule a free home energy assessment through your utility company
- Lower winter thermostat setting to at least 68°F during the day and 55°F at night
- Raise summer thermostat setting to at least 78°F
- Air dry clothes
- Wash laundry in full loads using cold water
- Nix bottled water
- Reduce, reuse, recycle and compost
- Don't drive when you can walk, bike, carpool or take the bus
- Buy locally grown food and eat less meat

Low Cost Measures

- If you have an older model water heater, make sure it has an insulating blanket
- Make sure your furnace and air conditioner receive professional maintenance each year
- Replace incandescent light bulbs with compact fluorescent lights (CFLs) or light-emitting diodes (LEDs)
- Install a programmable thermostat to automatically adjust temperatures according to your daily schedule
- Clean or replace filters in your furnace, air conditioner and heat pump
- Install low-flow showerheads and faucet aerators
- Caulk and weatherstrip windows and doors
- Insulate accessible hot water pipes
- Insulate heating ducts in unheated areas such as attics and crawlspaces
- Reduce air conditioning costs by planting shade trees around your house

High Impact, Medium Cost, Medium Payback

- Replace an old furnace with a high-efficiency furnace or heat pump (look for the ENERGY STAR label)
- Replace aging, inefficient appliances
- Upgrade leaky windows
- Air seal and insulate attics up to 14"
- Purchase and drive a hybrid car