

It's always fun to get out to the Cedar Ridge Preserve in Dallas to help upgrade some of the beautiful walking trails at Cedar Ridge Preserve, just south of Dallas. The address is 7171 Mountain Creek Pkwy, Dallas, TX 75249. Its a great morning workout, and the scenery is exceptional. No tools are required, (just gloves) so show up and be ready to lend a hand or two. We'll work from 9 AM to 12, and then walk around the preserve and admire the wildflowers and

fauna! Bring some water for sure. Its on Saturday the 18th of September and please see their website for directions and info. Google Cedar Ridge Preserve Dallas. Their number is 972-709-7784. See you then! If you wish to carpool, then let me know, and we'll arrange a meeting spot. Organizer: <u>Ginger Bradley</u> 469-223-7902(C)

Lone Star Chapter Sierra Celebration, October 9-18

Three days and two nights under the hill country stars. Cool nights! Sunny mild fall days! Campfire socialization with fellow Sierran kids and adults! Great hiking! Paddling opportunities nearby! Observatory! Fishing pier, Bird watching! Vanishing River Cruise! RELAXATION, FUN and, of course, EAGLES! A perfect fall getaway. This year's annual Sierra Celebration will be held over the school holiday weekend of October 9, 10 and 11 at Canyon of the Eagles park on Buchannan lake near Burnet, Texas, a short drive from Austin. The Lone Star Chapter has reserved the group camp area with plenty of space for tents, pop-up campers and small trailers. Restrooms and showers are very close. ENTRANCE FEE (\$5 per person, \$4 for ages 65 and over) Mark your calendars. For additional information, contact Lone Star Chapter office in Austin. Find out more about Canyon Of The Eagles at http://www.lcra.org/parks/developed_parks/canyon.html Leaders: John Rath 817-488-3489(W) and Jerome Collins 512-477-1729(W)

For a complete list of our outings, visit our outings page.

The Outings Corner

Learn How to Backpack

Why in the world would anyone want to go backpacking? You have to carry this heavy thing on your back, sleep on the cold ground, east crud out of a plastic bag, and wear out your feet.

You can drive to some pretty amazing and beautiful places. And from your car, you can dayhike to a bunch more. But if you look at a map, you'll see that roads and dayhiking only get you to a very small percentage of America. If you want to see the rest, you have to backpack.

Once you learn to backpack, a whole world will open up for you. A world of supreme beauty, star encrusted skies, rushing mountain streams, desert solitude, and quiet you won't find here in the Metroplex. You'll also find that that thing on your back (your backpack) does not have to be heavy, sleeping on the ground can be amazingly comfortable, you can have gourmet food, and your feet won't wear out.

So, how do you get started? You're in luck! The Dallas Sierra Club's Beginner Backpacking and Camping Class will be Saturday, September 18. If you miss this one, we won't have another until February. So mark your calendars now.

This class is an ideal way to learn about backpacking. Topics covered include wilderness ethics, outdoor clothing, boots, backpacks, tents, sleeping bags, cookware, food, and preparing for a trip. The class it taught by experienced Dallas Sierra Club trip leaders. There will be plenty of time for a hands-on look at all kinds of backpacking equipment and to have all of your questions answered. We'll even break up into male and female groups so you can ask any gender specific questions you may have.

We'll provide lunch. You'll get a chance to sample a variety of freeze-dried backpacking foods. (But we'll show you how you can get all your food at the grocery store.) We'll also have water and cokes available throughout the day.

Before the class is over, you will have a chance to sign up for one or more beginner backpack trips. These can get you ready for our most spectacular trips, our bus trips to Colorado, New Mexico and, at Thanksgiving, to Big Bend National Park.

The class will be held at REI (Recreational Equipment, Inc.), Saturday, September 18, in the second floor program room. REI is at 4515 LBJ Freeway, north side, between Midway and Welch, Mapsco 14Q. The class will start promptly at 10:30 AM and will end at about 5:00 PM. The fee is \$20 for Sierra Club members and \$30 for non-members (cash or check) You can sign up to be a Sierra Club member at the class. No reservations are necessary, just show up. Bring a light jacket or sweater, as the room is often cool.

If you have questions or want additional information, please contact Bob Gates 972-678-1221.

Advanced Backpacking Class

You've got a few local weekend backpacks under your belt; so you want to do more: a fly-drive or multi-night outing, or even try a cold weather trip. This class will cover advanced backpacking tips and skills including winter camping, fly-drive planning and equipment, bear barrel packing, and week-long trekking. Location: REI, 4515 LBJ Freeway, Farmers Branch, TX 75244 (north side of LBJ between Midway and Welch). This class will start promptly at 6:30 PM and will finish at about 8:45 PM. The fee for the class is \$15 for Sierra Club members and \$20 for non-members (cash or check). No reservations are necessary; just show up. For more information: Bill Greer 972-247-0446(H)

Calendar

Here is our calendar for the next two months. For complete listings, visit us at www.dallassierraclub.org.

SEP 11 (SAT) WHITE ROCK LAKE CLEANUP. Walk and talk while helping to pick up trash and recyclables at the Sierra Club's adopted section of White Rock Lake Park. Meet at 8:15 AM at the Love of the Lake office on the Northeast corner of Garland Rd. and Buckner Blvd. Look for a crowd of people drinking free juice and coffee. Gloves, trash bags, etc. provided. Our area includes one of the wonderful prairie restoration areas, so there are always birds and wildflowers to enjoy. The lake and your karma will thank you. Brunch afterwards. Leader: Carol Nash 214-824-0244(H)



SEP 13 (MON) SIERRA SINGLES MONTHLY DINNER AT INDIA PALACE Hi guys and gals. Would just like to invite everyone to this fabulous casual dinner and conversation gathering at the India Palace in Dallas. They have an excellent array of dishes, vegetarian and regular. We'll meet at about 6:30 PM on Monday, the 13th of September, and the address is 12817 Preston Rd, Suite 105, Dallas, TX. Its actually on the SW corner of Preston and LBJ. Their phone number is 972-392-0190. Call or email Ginger if you want to carpool. Cant wait to see you all there! Organizers: Ginger Bradley 469-223-7902(C) and Paul Heller 972-620-1703(H)



AUG 10 (TUE) DALLAS SIERRA CLUB GENERAL MEETING Everyone is invited to the General Meeting of the Dallas Sierra Club. See above for details.

SEP 15 (WED) OUTINGS COMMITTEE MEETING. Meet in the upstairs program room at REI (on north side of LBJ between Midway and Welch), at 6:30 PM. Bring your ideas for the Dallas Sierra Club Outings program. We will be planning local outings and bus trips. All outings leaders, future outings leaders, and interested Sierrans welcome. Ask Bill to be placed on the email list for an agenda. Contact: Bill Greer 972-247-0446(H)

SEP 16 (THU) BRAVE COMBO AT THE ADDISON OKTOBERFEST Hello everyone, and I hope you are loving this unforgiving Texas heat. But we have some cooling off to do, mainly at the Addison Oktoberfest on September 16th, a Thursday night, at about 7 PM, in the main tent, and for FREE! Yay. Call me or email me if you want to carpool. The address is 4970 Addison Circle, in Addison TX. You can park for free at the NW corner of the Dallas Parkway and Arapaho Rd. For more info, call 1-800-ADDISON, and we'll see you there. I'll have on my Green Bandanna, and just find me by the soundboard, in the main tent. Organizers: Ginger Bradley 469-223-7902(C) and Paul Heller 972-620-1703(H)



SEP 18 (SAT) ANSEL ADAMS EXHIBIT AT THE AMON CARTER, NOON Join the Fort Worth Group of Sierra Club for a tour of the exhibit "Ansel Adams: Eloquent Light". Adams was a prominent member of the Sierra Club as well as being one of the greatest photographers of all time. We will meet in the photography galleries. RSVP's are appreciated, but not required. RSVP or contact Leader: Dewayne Quertermous



SEP 18 (SAT) BEGINNER BACKPACKING CLASS. This class is an ideal way to learn about backpacking. Topics include: wilderness ethics, outdoor clothing, boots, backpacks, tents, sleeping bags, cookware, food, and preparing for a trip. Instructors are experienced Dallas Sierra Club leaders. There will be time for questions and a hands-on look at outdoor gear. Lunch of backpacking food is included. You will also have the opportunity to learn about, and sign up for, several beginner backpacking trips. The fee is \$20 for Sierra Club members and \$30 for non-members (cash or check) You can sign up to be a Sierra Club member at the class. No reservations are necessary, just show up. The class will be held at REI, 4515 LBJ Freeway, Dallas, TX 75244 (north side of LBJ between Welch and Midway). The class will start at 10:30 AM and end at about 5:00 PM. Leader: Bob Gates 972-678-1221(H)



SEP 18 (SAT) UPGRADE TRAILS AT CEDAR RIDGE PRESERVE Hello everyone! Are you hot yet? Its always fun to get out to the Cedar Ridge Preserve in Dallas to help upgrade some of the beautiful walking trails at Cedar Ridge Preserve, just south of Dallas. The address is 7171 Mountain Creek Pkwy, Dallas, TX 75249. Its a great morning workout, and the scenery is exceptional. No tools are required, (just gloves) so show up and be ready to lend a hand or two. We'll work from 9 AM to 12, and then walk around the preserve and admire the wildflowers and fauna! Bring some water for sure. Its on Saturday the 18th of September and please see their website for directions and info. Google Cedar Ridge Preserve Dallas. Their number is 972-709-7784. See you then! If you wish to carpool, then let me know, and we'll arrange a meeting spot. Organizer: Ginger Bradley 469-223-7902(C)

SEP 22 (WED) ADVANCED BACKPACKING You've got a few local weekend backpacks under your belt; so you want to do more: a fly-drive or multi-night outing, or even try a cold weather trip. This class will cover advanced backpacking tips and skills including winter camping, fly-drive planning and equipment, bear barrel packing, and week-long trekking. Location: REI, 4515 LBJ Freeway, Farmers Branch, TX 75244 (north side of LBJ between Midway and Welch). This class will start promptly at 6:30 PM and will finish at about 8:45 PM. The fee for the

class is \$15 for Sierra Club members and \$20 for non-members (cash or check). No reservations are necessary; just show up. For more information: Bill Greer 972-247-0446(H)



SEP 23 (THU) NIGHT HIKE AT ARBOR HILLS NATURE PRESERVE Celebrate the Autumn Equinox. Meet at 6:30PM near the pavilions. Arbor Hills is located at 6701 W. Parker Rd. in Plano just west of Midway Rd. We will walk 4.5 miles mainly on a paved path. No reservations, just show up. Optional frozen yogurt afterwards. Leader: Judy Cato 972-238-5738(H)



SEP 25 (SAT) WHITE ROCK CREEK TRAIL DAYHIKE Come join us as we day hike 7 miles on the northern reaches of White Rock Creek. This is a very urban, paved trail but it is actually very nice as it follows the creek under all the main thoroughfares of north Dallas. No pets, please. Bring water and a snack as we will be walking all morning. We will leave the trail head promptly at 9 AM. To reach the trailhead from the intersection of I-635 and Hillcrest Rd., go north on Hillcrest a short distance turn right on Valley View and turn right into the second parking lot. Remember it's the second parking lot on the right. I'll be near the restrooms and playground. Optional lunch afterwards. Leader: Mark Adams 972-658-1281(C)

SEP 28 (TUE) INNER CITY OUTINGS MEETING Snacks and social starts at 6:45 pm. meeting starts at 7:00 pm. Inner City Outings ("ICO") is an outreach program of the Sierra Club comprised of volunteers who provide wilderness experiences such as day hikes and camping for disadvantaged youth. ICO meets on the fourth Tuesdays at REI, 4515 LBJ Freeway, Farmers Branch, TX 75244 (north side of LBJ between Midway and Welch). All volunteers and those considering becoming an ICO volunteer are welcome. Contact the ICO Chair for more information. To receive future announcements and meeting information you may sign up for our email list.



OCT 2 (SAT) DAY HIKE THE LOST CREEK STATE TRAILWAY AT FORT

RICHARDSON STATE PARK Explore the restored fort complex near Jacksboro. Day hike 8 to 10 miles on the Lost Creek Trailway. Fort Richardson, established in 1867 and abandoned in 1878, was the northmost in a chain of Texas forts established by the U.S. Army. Search the TPWD web site for more park information. Camping here before and/or after the hike is an option. Reply for trip information and inclusion, as group size will be limited. Leader: Mark Stein 214-526-3733(H)



OCT 2 (SAT) DAY HIKE ON THE CROSS TIMBERS TRAIL We will hike about 6 miles round trip on a dirt trail along the bluffs of the south shore of Lake Texoma. For those who are planning to go on the beginner backpack trips, this is an ideal way try your new boots and new backpack as it will simulate the trail conditions that you may see in the beginner trips. Please limit your pack weight to between 20 and 25 pounds. The trip is limited to 12 participants. The last day to sign up is Sunday, Sept. 26. No pets please. Please contact the leader for more information and to sign up. Leaders: Marcos Jorge 972-394-2546(H) and Judy Cato

OCT 9 (SAT) DAY HIKE THE TRINITY RIVER GREENBELT 2ND ANNUAL Octoberfest 10K DAYHIKE Hike 10K (6 miles) on the Lake Ray Roberts Greenbelt Corridor. This is an easy trail running alongside the Elm Fork of the Trinity River. No reservations required, just show up. WELL BEHAVED DOGS ON A LEASH WILL BE ALLOWED. Bring water and snacks. Meet at 9:00 AM at the Highway 380 Trailhead Park. Admission to the park is \$5.00 per person or free with a Texas State Parks Pass. There will be an optional lunch afterwards. The Park is on US Hwy 380 2.1 miles west of Hwy 377 or 2.8 miles east of Loop 288 in Denton. Highway 380 can be reached from Central Expwy, Preston Rd., or the Tollway. Bring extra shoes in case the trail is muddy. Leader: Mark Adams 972-658-1281(C)

OCT 9 (SAT) WHITE ROCK LAKE CLEANUP. Walk and talk while helping to pick up trash and recyclables at the Sierra Club's adopted section of White Rock Lake Park. Meet at 8:15 AM at the Love of the Lake office on the Northeast corner of Garland Rd. and Buckner Blvd. Look for a crowd of people drinking free juice and coffee. Gloves, trash bags, etc. provided. Our area includes one of the wonderful prairie restoration areas, so there are always birds and wildflowers to enjoy. The lake and your karma will thank you. Brunch afterwards. Leader: Carol Nash 214-824-0244(H)

OCT 9-11 (SAT-MON) LONE STAR CHAPTER SIERRA CELEBRATION AT CANYON 107 **OF THE EAGLES** Three days and two nights under the hill country stars. Cool nights! Sunny mild fall days! Campfire socialization with fellow Sierran kids and adults! Great hiking! Paddling opportunities nearby! Observatory! Fishing pier, Bird watching! Vanishing River Cruise! RELAXATION, FUN and, of course, EAGLES! A perfect fall getaway. This year's annual Sierra Celebration will be held over the school holiday weekend of October 9, 10 and 11 at Canyon of the Eagles park on Buchannan lake near Burnet, Texas, a short drive from Austin. The Lone Star Chapter has reserved the group camp area with plenty of space for tents, pop-up campers and small trailers. Restrooms and showers are very close. ENTRANCE FEE (\$5 per person, \$4 for ages 65 and over) Mark your calendars and watch or more information in the next few months. For additional information, contact Lone Star Executive Committee member John Rath or call Jerome Collins at the Sierra Club's Lone Star Chapter office in Austin. Find out more about Canyon Of The Eagles at http://www.lcra.org/parks/developed parks/canyon.html Leaders: John Rath 817-488-3489(W) and Jerome Collins 512-477-1729(W)

OCT 16-17 (SAT-SUN) BEGINNER BACKPACK TRIP ON THE LITTLE MISSOURI NATIONAL WILD AND SCENIC RIVER Backpack about 10 miles along a beautiful narrow valley near the source of the Little Missouri River. The trail follows the river and has little elevation change, making it ideal for beginners. Be prepared for a couple of wet stream crossings. We will be hiking in the northern reaches of the valley, where the water will not be very deep. Preference will be given to those who have taken the Fall Beginner Backpack class. Leader: Mark Adams 972-658-1281(H)



OCT 20 (WED) OUTINGS COMMITTEE MEETING. Meet in the upstairs program room at REI (on north side of LBJ between Midway and Welch), at 6:30 PM. Bring your ideas for the Dallas Sierra Club Outings program. We will be planning local outings and bus trips. All outings leaders, future outings leaders, and interested Sierrans welcome. Ask Bill to be placed on the email list for an agenda. Contact: Bill Greer 972-247-0446(H)

OCT 23-24 (SAT-SUN) BEGINNER BACKPACK TRIP TO THE CANEY CREEK WILDERNESS Join us for one of the Dallas Sierra Club's favorite local backpacking trips.

We'll backpack about 9-miles (round trip) along Caney Creek, cross it a few times, and climb some small hills. After setting up camp near a waterfall, we'll do a short day hike as time permits. Priority will be given to the graduates of the Sept 2010 backpack class. Leaders: Marcos Jorge 972-394-2456(H) and Thai Le

The Dallas Sierra Club News e-newsletter, sent monthly (and occasional for late-breaking news or events), keeps you up-to-date on meetings, activities, issues and special events. Join the Sierra Club