

- Outings Highlights Weminuche Wilderness Bus Trip
- Recycling Roundup by Rita Raccoon
- There is a APP for That by Sue Greer
- <u>Calendar</u> Find out what's going on in the Dallas Sierra Club

### General Meeting Program - August 14, 7:00 pm - Refreshments at 6:30

We have two great programs lined up for our August General Meeting. Don't miss them!

#### Penguins

When most people think of a penguin, they envision a tuxedo clad Emperor penguin living in Antarctic, as documented in the film March of the Penguins or the movie Happy Feet. But did you know there are actually 17 species of penguins living on the planet today? And believe it or not, a number of them live in warm climates.

David Salomon, photographer and author of the new book Penguin-Pedia, introduces the 17 species of penguins that the majority of readers may have never known existed -- and will be fascinated to learn about.

### **Green Building**

Learn about home remodeling with a "green" concept. Architect Terry Sullivan will tell how to make your home green, and will present case studies of green remodeled homes that show the latest in high efficiency air conditioning, plumbing fixtures, and electrical fixtures for energy conservation.

**Everyone is welcome.** You don't have to be a Sierra Club member. Just show up. We'd love to meet you.

Our General Meeting starts at 7:00 p.m. but come at 6:30 for snacks, information and fellowship. Our meeting takes place at REI, 4515 Lyndon B Johnson Freeway, Dallas, TX 75244. Click over to our <u>General Meeting page</u> of our website for more information and a map.

### Notes from the Chair - Fall Events Promise "Cool" Relief

It's no secret that our summer bus trips to Colorado and New Mexico offer great scenery, great hikes, and a chance to escape the 100 degrees plus temperatures. Please take time to thank all our outings leaders for their incredible hard work in putting these adventures together.

Of course, the good news for all of us is that Fall is around the corner and your Dallas Group will be offering the 2nd annual car camping/cabins trip to Beaver's Bend State Park in October and the Big Bend trip in November.

There will also be a series of day hikes starting in September to the local State Parks and nature preserves which will get you out of town and into shape without an over-night stay.

So watch our outings list and the general meeting announcements for a great Fall and celebrate the survival of another Texas summer.

Your Dallas Chair Wendel Withrow

## **Outings Highlight**

Aug 29-Sep 4 (Wed-Tue) Labor Day Bus Trip to the WEMINUCHE WILDERNESS in Colorado Escape the Texas heat this Labor Day weekend and join us for our trip to the cool Colorado mountains of the Weminuche Wilderness. This trip has mountains, lakes, streams, and valleys. Trips will range from car camping with day hikes to strenuous long hikes. The Weminuche Wilderness offers a great diversity and all the miles you want to hike. It is a hidden jewel and one of our most popular trips. Complete trip details and sign-up information is in <u>this PDF document</u>. Bus trip leader: Kathryn Hurn <u>Send Email</u> 214-321-4030

For a complete list of our outings, visit our calendar.

### **Recycling Roundup - by Rita Raccoon**

**Recent Recycling News - August 2012** 

### Wearable ART from Recycled Materials

Students in Angela Arthurs' Theatre Production class at Weatherford High School created several works using recycled materials for a recent Project Runway type assignment. One piece, designed and created by Amy Davis, was made from recycled newspaper, trash bags, and bits of scrap fabric. The only new items used were thread, hot glue, and a bit of ribbon in the

and bits of scrap fabric. The only new items used were thread, hot glue, and a bit of ribbon corset-style bodice. And, yes, it was wearable, and almost prom-worthy!

Not to be outdone by high school students, employees of the North Central Texas Council of Governments (NCTCOG) created their own fashion statements from discarded items. Each year the NCTCOG has an array of events offered to staff members in celebration of 'Texas Recycles Day'. One of the events planned for staff was a friendly "Trashion Fashion Show" competition between departments during this year's "'Green Products Show"'. Each department put together a "Trashover Design Team" made with items ranging from food packaging, paper, grocery bags pleated and woven, even animal feed bags cut and sewn to create fun apparel. If an item can be thrown away it was fair game to be turned into a fabulous creation! Staff members came up with creative names such as Trashionista Gown; Pop of Bling Jewelry; Pretty as a Peacock; Sophisticated Gent; Raining Cats and Dogs; The Little Black Dress; and Tuti-Fruitti Fresh Fashion News!

NCTCOG staff members look forward to the next "Trashion Fashion Show" competition!

### For pictures, visit http://www.timetorecycle.com/Spotlights/index.asp

## There's an APP for that!

#### By Sue Greer

APP has become a household word. Almost everyone not living under a rock has heard this term. "There's an APP for that" is broadcast daily advertising various venues. I would like to use it to describe the various "venues" offered through the Sierra Club. If it has to do with the environment or the outdoors, the "Sierra Club has an APP for that!"

The Dallas Sierra Club has an "APP" for the young or AHEM, under 40 crowd, with Young Sierrans, anyone single at Sierra Singles, Conservation, Legislation, fostering dis-advantaged youth outdoors with our Inner City Outings (ICO) program, and anyone just getting outdoors with the Outings Committee sponsored trips. Each group or committee tries to provide "APPs" to reach a wide range of people and interests and provide opportunities to get out in or to protect the outdoors and the environment. The Sierra Club is first a conservation organization, but there are many ways to inspire people to protect the environment. The biggest hope is that



people will choose to protect the places and things they love. Love and appreciation for the outdoors comes from being outdoors and the Outings Committee tries to provide a wide range of opportunities to get outdoors. Participation, or lack thereof, tells us what venues may or may not be as desired one year to the next. However, as we discovered last October with a large Car Camp at Beavers Bend State Park in Oklahoma, sometimes reviving old venues is just the ticket. For those who missed it, the Car Camp at Beavers Bend brought just over 60 people together to enjoy time together in a pretty place. There were old friends, new friends, individuals and extended families all coming together to enjoy the outdoors and amenities offered in the park.



The ages ranged from under ten to over 70. As with all of the Sierra Club outdoor venues, different level activities for all ages and fitness levels were offered. Activities ranged from staying in camp to enjoy the scenery with a good book, canoeing/kayaking, to short easy scenic walks to the longest most challenging hiking trail the park offered.

After a catered BBQ dinner, Wendel Withrow provided a program on the Civilian Conservation Corp (CCC) whose buildings, construction, and carpentry have built many

buildings in State and National Parks throughout the country.

Then, to top everything off, S'mores!

Bill Greer, our Outings Chair, claims he had never had a S'more. The kids had to teach him how to make it!

We had such a great time, we're doing it again this October. Watch for details on our website.

We WELCOME new faces, would love to hear new ideas, and try to offer all the "APPs" we can for enjoying and protecting the natural places we love so much. Look for our latest adventures and programs. Hope to see you at our monthly meeting, second Tuesday of each month. COME JOIN US!



# Calendar

Here is our calendar for the next two months. For complete listings, visit us at <u>www.dallassierraclub.org</u>.



## Aug 11 (Sat) White Rock Lake Cleanup

Walk and talk while helping to pick up trash and recyclables at the Sierra Club's adopted section of White Rock Lake Park. Meet at 8:15 AM at the Love of the Lake office on the Northeast corner of Garland Rd. and Buckner Blvd. Look for a crowd of people drinking free juice and coffee. Gloves, trash bags, etc. provided. Our area includes one of the wonderful prairie restoration areas, so there are always birds and wildflowers to enjoy. The lake and your karma will thank you. Brunch afterwards. Leader: Carol Nash <u>Send Email</u> 214-824-0244



## Aug 14 (Tue) Dallas Sierra Club General Meeting

Everyone is invited to the Dallas Sierra Club's General Meeting. Full details will be on our <u>home page</u> about a month before the meeting.



## Aug 18 (Sat) Trail Upgrading at Cedar Ridge Preserve

Howdy everyone. Its fun and its helpful to get out to the Cedar Ridge Preserve to help upgrade some of the beautiful walking trails just south of Dallas. The address is 7171 Mountain Creek Pkwy, Dallas, TX 75249. Its a great morning workout, and the scenery is exceptional. No tools are required, (maybe gloves) just show up and be ready to lend a hand or two. We'll work from 9 AM to 12 or earlier, and then walk around the preserve and admire the wildflowers and fauna! Bring some water for sure. Its on Saturday the 18th of August, and please see their website at www.audubondallas.org/cedarridge.html for directions and info. Their number is 972-709-7784 See you then! If you wish to carpool, then let me know, and we'll arrange a meeting spot. Come on out and stay green, people! Coordinator: Ginger Bradley Send Email 469-223-7902

# Aug 29-Sep 4 (Wed-Tue) Labor Day Bus Trip to the WEMINUCHE WILDERNESS in Colorado

Escape the Texas heat this Labor Day weekend and join us for our trip to the cool Colorado mountains of the Weminuche Wilderness. This trip has mountains, lakes, streams, and valleys. Trips will range from moderate backpack trips with day hikes to strenuous long hikes. The Weminuche Wilderness offers a great diversity and all the miles you want to hike. It is a hidden jewel and one of our most popular trips. Complete trip details and sign-up information is in this <u>PDF document</u>. Bus trip leader: Kathryn Hurn <u>Send Email</u> 214-321-4030



# Sep 5 (Wed) Dallas Sierra Club Executive Committee Meeting

The Executive Committee (or Excom) is the elected governing body of the Dallas Sierra Club and meets at REI, 4515 LBJ Freeway, Farmers Branch, TX 75244 (north side of LBJ between Midway and Welch). Contact the <u>Dallas Group Chair</u> for more information.

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## Sep 8 (Sat) White Rock Lake Cleanup

Walk and talk while helping to pick up trash and recyclables at the Sierra Club's adopted section of White Rock Lake Park. Meet at 8:15 AM at the Love of the Lake office on the Northeast corner of Garland Rd. and Buckner Blvd. Look for a crowd of people drinking free juice and coffee. Gloves, trash bags, etc. provided. Our area includes one of the wonderful prairie restoration areas, so there are always birds and wildflowers to enjoy. The lake and your karma will thank you. Brunch afterwards. Leader: Carol Nash <u>Send Email</u> 214-824-0244



# Sep 11 (Tue) Dallas Sierra Club General Meeting

Everyone is invited to the Dallas Sierra Club's General Meeting. Full details will be on our <u>home page</u> about a month before the meeting.

# Sep 12 (Wed) Outings Committee Meeting

Meet in the upstairs program room at REI (on north side of LBJ between Midway and Welch), at 6:30 PM. Bring your ideas for the Dallas Sierra Club Outings program. We will be planning local outings and bus trips. All outings leaders, future outings leaders, and interested Sierrans welcome. Ask Bill to be placed on the email list for an agenda. **This meeting has been moved back one week from our usual third weekend.** Contact: Bill Greer <u>Send Email</u> 972-247-0446

# Sep 15 (Sat) Trail Maintenance at Cedar Ridge Preserve

Its good fun to get out to the Cedar Ridge Preserve to help upgrade some of the beautiful walking trails just south of Dallas. The address is 7171 Mountain Creek Pkwy, Dallas, TX 75249. Its a great morning workout, and the scenery is exceptional. No tools are required, (maybe gloves) just show up and be ready to lend a hand or two. We'll work from 9 AM to 12 or earlier, and then walk around the preserve and admire the wildflowers and fauna! Bring some water for sure. Its on Saturday the 15th of September, and please see their website at

www.audubondallas.org/cedarridge.html for directions and info. Their number is 972-709-7784 See you then! If you wish to carpool, then let me know, and we'll arrange a meeting spot. Come on out and be green! Contact: Ginger Bradley <u>Send Email</u> 469-223-7902

# Sep 19 (Wed) Wilderness Navigation Class - Part 1

Learn the fundamentals of finding your way in the wilderness in this two evening class. Among the subjects covered are: purchasing maps, how to read maps, how not to get lost, what to do if you do get lost, GPS, different kinds of compasses, and how to use your compass. If you have a compass, bring it to the class. If you don't have one, we will show you what to look for when you purchase one. The class will be held at the Dallas REI store (Guadalupe Peak clinic room, 2nd floor), 4515 LBJ Freeway, north side, between Midway and Welch. This two-night class (second night Sept 20) will start promptly at 6:30 PM and will finish at about 8:45 PM. The fee for the class is \$15 for Sierra Club members and \$20 for non-members (CASH or CHECK ONLY). Handout included. Bring water bottle and writing utensil if you want to take notes. No reservations are necessary; just show up. Contact: Bill Greer Send Email 972-964-1781



# Sep 20 (Thu) Wilderness Navigation Class - Part 2

This is the second night of our two part class. See the class listing above (Sept. 19) for details. Contact: Bill Greer Send Email 972-964-1781

The Dallas Sierra Club News e-newsletter, sent monthly (and occasional for late-breaking news or events), keeps you up-to-date on meetings, activities, issues and special events. Visit us at <u>www.DallasSierraClub.org</u>. Join the Sierra Club