

[[trackingImage]]



SIERRA  
CLUB  
FOUNDED 1892

EXPLORE, ENJOY AND PROTECT THE PLANET  
EXPLORE, ENJOY AND PROTECT THE PLANET  
EXPLORE, ENJOY AND PROTECT THE PLANET

Dallas Sierra Club  
Lone Star Chapter

## Dallas Sierra Club News - October 2019

### General Meeting Program - Tuesday, October 8, 7:00 pm - Refreshments at 6:30

#### Climate Change, Health, and Social Justice: Humanity at the Crossroads

Climate Change is here and it is making us sick, but it's making some of us sicker than others. The World Health Organization states that "Climate Change is among the greatest health risks of the 21 Century." But we can't talk about climate change, health and sustainability without addressing Social Justice. Climate Change is undermining basic human rights, disproportionately affecting children, the elderly, poor, disabled, minority communities, as well as indigenous peoples. The most affected are the least responsible for the causes of climate change and are adversely impacted based on their position in the power structure. This presentation looks at climate change through the lens of the intersectionality of health and social justice. The presenters:



**Anthony J. Perri, MD, FACS** has been a practicing urologist in Texas for more than 35 years. He is a Clinical Associate Professor of Urology at UT Southwestern Medical School, a Climate Reality Leader, member of the DFW Climate Reality Chapter and Sierra Club. He has a special interest in the impact of diet, lifestyle, nutrition and the environment on the incidence and progression of cancer as well as the genomic basis of the disease.

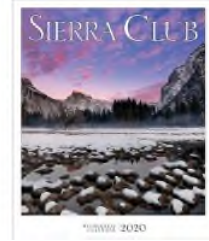
**Dorothy G. Perri, MS, RN, NCSN, CNE** has practiced nursing for over four decades as a critical care nurse, school nurse and professor of nursing, witnessing many impacts of climate change on health. She has a special interest in advocating for children's health, was trained as a Climate Reality Leader, and is a member of the DFW Climate Reality Chapter, Texas Nurses Association, Alliance of Nurses for Healthy Environments (ANHE) and Sierra Club. As a nurse, she feels a duty to educate and protect the most vulnerable and our future generations from the threats of climate change.

Everyone is welcome. It's FREE and you don't have to be a Sierra Club member. Just show up. We'd love to meet you.

Our General Meeting starts at 7:00 pm, but come at 6:30 for snacks, information and fellowship. The meeting takes place at Brookhaven College. Click over to our [General Meeting page](#) for more information and a map.

**New 2020 Sierra Club Calendars Available for Sale at the General Meeting**

Sierra Club Wilderness Wall Calendars and Engagement Calendars will be available for purchase at the General Meetings and at the Holiday Party (or until we run out). The Sierra Club Wilderness Calendar is the best selling nature calendar in the United States. Don't miss your chance to get one (or several - they make great gifts). We know of one of our members who has given his brother a Sierra Club wall calendar for Christmas every year for the past 20+ years and it has always been his favorite gift. As a service to our members, the calendars sells for only \$12 each and we pick up the sales tax. We take check, cash or credit cards.



We also have Dallas Sierra T-shirts for \$10 and polo shirts for \$15.

### Fall Weekend in Beavers Bend State Park, Oklahoma, October 18-20

Celebrate fall by joining us for a weekend of fun in scenic southeastern Oklahoma. This is our most popular outing. We have the large group compound reserved, complete with your choice of rustic cabin or tent camping, bathhouse (flush toilets and hot showers!) and dining hall with kitchen. We'll offer various Saturday hike options with Dallas Sierra Club leaders or you can explore on your own. The park offers additional activities, including paddling (rentals available), horseback riding and more. Saturday night catered dinner option if you don't feel like cooking! This weekend is for singles, couples, families, friends and all ages, EVERYONE. Details and reservation information are in [this PDF](#).



### Dallas Sierra Club Holiday Party - Sunday, December 15



OK, we know that it still feels like summer, but cooler weather and the holidays are just around the corner. It is time to start getting those special events on your calendar. Our Holiday Party is an event you don't want to miss.



Our annual Holiday Party will be held at El Fenix Restaurant at 255 Casa Linda Plaza. We'll party on Sunday, December 15 from 6:00 pm until 9:00 pm. [Here is a Google map](#).

Club members and guests will share the holiday spirit, some great Mexican food, and the company of others at this annual event. Join us for some camaraderie, raffle prizes, and perhaps some surprise speakers, you never know. We'll celebrate some of our outstanding volunteers and have plenty of time to mingle. There's bound to be talk about issues of the day -- air, water, fracking, coal, the election, whatever strikes your green fancy. The entire menu will be available so you can order whatever you want to eat or drink, including liquid spirits. We'll provide a free round of margaritas (or the beverage of your choice). Support the Club by getting a 2020 Sierra Club Calendar or Planner (at a special price of only \$12)!. Invite your family and friends. So, come on out for a great party, low price, no clean up, and lots of like minded people. What could be better? See you there, and bring your appetite. Happy Holidays!!

## Big Bend National Park Bus Trip



Details and registration forms for the Dallas Sierra Club's annual bus trip to Big Bend National Park are now online! Depart Dallas at 9:00 PM Wednesday, February 5, return Sunday by 11:59 PM. We offer options to day hike from a base camp, backpack every day or mix day hiking and backpacking in our four days at Big Bend. Featured destinations include the Chisos Mountains, Rio Grande Hot Spring, the Blue Creek Trail, Mule Ears, The Chimneys and Tule Spring. Click [this PDF document](#) for full information. Participation in each itinerary option is limited. Early registrants get priority of preference for trip options.

In recent years, the Big Bend trip has sold out weeks before departure. Early registration is advised, although recent history suggests we will probably accommodate multiple people from a wait list. All hikes have maximum and minimum limits for number of participants, making early registrants more likely to get top preferences.

## Help the Dallas Sierra Club When You Shop at Amazon.com



Did you know that you can help the Dallas Sierra Club make 5% on every purchase you make from Amazon.com (at no cost to you). Just use the [this Amazon.com link](#) (also on the right side of the Dallas Sierra Club's website). Once you click on it, you can add it as a bookmark in your browser. Just remember to always use this link (via your bookmark) when you visit Amazon.com. It's a really easy and free way to help the environment as you shop.

## Dallas Sierra Club Outreach Speakers Program - Speakers for Your Group

The Dallas Sierra Club has started a Outreach Speakers Program to provide outdoor and environmental education in the form of entertaining and informative presentations. To find out how the Dallas Sierra Club can provide a speaker for your group, [please follow this link](#).

## Videos of Our General Meetings

We have started posting videos of selected General Meetings on YouTube. Visit our [General Meeting Page](#) to find links.

## Future Program You Don't Want to Miss

## November 12 - Mount Assiniboine, China, and Svalbard

On of our favorite presenters, photographer extraordinaire Dan Leffel will cover three diverse areas of the world, all suitable for adventure and hiking!

### Limerick of the Month

Hiking mountains is something I like.  
Near the top, some bad weather does spike.  
    We get pelted with hail;  
    The wind blows like a gale,  
So we say it's a hail of a hike.

By Kirk Miller

If you would like to submit an environmental limerick for our Limerick of the Month feature, send it to [editors@dallassierraclub.org](mailto:editors@dallassierraclub.org).

### Calendar



#### Oct 8 (Tue) Dallas Sierra Club General Meeting

**Climate Change, Health, and Social Justice: Humanity at the Crossroads** This presentation looks at climate change through the lens of the intersectionality of health and social justice. Full details are on our [home page](#) now. Everyone is invited.



#### Oct 12 (Sat) Canyon Ridge Trail, Ft. Worth Nature Center and Refuge

Join me for a hike on Canyon Ridge trail. We'll start at the north trailhead and go south for about 3 1/4 miles. The trail offers many rocky short climbs and descents. Once on the ridge top we will pass old CCC structures such as "Lone Point" and "Rest A While". Also along the ridge are scenic views of Lake Worth and the hundreds of water lilies along the shores of Lake Worth. We will then go down the "staircase" and wind our way through a shady wooded area. Once at the bottom we'll cross a parking area and onto Greer Island. Here we will have lunch at the old Greer Pavilion. Around Greer Island are great examples of large water lilies, button bushes and willow trees. The Audubon society has a trail to walk around the island for bird watching. Great egrets and herons can usually be seen along the waters edge. There is a good story about local conservationist, Margaret Parker, who got the Ft. Worth community organized and lobbied to keep Greer Island unspoiled. After lunch we will go north on the canyon ridge trail and back to the cars. The outing will end once we are back to the cars but for those interested we will go over to the Hardwicke visitor center. On our way out of the refuge we will pass "Bison Range" and maybe spot a bison or two if we are lucky. Leader: Jim Binnings [Send Email](#) 205-746-3266



#### Oct 16 (Wed) No Outings Committee Meeting

There is no Outings Committee meeting this October. The next scheduled meeting is January 22. Contact: Mark Stein [Send Email](#) 214-526-3733



#### Oct 18-20 (Fri-Sun) Fall Weekend at Beavers Bend State Park, Oklahoma

Celebrate fall by joining us for a weekend of fun in scenic southeastern Oklahoma. We have the large group compound reserved, complete with your choice of rustic cabin or tent camping, bathhouse (flush toilets and hot showers!) and dining hall with kitchen. We'll offer various

Saturday hike options with Dallas Sierra Club leaders or explore on your own. The park offers additional activities, including paddling (rentals available), horseback riding and more. Saturday night catered dinner option if you don't feel like cooking! This weekend is for singles, couples, families, friends and all ages, EVERYONE. Details and reservation are in [this PDF document](#). Don't delay! This trip fills up fast. Coordinator: Liz Wheelan [Send Email](#) 214-368-2306



### **Oct 26 (Sat) Hike Around White Rock Lake**

It's a great morning for a walk around the best-loved park in Dallas. Our outing descriptions frequently advise that if you can walk the 9-mile trail around White Rock Lake in 3 or 3 1/2 hours and feel good the next day, you're probably in fine shape for most of our backpacking trips. Here's an opportunity for a fun walk and a good workout with friends to cheer you. Meet by the main doors of the Bath House Cultural Center (521 East Lawther Drive). Access is via Northcliff Drive from Buckner Boulevard. We'll start walking at 9:05 and finish by 1:00. Then we can collapse or go eat at Hypnotic Donuts! Bring a day pack with water and light snacks. I promise short breaks every 45 minutes! The walk will be cancelled if it's raining. Leader: Mark Stein [Send Email](#) 214-789-4596



### **Nov 6 (Wed) Dallas Sierra Club Executive Committee Meeting**

The Executive Committee (or Excom) is the elected governing body of the Dallas Sierra Club and meets upstairs at Whole Foods Market, southeast corner of Preston Road and Forest Lane, in Dallas at 6:30 pm. Contact the Dallas Group Chair for more information.



### **Nov 12 (Tue) Dallas Sierra Club General Meeting**

Dan Leffel will present photography from three diverse areas of the world: Mount Assiniboine, China, and Svalbard Island. Everyone is invited. Full details are on our home page now.



### **Nov 16 (Sat) Educational Outing - John Bunker Sands Wetland**

Join me for an educational outing on a cool fall day in Seagoville Texas (20 minutes SE of Dallas). John Bunker Sands Wetland (also known as the North Texas Municipal Water District's East Fork Wetland) is a great example of how man can work with nature to help solve societal problems facing us today and into the future. The Wetland was created to use natural processes to polish water from the Trinity River and move the polished water to Lake Lavon. It is estimated that up to 40% of the water used by the North Texas Municipal District comes from the Wetland. The Wetland also serves as an excellent example of land stewardship. Not only is the Wetland a means to conserve our valuable water resource, but it also provides for wildlife habitat. The Wetland was designed to use native Texas aquatic plants to naturally polish the water, while at the same time providing for an abundance of wildlife, which includes over 250 species of birds.\* We will meet at 9:00 am. We will have a general discussion about the Wetland and at 10:30 join a staff member of the Wetland for a walk around the Wetland and learn more about how the Wetland works. We will come back for lunch and then walk out and see the nesting eagles who have their nest near the Wetland. A hat and good walking shoes are recommended. Bring your lunch and a liter of water. If you have binoculars, bring them for a better look at the eagles. The outing will end around 3:00. Limit 10 people. Cost is \$5 per person. \* From the NTMWD website. Leader: Jim Binnings [Send Email](#) 205-746-3266



### **Nov 20 (Wed) No Outings Committee Meeting**

The November Outings Committee meeting has been cancelled. The next meeting will be January 22. Contact: Mark Stein [Send Email](#) 214-526-3733

The Dallas Sierra Club News e-newsletter, sent monthly (and occasional for late-breaking news or events), keeps you up-to-date on meetings, activities, issues and special events. Visit us at [www.DallasSierraClub.org](http://www.DallasSierraClub.org).  
[Join the Sierra Club](#)