



**SIERRA  
CLUB**  
FOUNDED 1892

# eco-logue

*Explore, enjoy and protect the planet*

Vol. 42, No. 4

Rochester Regional Group

December 2012 - February 2013

## Thank You to Hugh Mitchell for 14 Years on Executive Committee

If you've been at all involved with our Rochester Regional Group over the past many years, it's likely that you know Hugh Mitchell. Hugh has served on our Executive Committee for 14 years, and has been a true leader and a real inspiration to many of us. Hugh was instrumental in working with the Nature Conservancy and NY State to help broker the 2011

agreement with the City of Rochester that yielded protective NY state ownership of the Hemlock and Canadice Lakes water supplies. He's fought sprawl for years, especially with his "Sprawl Follows the Pipes" research paper (contact him if you'd like a copy!). He continues to be a strong advocate for conservation of our state and county parks; he works tirelessly to educate about climate change, and more. We will miss Hugh on our Executive Committee, but we're happy that he'll continue to be active with us in between visits to his grandchildren out of state. Hugh is the new leader of our Global Warming & Energy Committee. To get involved there, contact Hugh at goshawk@frontiernet.net. Thank you, Hugh, for your many years of leadership! And for your ongoing work with us in a slightly different capacity.

### Creating Rochester's Urban Green Space at High Falls

Thursday, February 7, 2013, 6-7:30pm  
6pm: beverages & hors d'oeuvres,  
6:45pm: Presentation



Friends of the GardenAerial

Friends of the GardenAerial  
81 Browns Race

Rochester, NY 14614 (corner of Platt St.)

Members and friends, please join us for a very special free social event! We will learn about plans to return the High Falls gorge to the people of Rochester for the first time in history, as it has been dominated by industry until very recently. Friends of the GardenAerial, a 501(c)(3) non-profit organization, will unveil plans to make the gorge a showcase for sustainability and a world-class green space and greenway modeled after projects like the High Line in NYC. After sharing of the plans with Mayor Richards and Lieutenant Governor Duffy, we are now invited to view them, ask questions of the visionaries, and share opinions regarding aesthetics and sustainability. The GardenAerial office space alone is a wonder to behold! Come, snack, behold, meet others, learn and enjoy!

**Parking:** Free on Mill St. at meters & Browns Race after 6pm. \$2/two hours at High Falls Garage

**Space is limited. RSVP strongly encouraged:  
585-234-1056 or lci\_msw@hotmail.com**

### Ex-Com Ballot Rochester Regional Group Sierra Club

Each year the Nominating Committee recommends up to six candidates to serve a term of two years on the Executive Committee.

**Vote for any four candidates for term 2013-2014.** Members may vote for those nominated or exercise the option to write in a candidate.

- Peter Debes
- Sara Rubin
- Paul Sanders
- Jessica Slaybaugh
- \_\_\_\_\_
- \_\_\_\_\_

**Please cut out ballot and mail by  
December 26th.**

Ballots will be counted at the first Ex-Com meeting in 2013.

**Send ballots to:**  
Elections  
Sierra Club - Rochester Regional Group  
PO Box 10518  
Rochester, NY 14610-0518



## From the Chair: Looking Back, Looking Forward

First, looking back, this year has been a busy one with many ups and downs. Here are just some of the highlights from this past year. With your support, we:

- Brought Michigan environmental attorney Jim Olson to Rochester for our 14th annual Environmental Forum, **Our Water's Fragile Future: Climate Change, Hydrofracking, and Privatization**. In a keynote before about 220 attendees, and a subsequent small-group workshop, Mr. Olson discussed fresh water (such as our Great Lakes) as a human right for all.
- Participated in international conferences regarding Great Lakes water quality & withdrawal issues, and gave input into an international plan to control Great Lakes levels.
- Sent buses of passionate and knowledgeable citizens to Washington, DC and to Albany to urge our elected representatives to protect constituents from fracking's dangers.
- Helped to collect thousands of signatures on No Frack petitions to Gov. Cuomo and the Monroe County Legislature.
- Continued to lead the Buckland Creek naturalization project (go see it in the Spring, if you have not!), which has grown to include support for Brighton residents who install rain barrels or other run-off solutions.
- Continued to partner with the City of Rochester and neighborhood and other groups on the the Washington Grove naturalization effort.
- Conducted several tours of local waste reduction & recycling facilities.
- Led the Recycling Rangers at Greentopia, resulting in over 90% of the festival waste being diverted from the landfill!

As for the "downs," we just suffered the worst storm ever to hit the North American coast, by many accounts, and most of the folks on Long Island are still without power after weeks. See page 4 for more on Hurricane Sandy and its relevance to our work.

Looking forward to 2013, we will continue our work against the dangers of fracking, on Great Lakes and local wetlands issues, on reducing the waste stream,

and more. We'll ramp up education and action on climate change. And as you will see on the pages to follow, we will also offer more events for just plain fun: outings and social events where you can get sweaty or quench your thirst, or—you tell us what you'd like to do-- and certainly where you will meet others who also resonate with our motto "Explore, Enjoy, and Protect the Planet." In particular, see page 6 for a winter outing at Mendon Ponds Park, and page 1 if you want to be there when exciting plans for downtown Rochester are unveiled!

Happy Holidays and Happy New Year to you, our members and friends. Thank you for your support! And may 2013 bring us closer to a healthy environment, a healthy city, state, country and world for all. With your continued support and increased participation, we'll get closer to the world we'd like to see.

*Linda*

Linda Isaacson Fedele  
Chairperson, Sierra Club  
Rochester Regional Group

### Federal Water Pollution Control Act Amendment of 1972: Clean Water Act Now at 40

by Robbyn McKie-Holzworth,  
Great Lakes Committee

Prior to 1972, it was assumed that pollution was a necessary evil if we were to be an economically developed society. Our water systems carried polluting elements away from the point of origination, often across state lines. The effect of the pollution on the waterways was not considered and it was left to individual states to balance pollution levels and pollution control with other economic and quality of life factors. States often minimized pollution regulation in order to attract business. Nationally, we degraded thou-

sands of waterways to the point of major impairment.

After the famous Cuyahoga River fire in 1969, the public demanded action to fix the problem. The bi-partisan law came into being in 1972, and it has been a powerful tool to protect our waters. It aimed to avoid new pollution sources and minimize current pollution with the goal of eliminating pollution in our waterways. Restoration efforts worked, and many waterways that had been liabilities became assets that helped local economies.

Standing here in 2012, we can't let those successes create complacency. The need to be vigilant

about our right to clean water is still necessary. Some companies are working hard to persuade citizens and leaders that regulation and oversight is a weight on businesses and economy; the only way we can survive is to repeal these regulations. Additionally, we now have new pollutants to take into consideration, and there is still question as to how much is acceptable as well as how we even detect certain contaminants. There is debate about the Clean Water Act protecting surface waters, but not underground springs or aquifers. Citizen involvement is just as important now as ever.

## City Celebrates 100th Anniversary of Washington Grove

by Peter Debes, Vice Chair

On Friday, September 28, the City organized a memorable celebration of the 100th anniversary of its purchase of the forest at Cobb's Hill Park known as the Washington Grove. In the morning, I joined School #1 teacher Bill Soleim, and Michael Warren Thomas, the City Horticulturist, to help two second grade classes plant ten shad-bush bare root saplings at the edge of the Grove by the Tay House Lodge.

At 1pm, dignitaries from the city government and volunteers who had worked in the Grove joined the school-children for a re-dedication ceremony. City Commissioner Luis Burgos opened the ceremony, describing the work that has been done in Washington Grove since 2008.

Mayor Richards thanked the staff and volunteers who contributed their efforts over the past several years. He invited all the kids up around him as he spoke. It was quite touching. Brian Liberti, the Chief Forester, delivered an excellent review of the progress made so far in removing invasives and planting trees and shrubs. I

spoke to convey the enthusiasm shown by the Friends of Washington Grove and invited others to join the Friends in supporting the City's work. Jim Farr, director of Recreation and Parks, spoke last, announcing that the bronze plaque from the 1932 dedication of Washington Grove would be installed above the fireplace in Tay House Lodge.



Pete Debes speaks on behalf of the Friends of Washington Grove, praising the City's efforts to restore the forest.

The Mayor then ordered the planting of a large sugar maple by Tay House, and the kids pitched in, shoveling dirt onto the tree's roots. We are moving ever onward and the Grove is really being changed and cared for, and looking GOOD!

In the evening, Larry Champoux delivered a presentation on the history surrounding Washington Grove. About 50 people attended his fascinating presentation which, though humorous at times, reminded the audience of the value of this unique woodland park. Wegman's donated a delicious birthday cake for the celebration.

Much of the success of this work is due to support from you members of the Sierra Club. Thank you, and now you can join others to contribute a tree to the Grove! The goal is 100 trees for 100 years. Native trees will be purchased to replace those aging and dying in the Grove. Your contribution is tax deductible. Contact Peter Debes at (585) 271-4796 to receive a contribution form and information.

Finally, the Friends of Washington Grove have worked to develop a wonderful interpretive kiosk displaying the natural history of the Grove, and it is now installed behind the pine trees at the top of the Reservoir Road. Be sure to check it out on your next visit.

### Save the Date! Our 15th Annual Environmental Forum: Protecting the Great Lakes Forever

**Thursday, April 25 (evening),  
with workshops on  
Friday, April 26  
A stop on Maude Barlow's  
"The Great Lakes Need  
Great Friends" US Tour  
Location(s) TBA**

Join us to hear internationally renowned speaker, Maude Barlow on tour in support of her publication, "Our Great Lakes Commons: A People's Plan to Protect the Great Lakes Forever." This report is intended to serve as a background and a call to understanding and action on a new proposal to designate the Great Lakes and its tributary waters as a lived Commons, to

be shared, protected, carefully managed and enjoyed by all who live around them. Maude is also the author of the highly-acclaimed book, "Blue Covenant: The Global Water Crisis and the Coming Battle for the Right to Water."

The next day we will conduct workshops to discuss some of the principles presented in Maude's keynote and to begin a conversation about applying these principles to specific issues such as global climate change and hydro-fracking. Topics for our workshop will be drawn from "Our Great Lakes Commons."

Building on that foundation - for which ground was broken at our

Forum/workshop last year - we will begin the development of a community watershed plan to implement some of these principles. We will discuss strategies for including public trust/commons language in our rules and legislation. Please join us in protecting our fresh water as a human right for everyone, as community involvement is essential!

Please email Wayne Howard at [greatlakes@newyork.sierraclub.org](mailto:greatlakes@newyork.sierraclub.org) if your organization may be interested in partnering with us to plan or co-sponsor this high-profile event!

Details will be in our next issue.



## TAX DEDUCTIBLE GIFTS: THE LESSER KNOWN FACTS

Your Rochester Regional Group is financially supported by the National Club with a portion of membership fees and by the donations that you send directly to us. Gifts to the “Sierra Club Foundation, Rochester Regional Group” are tax deductible and can be used to help us fund newsletter publications and educational programs. You will receive Foundation acknowl-

edgement for the IRS.

Gifts made out simply to “Sierra Club, Rochester Regional Group” are not tax-deductible, but we can use them without restriction— that is, also for legislative advocacy. Please know that your donations, regardless of which type, enable us to make a difference for the environment right here at home. We have very low

overhead compared to many organizations - 88.4% of your donation goes directly to the support of Sierra Club conservation programs. Your support is much appreciated.

Our address is:

Sierra Club - Rochester Regional Group  
P.O. Box 10518  
Rochester, NY 14610-0518

## Connecting the Climate Change and Weather Dots: First Apples, Now Sandy

by Linda Isaacson Fedele, Chair

In the Summer issue of this newsletter, one article discussed the May 5th international grassroots effort (climatedots.org), organized by Bill McKibben's 350.org, to show the connection between climate change and the strange weather we had in the Spring. While it's true—and oft repeated as a disclaimer—

that one can't prove a connection between any particular weather “event” and climate change, scientists also say that increased temperatures in the Atlantic, combined with higher sea levels, can yield a hurricane with stronger winds and higher storm surges, as we just saw with hurricane Sandy in the Fall of this year.

On that May 5th day in Rochester, several of us got together at the Public Market to call attention to our “NY apple crop interrupted” problem, caused by the early spring heat wave in March followed by freezing temperatures in April. At that time, Bill McKibben said, “There isn't a country left that hasn't felt the sting of climate change... People everywhere are saying the same thing: our trag-



Devastation caused by Hurricane Sandy, Nov. 2012, Rockaway neighborhood in Queens, NY; Photo by: Spencer Platt, Getty Images

edy is not some isolated trauma, it's part of a pattern.” While we in Rochester have suffered the loss of our local peach crop and others, and increased prices of apples and cider, our suffering is nothing compared to the 85% of Long Island residents who are still without power—after over two weeks as of this writing!—and are dealing with gasoline rationing because of Sandy. Of Sandy, Bill McKibben says “If ever there was a wake-up call, this is it.”

In the two weeks since Sandy, it does seem that there has been some level of waking up to the fact of climate change and the devastation that it is causing and will continue to cause. Because of the devastation wrought

upon New York City, Mayor Bloomberg made headlines with the words “climate change” in them—previously almost unheard of!—when he endorsed then-President candidate Barack Obama for taking “major steps to reduce our carbon consumption.” Then, on Monday, Nov. 5th, the day before the Presidential election, Rasmussen conducted a poll of 1000 voters, and 68% of them said they thought climate change is a “somewhat

serious” or “very serious” problem. This poll marks a huge shift for Americans; in 2009, the same pollsters found that only 46% of Americans thought that climate change was a serious issue.

We at Sierra Club, Bill McKibben and the folks at 350.org, scientists around the world and many others have known for years that we must curb the burning of fossil fuels to decrease carbon emissions to stop warming the planet, and to avoid climate change's worst impacts. We are beginning now to see those impacts. Hopefully, we will stop burning fossil fuels and learn to adapt before we see much more devastation.

## Monroe County Fracking Update

by Anna Sears, Co-Founder R-CAUSE  
(Rochesterians Concerned About  
Unsafe Shale-gas Extraction)  
[www.r-cause.net](http://www.r-cause.net)

Anti-fractivists are having an impact and the world is watching: New York State still hasn't issued any permits for high-volume, slick-water, horizontal hydraulic fracturing.

While New Yorkers across the state await Governor Cuomo's decision to frack or not to frack, 149 municipalities have adopted a ban or a moratorium to keep fracking out of their towns and 88 other municipalities are moving toward a moratorium. Plus, there are 48 municipalities within the NYC and Syracuse watersheds that are off limits to drilling. Together, that's almost 200 municipalities protected so far. A moratorium is a temporary ban allowing a town time to adopt new zoning laws that ban fracking and its ancillary activities within the town's jurisdiction.

Monroe County municipalities are also responding to and preparing for the potential dangers fracking could bring to this region even though the Utica Shale immediately underneath us is supposedly not a rich resource of natural gas.

On Dec 28, 2011, Brighton adopted a 12-month moratorium, with Rush and Mendon soon adopting their moratoria shortly thereafter. This Fall, the Town of Perinton adopted an outright ban via zoning laws, and on November 7, the Town of Penfield adopted a moratorium.

The biggest worry now in Monroe County and across the state is that NY will become the dumping ground for toxic, radioactive fracking waste. Per the Pennsylvania Department of Environmental Protection (DEP), the following landfills in New York State have accepted Pennsylvania fracking waste: Chemung County (Lowman), Seneca Meadows (Waterloo in Seneca County), Hakes C&D

Landfill (Painted Post in Steuben County), Highland Facility (Angelica in Allegany County), Allied Waste Systems (Niagara Falls in Niagara County). It is important to note that this information is provided by the well operators and is not verified by the DEP. <https://www.paoilandgasreporting.state.pa.us/publicreports/Modules/Welcome/Agreement.aspx>

In Spring 2012, Democrats in the Monroe County Legislature filed a FOIL (Freedom of Information Law) request to determine the County Administration's position regarding accepting fracking waste at treatment plants, but still have not received a direct answer. They then drew up a bill to establish a moratorium on the acceptance of fracking wastewater that was referred to the County Administration on 10/24/12. Environmental and Public Works Committee Chairman Howland stated publicly that he will bring the bill back to the Legislature.

Meanwhile, at several Monroe County Legislature meetings, 31 residents eloquently voiced their concerns about the various facets of fracking, especially about the county's accepting Pennsylvania's and Ohio's fracking waste. Then on October 23, R-CAUSE submitted an unprecedented 4040 petition signatures - many collected by Sierra Club volunteers - urging the County to adopt a ban on fracking and fracking-related activities on county properties such as roads, landfills, wastewater treatment plants, parks, the zoo, etc.

If you'd like to help maintain the momentum, please contact [asears@rochester.rr.com](mailto:asears@rochester.rr.com) about speaking at the County Legislature meetings and/or convincing your town board to protect its residents and properties from fracking.

### **Nature Connection and Nonviolence: How Tracking and Empathy Weave a Regenerative, Interdependent Culture**

Your Rochester Regional Group is proud to Co-Sponsor this workshop with the Gandhi Institute for Nonviolence.

**When: December 8-9, 2012  
10am-5pm both days**

**Where: Gandhi House  
929 S. Plymouth Ave**

**Cost: \$40 per person  
(scholarships will be made available)**

"Tracking an animal and connecting with people is surprisingly similar, except that in tracking people, we don't see the trails at all unless there is love and compassion towards the self. When there is love, gratitude, and honoring of animals, you don't just see the tracks, you follow them or sit still long enough to see the animal. When we are coming from this place of connection, awareness, and care, Life flocks most closely to our hearts..." - Workshop Leader Thomas Meli

Considered a core instructor at Wild Earth, Tom runs nature connection programs for children and adults in the Hudson Valley. He has also led wilderness-based home school programs and conducted primitive skills programs for public schools.

You can view a message from Thomas Meli at: <http://youtu.be/y51OgKBh15s>

Some of this workshop will be conducted outside, connecting with nature.

To register or for more info, including what to wear and bring, contact George Payne at: 585-463--3265 or [gpayne2@ur.rochester.edu](mailto:gpayne2@ur.rochester.edu).

## HOW Conference 2012: Cleveland, OH

by Robbyn McKie-Holzworth,  
Great Lakes Committee

The 8th Annual Healing Our Waters (HOW) conference was held in Cleveland, OH and attended by members of the HOW Coalition, consisting of over 120 organizations, representing millions of people whose common goal is to restore and protect the Great Lakes.

Each year, the HOW Conference focuses on key issues facing the Great Lakes. Funding for the GLRI (Great Lakes Restoration Initiative) is always a major point. Funding peaked in 2010 at \$475 million. That is a substantial amount of money, but it only scratched the surface of the number of restoration projects that were applied for throughout Great Lakes Basin. Since 2010, funding has been cut and each year the coalition works hard to maintain GLRI funding so that projects can be started AND completed. They are quite often multi-year endeavors. To learn more about the projects the GLRI helps to fund, along with success stories of projects completed, go to: <http://healthylakes.org/successes/restoration-success-stories/>

The topics discussed throughout the conference focused on:

- **Stream Restoration:** Streams are the “veins” that contribute

to the health or the detriment of our lakes.

- **Invasive Species:** Asian carp are still a hot topic and are very close to Lake Michigan-Changes to the Farm Bill: How it has been re-worked to be a conservation tool to benefit Great Lakes health.
- **Gray and Green Infrastructure:** Handling storm systems along with Climate Smart Restoration stories.
- **Repurposing Vacant Properties:** Environmental justice and greening up urban centers.
- **Plastics in the Great Lakes:** The surprising forms they show up in (we will have more coming on this locally).
- **Hydrofracking:** The threat to all Great Lakes water quality & quantity.
- **Oil Pipelines in the Great Lakes:** Surprising facts on current pipeline leaks, how poorly prepared Great Lakes states are for oil spills and the future of more pipelines in our lakes.
- **Nutrient Loading:** Problems we live with such as algae blooms in Lake Erie that can be seen from orbiting satellites.

For details on the topics mentioned above and more, go to: <http://conference.healthylakes.org/>

[org/great-lakes-restoration-conference-live-stream-and-on-demand](http://great-lakes-restoration-conference-live-stream-and-on-demand.org/).

After the HOW Conference, the Rochester GLC met with OH, MI, IN, IL & Canadian Sierra Club members to discuss the challenges facing Lake Erie and brainstorm ideas to deal with Erie’s algae problem. An action plan was roughed out to prioritize tactics aimed at reducing the multiple sources of nutrient loading which creates those algae blooms. Legislation, tracking pollution sources and education on changing old behaviors all play into the proposed plan. This gathering focused on jointly restoring our shared waters and is a prime example of what it takes to make a real difference.

### Let it Snow, Let it Snow, or We’ll Hike - Mendon Ponds --or Meet at the Pub After Saturday, Jan 12, 1-4pm.

Get out in nature and meet fellow Sierra Club members! We won’t be trying to win any races. If the snow is good, we will cross country ski. If not, we will hike! Trip leaders Val Rice and Naturalist Peter Debes will alert you to what is happening in the world of nature, below and above the snow, as we go. We intend to enjoy nature for two hours and then retire to the Pittsford Pub for some refreshments. Feel free to attend either or both. We will have a sign on our table in the pub around 3:15 so you can spot us there.

Location: Mendon Ponds Park. Meet on the side of Canfield Road, just east of the intersection with Douglas Road, where many skiers park. We will have a sign or banner so you can find us. Call Val Rice at (585) 734-4981 with questions. If the weather is really poor, please call for updates or cancellation.



Assembled group of Sierra Club Great Lakes folks from around the Basin.



# 2013 Sierra Club Calendars

## Our biggest annual fundraiser!

**Purchases from bookstores do not benefit the Rochester Regional Group.**

**Great for holiday gifts!**

**Please mail all orders to:**  
**Sierra Club, Calendar Sales**  
**PO Box 10518**  
**Rochester, NY 14610-0518**

**For questions or large orders, call 585-271-0544**

**THANK YOU FOR SUPPORTING  
YOUR LOCAL SIERRA CLUB!**

### Order Form

Item	Cost	Qty	Total
Engagement Calendar <input type="checkbox"/>	\$13.95	_____	_____
Wilderness Calendar <input type="checkbox"/>	\$12.95	_____	_____
Shipping Costs:			Subtotal: _____
1-3 calendars: \$5.50			Shipping: _____
4-5 calendars: \$7.00			Sales Tax: _____
6 or more: call 585-271-0544 for pricing			GRAND TOTAL: _____

Please make checks payable to "Sierra Club" and mail to the return address show on your newsletter

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## One Woman's Journey To Veganism- If I Can Do It, You Can, Too!

by Denise Speicher

I became a vegetarian about ten years ago after reading Matthew Scully's book *Dominion: The Power of Man, the Suffering of Animals, and the Call to Mercy*. I had heard about the cruel practices of profit-driven corporations in raising and slaughtering cattle, chickens, and pigs, but this book made it real. It convinced me that I had to go against some of the traditions with which I'd been raised: turkey for Thanksgiving, burgers and hot dogs on the barbeque in summer, and bacon and eggs for breakfast. This book made me think about how deliberately (or I might say deceptively) meat is marketed at grocery stores—where meat cases are clean, well lit, and carefully arranged.

I read that the United Nations Food and Agricultural Organization (FAO) reported that livestock accounted for 18% of greenhouse gases, making livestock emissions "one of the most significant contributors to today's most serious environmental problems." I began to realize that the dairy industry had to be held account-

able, too. I read that oceans are being depleted of wild fish to feed livestock and farmed fish. I read news reports about waterway contamination by Concentrated Agricultural Feeding Operations. My e-mail inbox became increasingly full of information that moved me towards a plant-based diet. I became acquainted with the Rochester Area Vegetarian Society (RAVS) and learned the benefits of such a diet.

About a year ago, I took the plunge—I became vegan. I found many delicious food options and began to really enjoy cooking. I no longer worried about salmonella-contaminated eggs. I continue on my journey toward veganism, sometimes slipping off the wagon by consuming foods with baked-in dairy or eggs, but always striving. When I told my physician that I am vegan, I was surprised when he replied "Good!"

Recently however, Worldwatch Institute reported that livestock emissions actually account for 51% of greenhouse gases. They found that the FAO underestimated and overlooked some direct and indi-

rect livestock emissions including those from livestock respiration, methane emissions, and emissions from clearing land to graze livestock and grow feed. The report concluded by proposing that livestock products be replaced with soy- and other vegetable-based products. The listed benefits of doing so include slowing climate change, helping to ease the global food and water crises, improving health, and creating new and safer jobs. Whoa! I got a new bumper sticker: "Go green, Go vegan."

My environmentally concerned friends agree that the greenhouse gas situation is serious, but think that the public won't listen to "gloom and doom." Call it what you will, hide from it if you like, but global warming is acknowledged by many skeptics because the facts are inarguable. If you consider yourself to be an environmentalist, it's time to lead in this very personal way. We must put our money where our mouths are—it's time for real sacrifice. If I can do it, you can too. Please move towards a plant-based diet for your health, for animals, and the planet.



**Rochester Regional Group  
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**P.O. Box 10518**  
**Rochester, NY 14610-0518**  
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<http://newyork.sierraclub.org/rochester>  
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**TIME-SENSITIVE INFORMATION**

**Winter 2012-2013 Calendar**

*All Committees are local volunteer groups of the Rochester Regional Group of the Sierra Club*

Date	Day	Time	Calendar/Event	Place
Dec. 4	Tuesday	6:30-8:30pm	Executive Committee Meeting	Harro East Bldg., Suite 600
Dec. 8-9	Sat.-Sun.	10:00am-5:00pm	Nature Connection and Nonviolence workshop See p. 5 for details	Gandhi Institute 929 S. Plymouth Ave., Rochester
Dec. 10	Monday	6:30-8:30pm	Global Warming & Energy Committee Meeting	Crossroads Coffeehouse, 752 S. Goodman
Dec. 18	Tuesday	7:00-9:00pm	Great Lakes Committee Meeting	Rochester Greenovation, 1199 E. Main St., Contact Robbyn for ?s: 585-738-3242
Jan. TBD*	TBD*	6:30-8:30pm	Executive Committee Meeting *Call 585-234-1056 for date.	Harro East Bldg., Suite 600
Jan. 12	Saturday	1:00-4:00pm	Mendon Ponds Ski/Hike (1:00-3:00) and Pittsford Pub visit (3:15-4:00)	Mendon Ponds Park (see p. 6 for details) and Pittsford Pub, 60 N. Main St., Pittsford
Jan. 14	Monday	6:30-8:30pm	Global Warming & Energy Committee Meeting	Crossroads Coffeehouse, 752 S. Goodman
Jan. 22	Tuesday	4:30-6:00pm	Zero Waste Committee	Rochester Greenovation, 1199 E. Main St., Contact Frank for ?s: fjregan@gmail.com
Jan. 22	Tuesday	7:00-9:00pm	Great Lakes Committee Meeting Presentation: Sociology of Water - Bethany Gizzi, Environmental Sociology at MCC	Rochester Greenovation, 1199 E. Main St., Contact Robbyn for ?s: 585-738-3242
Feb. 5	Tuesday	6:30-8:30pm	Executive Committee Meeting	Harro East Bldg., Suite 600
Feb. 7	Thursday	6:00-7:30pm	Creating Rochester's Urban Green Space at High Falls. See p. 1 for details.	81 Browns Race, Rochester
Feb. 11	Monday	6:30-8:30pm	Global Warming & Energy Committee Meeting	Crossroads Coffeehouse 752 S. Goodman
Feb. 25	Monday	6:30 pm	Newsletter Mailing Party	For location, e-mail lci_msw@hotmail.com or leave a message at 585-234-1056
Feb. 26	Tuesday	4:30-6:00pm	Zero Waste Committee	Rochester Greenovation, 1199 E. Main St., Contact Frank for ?s: fjregan@gmail.com
Feb. 26*	Tuesday*	7:00-9:00pm	Great Lakes Committee Meeting *Possible DC Lobby Day. Call to verify meeting date.	Rochester Greenovation, 1199 E. Main St., Contact Robbyn for ?s: 585-738-3242

All Executive Committee meetings are open to Sierra Club members.

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