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Sierra Club Hoosier Chapter to Host a Nature Play Day


The Sierra Club Hoosier Chapter will host a Nature Play Day, in the form of a family hike, on June 10 from 1pm at The Beanblossom Bottoms Nature Preserve, in Ellettsville, Indiana. Nature Play Days are being held across Indiana between June 10th and 18th to encourage families to play outdoors and reap the physical, mental, and emotional benefits nature play provides. The primary goal of Nature Play Days is to reconnect children with the outdoors and provide a space for outdoor exploration and fun. Attendance is free and open to the public, though attendees must RSVP to hike leader Jesse Kirkham at jlkirkham@earthlink.net.

Kids today spend, on average, 50 hours a week on an electronic device and over 90% of their time indoors. The rise of childhood obesity and diseases such as Attention Deficit Disorder are challenges for children across the country from every social and economic class. Thankfully, time spent outdoors supports many aspects of children’s mental, emotional, and physical health as well as cognitive development, teambuilding skills, and interpersonal relationships. Nature Play Days are an opportunity for nature lovers and the underserved to connect with nature and begin to create what will hopefully be a lifelong relationship with and in nature.

This Nature Play Day will feature an easy, 2.5 mile hike on a flat boardwalk through a scenic wetland, led by trained Sierra Club outings leaders. Participants can post photos to social media using the #ICANNaturePlayDay hashtag to win prizes.


For more information or to register contact Jesse Kirkham at jlkirkham@earthlink.net.